

THE DUBUQUE AREA LIFESTYLE MAGAZINE, OCTOBER 2026

FREE

JULIEN'S JOURNAL



**DUBUQUE THEATER
AND ORCHESTRA
2026-2027
SEASON PREVIEW**

**A DAY IN THE LIFE OF A DUBUQUE
POLICE OFFICER**

**HOW THE COMMUNITY FOUNDATION
IS HELPING REVITALIZE
NORTHEAST IOWA JOURNALISM**

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JULIEN'S JOURNAL

**Volume 50, Number 10
October 2026**

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PUBLISHER'S NOTE

October is a month of change in the Dubuque area. Mid-October brings the peak of our foliage season where bright reds, yellows and oranges turn places like the Mines of Spain, Eagle Point Park and the Heritage Trail into prime viewing spots to enjoy nature's splendor. It also brings a sharp drop in temperature with daily highs early in the month near 70 degrees to being barely above 50 degrees by the end of the month. October brings an end to the traditional gardening season, with our first hard frost normally happening around October 9. Dubuque also sits along a major migratory corridor where we can observe flocks of waterfowl moving south along the Mississippi River. This month also brings change to *Julien's Journal*, with the addition of Elizabeth (Beth) Call as a feature writer. Beth has a wonderful sense of humor, which was helpful for her article in this issue, *A Day in the Life of a Dubuque Police Officer*. Beth rode with Patrol Officer Ella Link as part of her research for the article and they both had the fortune, or misfortune depending on your point of view, of observing a man in only his underwear struggle to enter his car that was parked illegally on a Dubuque street. It was quite a beginning for Beth and unfortunately probably just another normal day for Officer Link.

Inside this issue

Julien's Journal feature writer Beth Call participated in Ride Along with a Dubuque Patrol Officer to observe the life of a Dubuque Police Officer. Read what she learned on page 16.

Dubuque residents are fortunate to have access to a robust offering of the arts. Whether you enjoy music or theater, area organizations have something for everyone this coming season. Read our season preview on page 18.

Want to know who was elected to city council? Which team won the high school football game? Which roads are closed for construction? Learn how the Community Foundation of Dubuque is helping keep local journalism alive on page 22.

Roux and Lucia offers unique seasonal food, wine and the feel of a 1930s Parisian Café. Read our review on page 24.

The Frosted Glass reviews Tigerhawk, a beer made Iowa Hawkeye fans. Read our review on page 26.

TeamWine reviews two wines that will work for any Halloween party. Read about them on page 27.

ON THE COVER:

The Dubuque Symphony Orchestra's season opens with Glinka's *Ruslan and Ludmilla Overture*, the return of Ilya Yakushev in Tchaikovsky's iconic Piano Concerto No. 1. Photo contributed by the Dubuque Symphony Orchestra.



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Upcoming Events Should be Emailed to Juli@JuliensJournal.com.

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JULIEN'S JOURNAL

OCTOBER FEATURES

15 A DAY IN THE LIFE OF A DUBUQUE
POLICE OFFICER

18 DUBUQUE THEATER AND ORCHESTRA
2026-2027 SEASON PREVIEW

22 HOW THE COMMUNITY FOUNDATION
IS HELPING REVITALIZE NORTHEAST IOWA
JOURNALISM

DEPARTMENTS

2 PUBLISHERS NOTE

5 CALENDAR OF EVENTS

10 CARNEGIE-STOUT LIBRARY

TASTE

24 RESTAURANT REVIEW – ROUX
AND LUCIA OFFERS UNIQUE
SEASONAL FOOD, WINE AND THE
FEEL OF A 1930S PARISIAN CAFÉ

26 THE FROSTED GLASS – REVIEWS
TIGERHAWK, A BEER MADE FOR
IOWA HAWKEYE FANS

27 SIPS & TIPS – REVIEWS TWO
WINES THAT WILL WORK FOR ANY
HALLOWEEN PARTY

HEALTH & WELLNESS

29 HEALTH & WELLNESS NEWS

31 BUSINESS & COMMUNITY NEWS

Photo of the Month



This photo of the Heritage Pond was submitted by Gary Fagan of Fagan Photography. Visit Garyfaganphoto.smugmug.com or email faganphoto@aol.com. Comments and photos for possible use in a future issue can be sent to Robin@JuliensJournal.com.

October Events



Narwhal Farewell Party

Thursday, October 1

5-7 PM @ National Mississippi River Museum & Aquarium

Gather for an evening of mocktails and cocktails and help give the *Narwhal: Revealing an Arctic Legend* exhibit a farewell to remember with light refreshments and exclusive access to the exhibit. Discover the “unicorn of the sea”. Ages 18+. \$10 for Members and \$15 for Non-Members. This event is for ages 18 and older. Visit RiverMuseum.org.

Events are subject to change. Please visit listing sites for the most up-to-date information. Submissions may also be edited and printed at the discretion of the publisher.

Dubuque Symphony Orchestra Sound Bites Luncheon

Friday, October 2, 11:30 AM–1 PM

@ Dubuque Golf & Country Club

DSO Music Director and Conductor William Intriligator offers insightful commentary on the upcoming concert program. Guest soloists also attend and share information about their education, careers, concert experiences, and thoughts about the music. Guest artists often perform short excerpts from the featured concert. RSVP by 9/30. Visit DubuqueSymphony.org.

Spirits of the Past

Friday, October 2

6-9 PM @ Mathias Ham Historic Site

Enjoy a cocktail experience featuring drinks at the Mathias Ham Historic Site, a historic trolley tour, and a stop at a local brewery. RSVP. Ages 21+. Visit RiverMuseum.org.

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OCTOBER 25 2 PM

**BREAD OF LIFE
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First Fridays

Friday, October 2

@ Various Locations in Dubuque

First Fridays is a free downtown monthly community arts event with open galleries, artists' studios, and live entertainment, fostering community and celebrating arts in Dubuque. Visit **FirstFridays-Dubuque.org**.

Dubuque Farmers' Market

Saturdays, through October 31

8 AM-12 PM @ Iowa Street from 11th to 13th Streets

Come for a variety of locally grown produce, meats, cheeses, baked goods, hand-crafted items, on-site prepared food, and more. Over 125 farmers, bakers, artisans, and makers from within 100 miles. Visit **DubuqueFarmersMarket.org**.

Early Explorers: "B" is for Butterfly

Saturday and Tuesday, October 3 & 6

10-11 AM @ National Mississippi River Museum & Aquarium

Discover the ABCs of the world around us through hands-on and active activities, including a craft and game. Space limited. Ages 2-5 with parent/caregiver. Visit **RiverMuseum.org**.

Entre Tonos Opening Celebration

Saturday, October 3, 1-7 PM

@ Dubuque Museum of Art, Millwork District

Opening with the annual Latinx Fiesta organized by Dubuque Unidos in partnership with DuMA, the *Entre Tonos* (In Between Tones) art exhibition is inspired by the voices and artistic expressions of Latinx and Indigenous artists in the Midwest living between cultures. Visit **DBQart.org**.



Dubuque Latinx Fiesta

Saturday, October 3

1-7 PM @ Millwork Historic District

Celebrate the vibrant diversity of Latin cultures with delicious cuisine, local vendors, colorful art, live music, and energetic dance performances that showcase the richness of Latin American traditions and community spirit. Visit **DubuqueUnidos.com**.

Dubuque Symphony Orchestra: Classics 1

Saturday and Sunday, October 3-4
Saturday, 7:30 PM; Sunday, 2 PM @
Five Flags Theater

The season opens with Glinka's *Russian and Ludmilla Overture*, the return of Ilya Yakushev in Tchaikovsky's iconic Piano Concerto No. 1, and Brahms' monumental 1st Symphony. Free Musical Musings pre-concert lectures with DSO Music Director and Conductor William Intriligator are held prior to each Sunday Classics concert at 1 PM. Visit DubuqueSymphony.org.



Music in the Gardens

Sunday, October 4
4-6 PM @ Dubuque Arboretum &
Botanical Gardens

The Arboretum has filled the grounds with free, family music every summer since 1991. Bring a chair or a blanket. Visit DubuqueArboretum.net.

Wild West Wednesdays

Wednesday, October 7, 14, 21 & 28
7-11 PM @ Dubuque County
Fairgrounds

Come for country dance music and fun. All ages. Visit DBQFair.com.

Homeschool Days

Thursday, October 8
9 AM-5 PM @ National Mississippi
River Museum & Aquarium

Held the second Thursday of each month, October through February. Homeschool Days offers themed scavenger hunts for homeschoolers of all ages. Visit RiverMuseum.org.

Millwork Night Market

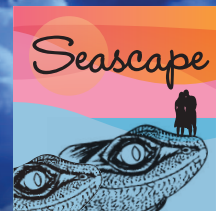
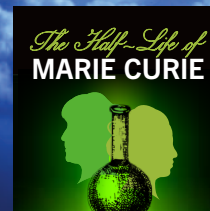
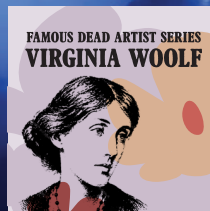
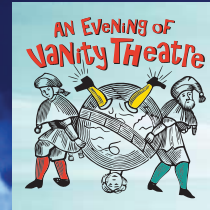
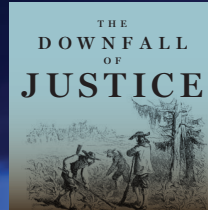
Thursday, October 8
5-8 PM @ Jackson Street from 7th to
9th Streets

The Millwork Night Market is an independent farmers' market featuring local food, art, and other unique goods, while also providing a unique nightlife experience. Second Thursdays through October 8. Visit MillworkNightMarket.com.



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AMERICA'S GOT TALENT'S
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Saturday, October 17@7PM

NBC's America's got talent finalist Joseph Hall brings his "ELVIS: Reflections of the King" Tribute Show to the Ohnward Fine Arts Center! Travel through the legacy of the "King of Rock n Roll" starting with the 50s as Joseph Hall hip-swivels his way through the 60s, and 70s. Joseph is recognized by Elvis Presley Enterprises as one of the top tribute acts performing today. Don't wait, get your tickets today and be one of the lucky fans who gets a teddy bear or even a scarf



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CALENDAR OF EVENTS



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Dubuque Audubon October Program

Thursday, October 8

7 PM @ EB Lyons Interpretive Center

Iowa Conservation Manager for Audubon Upper Mississippi River Tucker Lutter will share how well-managed grazing can serve as an effective tool for improving grassland habitat and increasing grassland bird populations. He will also discuss the opportunities for the Audubon Conservation Ranching Program. Visit AudubonDubuque.org.

Haunted History Tour

Friday, October 9, 16, 23 & 30

6:30-9:30 PM @ Mathias Ham House

This night of thrills begins at the Mathias Ham House exploring and hearing tales of its past residents. Next, board a trolley to traverse four of the city's most haunted locations. Purchase a cocktail at the Riverboat Lounge in the Hotel Julien and enjoy an atmosphere steeped in mysterious history. Finally, the trolley loops back to where the journey started. Ages 21+. Visit RiverMuseum.org.



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Embark on a Musical Road Trip with the Dubuque Chorale

by Sarah Slaughter

Don't touch that dial! No matter where you're heading, the Dubuque Chorale has you covered with a full slate of road trip favorites. Keep your radio tuned to this station and join us October 24-25 as we embark on a musical adventure celebrating the 100th anniversary of Route 66! We're spinning tunes honoring the places we visit, the people we meet along the way and the experience of the journey. The Dubuque Chorale, Cadenza, and the Dubuque Chorale Children's Choirs are proud to present our first concert of the 2026-27 season, *On the Road Again*.

Route 66 was first established in 1926, winding its way through hills and forests, across prairies, farmland, and desert from Chicago to Los Angeles. Although the highway was decommissioned in 1985, its iconic status endures due to its significance in American history and popular culture. It has many nicknames, including the Main Street of America and The Mother Road. The latter was coined by John Steinbeck in his novel *Grapes of Wrath*, as the highway was a major route taken by people traveling west during the dust bowl. Another of its nicknames is The Will Rogers Highway.

Rogers was a world-famous vaudeville performer, humorist, and actor. Route 66 was dedicated as The Will Rogers Memorial Highway after the entertainer's untimely death in 1935, as the route symbolized Rogers' journey from his home state of Oklahoma to his career in Hollywood. Woody Guthrie's song "Will Rogers Highway," which will be performed by one of the Children's Choirs, pays tribute to this legacy.



In the years following WWII, automobile ownership surged and Americans were increasingly travelling Route 66 for tourism. Due to the businesses and roadside attractions that sprang up along the road, the experience of traveling the Route became its own tourism draw. This idea is immortalized in the song "Route 66," written by Bobby Troup and originally recorded by Nat King Cole. This song, which will be performed by the combined adult and children's choirs, provides a fitting closer for the concert.

In addition to Route 66, this concert celebrates travel and road trip experiences more broadly, with a variety of musical styles from country and rock and roll to contemporary choral music. Songs like Tom Cochrane's "Life is a Highway" and Willie Nelson's "On the Road Again" urge us to enjoy the journey as much as the destination. Robert Frost's poem "The Road Not Taken" reflects on the diverting paths we may choose through life. The Dubuque Chorale chamber choir, Cadenza will join the children in a version of this poem set to music by Z. Randall Stroope. Norman Dello Joio's "Song of the Open Road" uses text from Walt Whitman's poem to take listeners on a musical journey and bids us to travel together on the open road.

We hope this concert will transport audience members to their own memories of traveling with family and friends, and the songs that kept them company on the journey. **Tune your radio, pop in your travel mixtape, or load up your road trip playlist, and join the Dubuque Chorale for *On the Road Again*, October 24 at 7pm and October 25 at 2pm. Don't be afraid to sing in the car!**

On the Road Again

Saturday, October 24, 7pm

Sunday, October 25, 2pm

Bread of Life Presbyterian Church, Hilltop Campus
2155 University Ave, Dubuque, IA 52001



Thanks to all our sponsors and in-kind donors! Premier Bank, Gronen, Iowa Arts Council, City of Dubuque, National Endowment for the Arts, Henry Family Foundation, Schoen Family Charitable Trust, The Wahlert Foundation, Holy Trinity Lutheran Church, Bread of Life Presbyterian Church, Grand View Methodist Church, Church of the Nativity, and the Greater Dubuque Development Corporation.

CALENDAR OF EVENTS



*All events/activities are subject to change. Visit the online calendar at **CarnegieStout.org/Events** for the most up-to-date information.*

StoryWalk®

An outdoor reading experience that displays pages of a book along a path. Locations: The 22nd Street Bee Branch Creek and Dubuque Arboretum & Botanical Gardens.

Cartoon Character Scavenger Hunt October 1-31

Traverse the children's section to find Bluey, My Little Pony, Spiderman, Paw Patrol, and more.

Book Blinging & More

Thursday, October 1 & 29 @ 4:30-6:30 PM
Work on puzzles, chat with friends, or make progress on your own crafts. There will also be book blinging. Ages 18+.

Paws for Good

Saturday, October 3 @ 10:30 AM-12 PM

Stop by the library to meet some adoptable animals from the Dubuque Regional Humane Society. All ages.

Toddler Time

Mondays, October 5 through
December 14 @ 9:30 AM & 10:30 AM

Programs feature short stories, songs, and movement activities. Ages 18-35 mos. Adult participation required.

LEGO® Desk Pets

Monday, October 5 @ 4 PM

Build a LEGO® desk pet to take home. Ages 6-10. Registration required.

Social Dancing Basics

Monday, October 5 @ 5 PM

Class will be held at Adam's Dance Connection at 900 Jackson St., Suite 108A. Ages 18+. Registration required.

Baby Rhyme Time

Tuesdays, October 6 through
December 15 @ 10:30 AM

Hear stories, rhymes, and songs during this interactive program. Ages birth-18 mos. Adult participation required.

Book Witches Workshop

Tuesday, October 6 @ 4-5:30 PM

Transform a discarded book into a magical witch decoration. Ages 12-18. Registration required.

Ukulele Time

Tuesday, October 6 & 20 @ 6 PM

For beginners. Ages 18+. Registration required.

Preschool Storytime

Wednesdays, October 7 through
December 16 @ 10:30 AM

Stories, sing-alongs, and movement activities. Ages 3-6. Adult participation required.

Beginning Chapters Book Club

Wednesday, October 7 @ 4 PM

Do you like *Magic Tree House*, *Junie B. Jones*, and *Nate the Great* books? If so, this club is for you. First through third graders. Registration required.

Pokémon Club

Wednesday, October 7 @ 5:30 PM

Meet other Pokémon trainers. Ages 6-12. Registration required.

Beyond the Book Club

Thursday, October 8 @ 4 PM

Read a new book each month and meet up for a book discussion and activity. Ages 9-12. Registration required.

Movie Night

Thursday, October 8 @ 6 PM

Seating is first-come, first-served. Ages 16+.

Lollipops & Music

Saturdays, October 10 through
December 12 @ 10-10:30 AM

Concert series for preschool children and their families. Children must be accompanied by an adult.

Reading with Rover

Saturdays, October 10 through



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Julien's Journal

December 12 @ 10:30-11:15 AM

Do not bring your own pet; kid-friendly dogs will be provided. All ages.

Gallery Showcase: Living Neighborhood History

Sunday, October 11 @ 1 PM

Celebrate Dubuque's unique neighborhood stories and display of artwork created by residents. All ages.

Timeless Typewriter Workshop

Tuesday, October 13 @ 4:30 PM

Learn how to write different types of poems. Ages 10-17. Registration required.

Minecraft Mania

Wednesdays, October 14 through December 9 @ 5:30-6:45 PM

Sign up for this game-playing night to test your skills and build away. Ages 7-13. Registration required.

Upcycled Ghost Paintings

Thursday, October 15 @ 5:30-7 PM

Learn how to update discarded art prints with ghosts and other spooky details. Ages 10+. Registration required.

LEGO® Challenge

Saturday, October 17 @ 10 AM

Build, create, and have fun. The library provides the LEGOs®. Donations welcome. Ages 5-12.

Family Book Bingo

Saturday, October 17 @ 2 PM

Ages 4-12.

Reading Roundtable Book Discussion Group

Monday, October 19 @ 6 PM

Attend monthly through November for a book discussion for adult readers. Ages 18+.

Movie Matinee

Wednesday, October 21 @ 2 PM

Ages 16+.

Preschool Playdough Time

Wednesday, October 21 @ 4 PM

Ages 3-8. Registration required.

Trauma-Informed Self-Defense

Thursday, October 22 @ 9:30 AM

Introductory class. Ages 18+. Registration required.

100 Years in the 100 Acres

Saturday, October 24 @ 10 AM

Celebrate 100 years of *Winnie-the-Pooh*. All ages.

Introduction to Dungeons & Dragons

Sunday, October 25 @ 1-4 PM

Ages 10-13. Registration required.

Sun SHINE Squad

Tuesday, October 27 @ 4-5:30 PM

Work on volunteer projects while providing feedback on making the library a welcoming place for teens. Ages 10-18. Registration required.

Spooky STEM Challenge

Wednesday, October 28 @ 2:30 PM

Put your spooky scientist skills to the test. Ages 8-12. Registration required.

Big Sister/Big Brother Storytime

Wednesday, October 28 @ 4 PM

Storytime for children who are going to be or already are a big sister/brother. Ages 3-7. Registration required.

Poké Ball Keychains

Thursday, October 29 @ 1 PM

Create Poké Ball-inspired keychains with pony beads. Ages 10-18. Registration required.

Spooky Storytime at the Bee Branch

Saturday, October 31 @ 10 AM

Attend an outdoor story time and mini trick-or-treat parade around the park. All ages.



DUBUQUE SYMPHONY ORCHESTRA

NOV. 7-8

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Music becomes a bridge between people, places and emotions in a program that weaves together the contemporary orchestral textures of Maquoketa, IA native composer John Frantzen, the expressive voice of Brazilian guitar with **Marcus DeJesus**, the transcendent beauty of Jennifer Higdon's *Blue Cathedral*, and the exuberant pulse of Bernstein's Symphonic Dances from *West Side Story*.



TICKETS START AT \$24

DubuqueSymphony.org
or Five Flags Box Office

Skip Ticketmaster online fees by buying direct at the box office.

DUBUQUESYMPHONY.ORG

CALENDAR OF EVENTS

MANIA: The ABBA Tribute

Sunday, October 11

6:30 PM @ Five Flags Theater

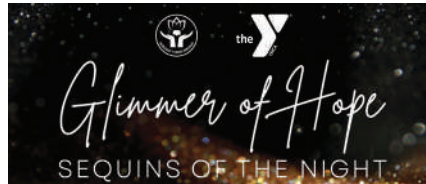
Take a chance on MANIA... the world's No. 1 touring ABBA tribute. MANIA delivers an authentic and unforgettable homage to the legendary Swedish band. Visit FiveFlagsCenter.com.

Swan Lake: Symphony of Lights

Thursday, October 15

7 PM @ Five Flags Center

Audiences will experience a new re-imagining of Tchaikovsky's timeless ballet masterpiece. Combining world-class dancers, illuminated costumes, immersive visual effects, and vivid lighting design, this beloved classic is transformed into a contemporary spectacle. Visit FiveFlagsCenter.com.



21st Annual Glimmer of Hope

Friday, October 16

5-8 PM @ Hotel Julien

An evening to support crisis survivors, the Dubuque Community Y Crisis Service line, Emergency Shelter, and Extended Stay. The Dubuque Community Y's Crisis Services provides emergency shelter and supportive services to victimized women and their families, so they have the protection and freedom to live safely in our community. Visit

DubuqueY.org/SpecialEvents.

Clue

Friday through Sunday, October 16-25

Fridays & Saturdays, 7:30 PM;

Sundays, 2 PM @ The Grand Opera House

Clue is a hilarious farce-meets-murder mystery. The tale begins at a remote mansion, where six mysterious guests assemble for an unusual dinner party where murder and blackmail are on the menu.

When their host turns up dead, they all become suspects and race to find the killer as the body count stacks up. Visit TheGrandOperaHouse.com.

Daniel in the Lion's Den

Saturday, October 17

3 PM @ Five Flags Theater

Get ready to roar with the lions, stand with the Queen, and revel in the courage that echoes through the ages. *Daniel in the Lions' Den* brings an epic story to the stage in an exciting musical adventure. Visit FiveFlagsCenter.com.

Elvis Tribute Show

Saturday, October 17

7 PM @ Ohnward Fine Arts Center (Maquoketa, IA)

NBC's *America's Got Talent* finalist Joseph Hall brings his all-new Elvis tribute show that will have you singing the hits of the King. All ages. Visit Ohnward-FineArtsCenter.com.



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HAUNTED HISTORY TOUR

Join us Fridays in October for a spine-chilling journey starting at the Mathias Ham House hearing unsettling tales of the Dubuque Area. Then board Trolleys of Dubuque to visit four of the city's most haunted locations, plus a trip to the Riverboat Lounge in the Hotel Julien.

Date: 10/9, 10/16, 10/23, and 10/30

Time: 6:30 - 9:00 pm

Location: Mathias Ham Historic Site

Tickets: Space is limited. Reserve your spot TODAY!

Visit rivermuseum.org/events for tickets

Trolleys of Dubuque
Making Memories Along the Mississippi
TrolleysOfDubuque.com | 563-552-2896

90's Country Gold Series: Pam Tillis

Saturday, October 17

7:30 PM @ Five Flags Theater

Daughter of country music royalty, Pam Tillis carved her own path in music, recording hits like "Shake the Sugar Tree," "Maybe It Was Memphis," and "Mi Vida Loca." Visit FiveFlagsCenter.com.

She Unites

Wednesday, October 21

6:30-7:30 PM @ The Innovation Lab

Come together for an evening of socialization and education. Rotating speakers talk about anything and everything pertaining to women in a chill environment. Visit SheUnitesIowa.com/Events.

Echoes of Time and Place: Sauk Art and Culture Celebration

Saturday and Sunday, October 24-25

@ Dubuque Museum of Art, Millwork District

Celebrate the first exhibition entirely composed of and curated by contemporary Sauk artists, opening October 3 at DuMA. Visit DBQart.org.

Prairie Bouquet Making

Saturday, October 24

12 PM @ EB Lyons Interpretive Center

Learn about native prairie plants while creating your own beautiful prairie-inspired bouquet alongside fellow women in the community. Pre-registration is required. Visit SheUnitesIowa.com/Events.

Lucha Libre Mexicana

Saturday, October 24

7 PM @ Five Flags Center

Masked Republic, the industry leader in expanding lucha libre beyond the borders of Mexico and UTA, is bringing authentic Lucha Libre Mexicana events to Iowa for the very first time. Visit FiveFlagsCenter.com.

Mad Scientist Fun Day

Sunday, October 25

10 AM-2 PM @ National Mississippi River Museum & Aquarium

Costumes are encouraged for everyone—not just kids. Enjoy games, crafts, science experiments, and live demonstrations. You'll also have the chance to meet some not-so-creepy animals. Visit RiverMuseum.org.



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Clue

OCTOBER 16 – 25, 2026



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FIVE FLAGS TO HOST TWO MAJOR FAMILY EVENTS IN OCTOBER

Five Flags Center will be hosting two major events during the month of October. Both events are designed for family audiences and are on sale now.

Daniel in the Lions' Den & The Story of Esther: The Bravest Queen

Get ready to roar with the lions, stand with the Queen, and revel in the courage that echoes through the ages. *Daniel in the Lions' Den* brings an epic story to the stage in an exciting musical adventure. Created by The Originals Live, *Daniel in the Lions' Den* arrives October 17 at 3:00 PM. The immersive storytelling production will also feature the story of *Esther: The Bravest Queen*.

Created by the team behind live theatrical productions based on globally beloved family brands including Sesame Street, Blippi, Baby Shark, PJ Masks, Peppa Pig and more, The Originals Live drives a new generation of family entertainment rooted in timeless stories, unforgettable music, and immersive theatrical experiences.

For generations, the biblical stories of Daniel and Esther have inspired audiences with their courage, faith, and conviction. Now, The Originals Live brings these beloved heroes to the stage through original music, immersive production, and high-energy storytelling designed for today's families. *Daniel in the Lions' Den* follows the beloved biblical hero as he remains faithful in the face of political intrigue, betrayal, and the threat of the lions' den. Filled with adventure, humor, and original music, the production reimagines one of history's most enduring stories for modern audiences.

Opening the evening is *Esther: The Bravest Queen*, the story of a young woman who risks everything to protect her people. Through courage, faith, and determination, Esther discovers that one voice can change the course of history. Together, these productions create a family-friendly theatrical event featuring original songs, vibrant staging, memorable characters, and timeless lessons that continue to inspire audiences around the world.

MaskedMania Lucha Libre Mexicana

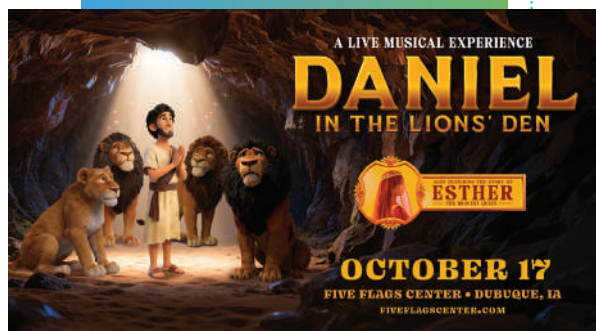
Masked Republic is bringing authentic Lucha Libre Mexicana events to Iowa for the very first time when the action arrives on Saturday, October 24 at 7:00 PM.

Among the lucha libre superstars in Iowa will be AAA, CMLL, WCW and WWE legends Psychosis and Juventud Guerrera, current Legends of Lucha Libre Champion Tinieblas Jr. along with his Mayan elf sidekick Alushe, multi-time AAA and TNA champion Extreme Tiger and heir to the Misterio legacy Hijo de Rey Misterio.

Every MaskedMania ticket includes a free pre-show meet & greet with the stars of the event. This gives attendees the chance to get up close and personal with the luchadores, making a ticket to MaskedMania the best fan and family value in arena pro wrestling in the U.S. today.

"The response to bringing our events that represent an authentic Mexico lucha libre experience throughout the U.S. has been tremendous," Ruben Zamora, founder and CEO of Masked Republic said. "MaskedMania events are dedicated to being both an incredible family experience to long-time fans of the sport and an excellent opportunity for those who have never attended a lucha libre event to get the same experience one would get in Mexico only much closer to home. From star studded trios to tag team matches, championship bouts and our own tour exclusive Copa de MaskedMania special attraction bouts and our pre-show meet and greet included with every ticket, MaskedMania events are the best value in pro wrestling today."

Tickets for these and all Five Flags events are available online at **FiveFlagsCenter.com** and in person at the Five Flags Center box office, which is open on Thursdays and Fridays from 10AM to 5PM.



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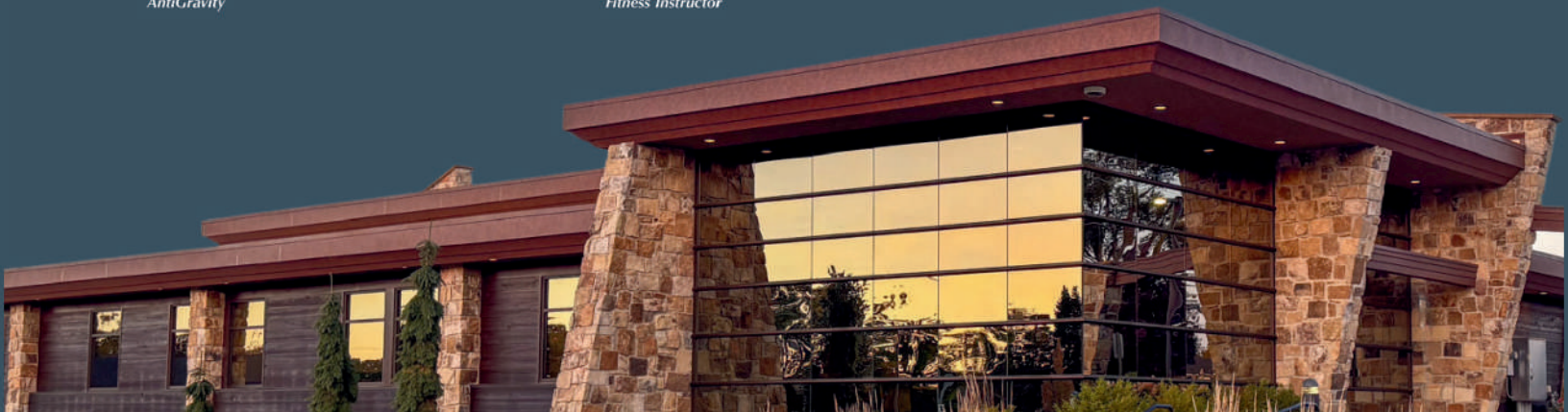
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A Day in the Life of a Dubuque Police Officer



Patrol Officer Ella Link.



The Dubuque Police Department.

by Elizabeth Call

It is almost 9AM on a sunny Wednesday morning as I park across the street from the Dubuque Police Department. I am about to embark on my first-ever Ride Along. After a few anxious minutes sitting in the waiting area, Patrol Officer Ella Link steps out of the door to introduce herself. I follow her to the police cruiser in the parking lot, where I will ride with her in the front seat for the first 4 hours of her shift, witnessing a tiny cross section of life in Iowa's oldest city.

She apologizes for the wait, as her typical day begins with line-up/attendance for the daily shift briefing, receiving notes and updates with the previous shift. This can range from updates on wanted suspects, active local lookouts, incident reports, or traffic complaints/updates. She also gets her territory assignment during the shift briefing, which will be Territory 105. Her shift is

9:00AM-7:00PM, Sunday-Wednesday. She smiles as she lets me know it is her Friday.

Once outside, she does an outside gear check of the cruiser and her uniform equipment. This includes her body armor vest as well as her duty gear- a utility belt carrying her gun, other less lethal service weapons, handcuffs, and essential safety tools. Not a lightweight, easy get-up to

wear for the hot summer days (including the approximately 50-lbs of added weight)! She checks that her body-worn camera on her vest is docked and syncing.

As I enter the police cruiser, I am amazed at the amount of technology surrounding me. These are small mobile data centers. I first noticed what is called a Mobile Data Terminal (MDT). This laptop/touchscreen is mounted on the dashboard for running license plate checks, receiving dispatch information, and running reports. The cruisers receive real-time data feeds and alerts from Dubuque's network of over 1,300 surveillance cameras and fixed Automatic License Plate Readers (ALPR) which are managed by the department. There is a radio system that connects officers to Law Enforcement and public safety networks. A video system synchronizes with her

body-worn camera. Finally, all the checks are completed.

IT'S TIME TO HIT THE ROAD.

As we head up the hill on Loras Boulevard, I notice that Officer Link is paying close attention to everything in her line of vision. Typically, the officers start by driving around the assigned territory until they get a call on the MDT that they need to respond to. After driving for a bit, a call comes in from dispatch. My stomach is in knots...what will this call be for??

It turns out to be a "street storage" call. This means that a car has been parked on a public street without being moved for 24-48 hours. Officer Link inspects the outside of the vehicle, marks the wheels with chalk, and puts an orange warning ticket under the windshield wiper. She looks up the owner and address information, based on the license plates. She calls and lets the owner know she has 24 hours to move it, or it will be towed, which includes a fee, and that she will also receive a fine of \$20. She then spends a bit of time documenting what happened on the MDT. According to Officer Link, most of the calls she receives are for street storage, welfare checks, domestic or public disturbances, accidents, public intoxication, and Operating While Intoxicated (OWI).

We start on our way once again, and Officer Link mentions she cannot believe how quiet the day has been so far. Most of the time she will get many calls by this time and may need to finish the documentation on them later in her shift. According to her, the most time-consuming documentation/paperwork occurs when someone gets charged with OWI. This means the driver is impaired by alcohol, drugs, or both.

Before long, another call comes in about a road rage disturbance in the Dunkin' Donuts parking lot on Dodge Street (Highway 20). When we arrive, the atmosphere is volatile. An older woman is shouting at a man who is near his Jeep, and her insults peppered with expletives. A back-up police car arrives, which is protocol in case the shouting escalates to a physical altercation. In this case, it did not. The Officers interview them separately to piece together the chain of events. It turns out that no accident even happened, and that it was just a close call. In this case, the officers'

well-honed skills of de-escalating the situation prevented this from possibly turning into assault.

As Officer Link was documenting the incident, a call came in for back-up regarding a public disturbance incident at an elementary school. Officer Link has been back-up for this disturbance before, involving the same young man at the same school, who suffers from a mental health condition. According to Link, police officers often must deescalate situations involving people with different types of mental illness on their shifts. Because of this, the Dubuque Police Department developed the Crisis Intervention Team (CIT) in 2018. It is a specialized secondary responder unit created to help people who are experiencing mental health, brain health, homelessness, or substance abuse crises. It became fully operational in 2023.

Another call comes in for street storage. This time, we found the owner beside his car, wearing only his underwear. Officer Link spoke with him at length. During this time, he reached into his car several times and finally retrieved a pair of pants.

He then made several attempts to put his pants on, while also attempting to light a cigarette. He would pull the pants up and forget to fasten them. They would then fall back down while he tried to light a cigarette. The process repeated itself more than once. The discussion ended with no major altercation and the individual wearing pants plus an impressive display of patience from Officer Link.

My Ride-Along was coming to an end. As she dropped me off at the police station, I thanked her, wondering what the next 6 hours of her shift had in store for her. Speeding ticket? Traffic accident? Loose exotic pets?

A simple description of my Ride-Along was eye-opening. The Dubuque Police Department (DPD) deals with the blurred lines of the good, the bad and the ugly every day. I applaud their commitment, efforts, and bravery for the City of Dubuque.

To learn more about the Dubuque Police Department you can visit their website at Cityofdubuque.org/209/Police.

Comments on this article can be sent to comments@juliensjournal.com. ♦



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The **GRAND** Opera House

26/27 SEASON



Dubuque Theater and Orchestra 2026-2027 Season Preview

by Beth Triplett

Dubuque residents are fortunate to have access to a robust offering of the arts. Whether you enjoy music or theater, area organizations have something for everyone this coming season.



DUBUQUE SYMPHONY ORCHESTRA

The Dubuque Symphony Orchestra (DSO) invites audiences to experience the transformative power of music during its 2026–27 concert season, Spirit, Luminous. Through an inspiring collection of orchestral masterworks, acclaimed guest artists, and memorable musical storytelling, the season explores themes of resilience, love, hope, community, and the enduring strength of the human spirit.

“The music we share with you this season is sure to inspire, uplift, and illuminate your spirit!” shares Music Director and Conductor William Intriligator.

“Music has the incredible ability to move our souls, bring us great joy, and help us feel more alive.”

Season highlights include Tchaikovsky’s Piano Concerto No. 1, Brahms’ Symphony No. 1, Beethoven’s Symphony No. 7, Gershwin’s *An American in Paris*, and Bernstein’s *Symphonic Dances from West Side Story*.

The DSO also welcomes an outstanding lineup of guest artists throughout the season. Pianist Ilya Yakushev returns to Dubuque to open the season in October, followed by guitarist Marcus DeJesus in November. February’s Valentine’s weekend concert will feature DSO Principal Cellist Philip Bergman alongside acclaimed tenor Eric Ferring. In March, DSO Principal Oboe Chanmi Kim will take the spotlight as featured soloist.

Beyond the Classics Series, audiences can enjoy the DSO’s annual Holiday Concerts, the high-energy DSOrocks! concert and Season Finale, featuring iconic space-themed music from film and television alongside selections from Holst’s *The Planets*.

This season the DSO also introduces a Chamber Music Series, bringing performances to intimate, distinctive settings around town and offering audiences a fresh way to experience the artistry and energy of chamber music. With concerts in September of 2026, and April and June of 2027, the series invites listeners to discover familiar favorites and unexpected gems in a more personal, up-close setting.

For more information, visit Dubuquesymphony.org.



THE GRAND OPERA HOUSE

The 2026–2027 lineup delivers bold musicals, laugh-out-loud plays, and dazzling ballets while showcasing talented area performers and production teams.

October opens with *Clue*, a fast-paced comedy whodunit packed with murder, blackmail, outrageous suspects, and rapid-fire laughs. The holidays follow with *Rudolph the Red-Nosed Reindeer*, a joyful musical adventure for all ages, and Dubuque City Youth Ballet’s *The Nutcracker*, featuring whirling Snowflakes, waltzing Flowers, and Clara’s enchanted battle with the Mouse King.

The new year bursts to life with *Elephant & Piggie’s “We Are in a Play!”*, an energetic introduction to live theater for young audiences. In March, *Rosencrantz and Guildenstern Are Dead* turns *Hamlet* delightfully inside out. Heartland Ballet then brings Shakespeare’s enchanted forest to life in *A Midsummer Night’s Dream*.

The season finishes with two showstopping musical co-productions with Rising Star Theatre Company. June opens the gates to pure imagination with Roald Dahl’s *Charlie and the Chocolate Factory*. In July, everyone’s favorite ogre storms the stage for the annual youth production, *Shrek the Musical*, delivering a hilarious, heart-filled finale.

For tickets, visit Thegrandoperahouse.com.



FIVE FLAGS CENTER

Dubuque's Five Flags Center schedule is jam packed with arts, culture, fun,

and entertainment.

In October, Steely Dane, The Ultimate Steely Dan Tribute and Mania: The ABBA Tribute appear. Swan Lake: Symphony of Lights immersive show and Pam Tillis Trio with special guest Emily Elgin will also perform.

Fall arena shows feature Daniel in The Lions Den and Esther: The Bravest Queen, MaskedMania Lucha Libre Mexicana, and Little River Band with special guests Seals & Crofts 2.

November performances include: Nurse Blake: But Did You Die? Comedy Tour and John McEuen & The Circle Band with Les Thompson featuring founding members of the Nitty Gritty Dirt Band.

Holiday shows include the Vienna Boys Choir: Christmas in Vienna, The Music of Trans-Siberian Orchestra, Glen Miller Orchestra, Charles Dickens' A Christmas Carol, Anthony Shore: Christmas with Elvis, and Neil Berg's Broadway Holiday.

The new year features a variety of entertainment, including Guys on Ice: An Ice Fishing Musical, Clifford The Big Red Dog: The Musical, Think Floyd USA: Premier Pink Floyd Tribute Show, Don't Stop Me Now! A Celebration of Broadway's Rock Musicals, Blind Boys of Alabama presenting Stevie Wonder's "Songs in the Key of Life", Grand Kyiv Ballet: Carmen Suite & Boléro, Harlem Globetrotters: Rivalry Tour, Cat Kid Comic Club: The Musical, An Evening with The Petersens from Branson, One Night in Memphis.

For tickets, visit FiveFlagsCenter.com.

FLY-BY-NIGHT PRODUCTIONS

The local theater group offers an array of live productions to entertain audiences and stimulate conversation.

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Pam Tillis

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SATURDAY, OCT 24

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allows people to perform monologues of their choosing while raising funds for future theater productions.

In January, the *Famous Dead Artist Series* continues with *An Interview with Virginia Woolf* one of the pioneers of modern literature.

March features the production of *The Half-Life of Marie Curie* by Lauren Gunderson. Curie, the celebrated chemist-physicist on the eve of a second Nobel Prize is ruthlessly hounded by the French press due to an alleged affair with a married man. Her friend Hertha Ayrton, a pioneering electromechanical engineer herself, offers shelter at her home in England. Gunderson's heartwarming play celebrates both female friendship and the spirit of scientific inquiry.

In June, enjoy *Seascape* by Edward Albee. A retired couple relaxes on a deserted beach when a couple of sea creatures from the depths of the ocean join them and communication between species becomes in turn comic, absurdist and deeply humanist. Albee's Pulitzer Prize winning play goes beyond his usual focus on interpersonal relationships to something grander and yet intimately scaled. For more information visit, flybynight-dubuque.com.



OHNWARD FINE ARTS CENTER

The Ohnward Fine Arts Center in Maquoketa features a variety of performances to wrap up 2026.

In October, America's Got Talent's Joseph Hall Presents ELVIS Reflections of the King Tribute Show. Travel through the legacy of the "King of Rock n Roll" starting with the 50s as Joseph Hall hip-swivels his way through the 60s, and gates through the 70s.

Kicking off the holiday season is the 22nd Annual Festival of Trees in November. The month also features Nashville Country Christmas.

This unique show combines traditional country music with laugh-out-loud comedy and beloved Christmas classics, all to create a festive celebration the whole family will enjoy.

You can ring in the new year with Reba, Dolly and Friends Featuring Brooke Byam and Friends, a hilarious country revue show filled with classic hits and surprise guests. This comedic extravaganza is guaranteed to make you laugh, reminisce, and fall in love with the timeless songs of our past.

For tickets visit ohnwardfineartscenter.com.

Comments on this article can be sent to comments@juliensjournal.com. ❖

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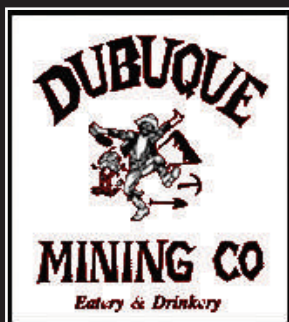
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HOW THE COMMUNITY FOUNDATION IS HELPING REVITALIZE NORTHEAST IOWA JOURNALISM



Samantha Kane, center, of Dubuque receives a scholarship from the Gary Dolphin Journalism Grant Fund on August 10.

Want to know who was elected to city council? Which team won the high school football game? Which roads are closed for construction? Just open the local paper or tune into the local radio station.

But what if your town has no media outlet? That's the position many communities are in today, and it's why the Community Foundation of Greater Dubuque's partnership with the national organization Press Forward is so important. As Press Forward's Northeast Iowa chapter, the Community Foundation is opening access to funding that directly supports local news and information in our region.

"Local news plays an important role in

building strong communities," says Nancy Van Milligen, president and CEO of the Community Foundation. "Through this partnership, we are ensuring that fair, accurate and well-reported stories always have a home in the Dubuque region."

Challenging Times, New Opportunities

The shift to digital media has been devastating to news outlets across the United States, with large tech companies eating into advertising revenue that traditionally has sustained local journalism. Rural and underserved communities, where the local paper is often the primary source of information about important topics, have been hardest hit. Many outlets have closed, merged with other papers, or been bought out by hedge funds that have stripped cash from operations.

There's good news, though. Recognizing that engaged and informed communities

are strong communities, community foundations have stepped in to support a new model for funding local media outlets.

Bridging Funding Gaps

By partnering with Press Forward, the Community Foundation is at the forefront of a movement to revitalize local news and information. The Foundation serves as a hub that can mobilize resources and host funds that meet the needs of local communities. To date, it has raised more than \$1 million that directly supports local journalism in Northeast Iowa.

While declining ad revenue has forced media outlets locally and nationally to make cuts to their newsroom staff, the Community Foundation's Local Journalism Support Fund has helped make up for some of that lost revenue and enable outlets to fill reporter positions.

Today, the fund directly supports the salaries of reporters in our region. As the fund

grows through donations and grants, it has the potential to increase support for local news and initiatives that help share community information.

A New Generation of Journalists

As a Press Forward chapter, the Community Foundation also supports journalists in training. Students from Dubuque and other Iowa communities recently received scholarships from the Gary Dolphin Journalism Grant Fund, which the Iowa broadcast legend started with the Foundation.

Five high school and college students from Iowa received scholarships:

- Lindsay Beyer of Independence
- Samantha Kane of Dubuque
- Ali Olechowski of Dubuque
- Jace Holz of Dubuque
- Noah Sever of Pleasant Hill

The Gary Dolphin Journalism Grant Fund was established to support high school and college students pursuing their educational goals in journalism and related fields, reflecting Dolphin's own commitment to the Iowa community he has served throughout his broadcasting career.

Open to students from Iowa, Southwest Wisconsin, and Northwest Illinois, the scholarship supports those pursuing degrees in journalism, broadcasting, communications, marketing or public relations. It provides scholarships to current and



Jace Holz of Dubuque gives remarks after receiving a scholarship from the Gary Dolphin Journalism Grant Fund on August 10.

prospective college students in these fields, as well as stipends to current students majoring in one of these areas who intern at a

local news and information outlet.

"Empowering communities is core to our mission," says Mary Jo Jean-Francois, Vice President of Impact at the Community Foundation of Greater Dubuque. "Ensuring that communities have access to accurate local news and information is key to ensuring people are empowered to make decisions that affect the well-being of the places they call home."

Learn more about the Community Foundation of Greater Dubuque's role as Northeast Iowa's Press Forward chapter at Dbqfoundation.org/pressforward.

This article is made possible by a partnership between Julien's Journal and the Community Foundation of Greater Dubuque.

Comments on this article can be sent to comments@julienjournal.com. ♦



Mary Jo Jean-Francois, center, vice president of impact at the Community Foundation of Greater Dubuque, takes part in a panel discussion about local journalism after a screening of the film "News Without a Newsroom."

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RESTAURANT REVIEW Taste

Article and photos by Cassie Cate

ROUX AND LUCIA OFFERS UNIQUE SEASONAL FOOD, WINE AND THE FEEL OF A 1930S PARISIAN CAFÉ

Sitting on the patio of Roux and Lucia, enjoying the beautiful architecture of the building and its landscape, while watching the quiet hustle and bustle of joggers and families with their strollers and four-legged friends go by evokes an emotion that every good Saturday morning should have. Add on a great coffee, delectable pastry, and a mouth-watering entrée, and you have exactly what Roux and Lucia is all about.

Roux Conlon Loar created Roux and Lucia to fulfill a need she saw for a neighborhood eatery she had enjoyed many times in cities around the globe but had yet to find in Dubuque. "At its core, Roux and Lucia was created around the idea of bringing together several things I love: really good food and wine, beautiful spaces, genuine hospitality, and the feeling of neighborhood restaurants and cafes you find in great cities," said Roux. "I didn't want it to feel overly formal or like a restaurant that fit neatly into one category. The idea was to create a place that could become part of people's everyday lives—somewhere you could stop in for coffee and a pastry, meet a friend for lunch, have a glass of wine in the afternoon, or come back for a full dinner."

With the help of her father Tim Conlon, owner of Conlon Construction, Roux transformed a piece of Dubuque history into the breathtaking café it is today. The building dates to the 1890s where it began its life as a corner grocery store, followed by bakeries, offices, and now, Roux and Lucia.

Roux and Lucia's patio provides a quaint, neighborhood feel for patrons to enjoy.

According to Roux, people come and share stories of their former connections with this building when they were growing up, like her own father who stopped almost every day after school. When this iconic building became real estate, Tim knew he had to buy and restore it, which he did in 2020.

Preserving the history of the building and its character was essential to the renovation, as visitors can see through the incredible attention Roux and her father gave to every detail. The outside brick was cleaned of its painted facade and rehabbed with matching vintage brick where needed. The doors and windows were replaced paying homage to the original design, while the inside played into the vintage feel with recreated tile patterns for the floors, light fixtures evoking the feel of a 1930's Parisian café, with a beautifully dark stained bar, marble café tables, and vintage décor for the walls. The outdoor patio is surrounded by lush landscaping and creates a feeling of relaxation and comfort as it oversees the bakery just steps away across the parking lot. In addition, the upstairs of both buildings house Airbnb's that make the restaurant even more of a destination.

Although Roux is not formally trained as a designer, many years of informal design experience remodeling homes trained her for her first commercial project. Roux said, "That ended up being one of my favorite parts of the entire process. I loved creating a space that felt intimate, inviting, warm, and as though it had been there for many



The beautiful bakery of Roux and Lucia creates pastries as beautiful as its architecture

years." Along with her lifelong love of cooking, wine, and travel, Roux has used her adept skills with food, wine, and hospitality to make Roux and Lucia the inviting eatery so many have quickly come to adore. Patrons can enjoy the space for more than just dining. A large variety of retail items are available, showcasing everything needed to throw an amazing dinner party or to bring as a hostess gift, including various cheese, wines, dishes, cards, flowers, olive oils, vinegars, mustards, jams, mugs, coffees, and teas. Wine and cheese tasting events and dinners are also enjoyed in the space, along with live music, floral design classes, and various other seasonal events. Private parties for many occasions, such as birthdays, anniversaries, and showers are also welcome. "Events are another way for us to use the space beyond traditional restaurant service and create experiences that bring people together," says Roux.

The food at Roux and Lucia was carefully crafted by Roux and a group of chef consultants she hired to help make her culinary ideas a reality, turning her dreams

into recipes that her kitchen manager and staff could use in a professional restaurant setting. The main influence of the menu is French and Italian cooking, but ultimately the goal of Roux was to make food that was ingredient-driven, using fresh, seasonal ingredients that people would enjoy. Guests can indulge in dishes created from classic European inspiration like the Salmon Picatta or enjoy a classic, but elevated entrée like the Macaroni and Cheese with Gruyere Bechamel with local wild mushrooms and bacon.

"Seasonality is very important to us, as well. In the summer, for example, we have a pasta filled with fresh seasonal vegetables and a watermelon and feta salad that we only serve when watermelon is perfectly ripe and juicy. As we move into fall, the menu becomes a little heartier, with dishes such as beef short ribs with red wine reduction and potato purée and polenta cakes with butternut squash romesco and wild mushrooms," said Roux.

"We want the menu to change enough that our regular guests continue to discover something new while still keeping the core dishes people come back for again and again."

The Waldorf Chicken Salad remains the best seller by far for the lunch crowd and is now sold by the pound and can hardly stay on the shelf. The Summer Linguine and Steak Frites had been consistently popular at dinner, complemented by the Old Fashioned-Blackberry Smash Cocktail and Roux's Margarita, both best sellers. Of course, the bakery also creates highly desired treats, such as the cinnamon rolls, cookies and desserts like the tiramisu and carrot cake.

"Watching Roux & Lucia become part of people's routines has probably been one of the most rewarding parts of the entire experience. There has been an incredible amount of goodwill from people who appreciate what we're trying to bring to the neighborhood and to Dubuque," said Roux. If you are looking to add to your routine or enjoy a charming addition to your day, Roux and Lucia's warm hospitality awaits your arrival.

Comments on this article can be sent to comments@juliensjournal.com. ♦



The vintage feel of Roux and Lucia was carefully designed to create a warm, classic European feel.

THE FROSTED GLASS Taste



Article and photo by Joshua Nichols

WHAT WE'RE DRINKING: TIGERHAWK

ABV: 4.2%

Who Brews It: Big Grove Brewery

Where you can find it: Most grocery and convenience stores

Expected Price: \$10.99 for a 6-pack of 16 oz cans, \$19.99 for a 12-pack of 12 oz cans

October is here, and college football is in full swing. Many fans that live in Dubuque

are planning to take the opportunity to drive to Kinnick, Jack Trice, Camp Randall, or Memorial Stadium to catch a game. For some fans, this is a weekly tradition. Other fans turn it into a special weekend and attend one or two games a year. For many of these fans, the game itself only narrowly edges out the tailgating experience. Universities have always been aware of the tailgating experience -- it is rather difficult to overlook thousands of grills and a seemingly infinite supply of beer -- but with the new NIL-era of college sports, many universities have begun to leverage officially sponsored craft beers and beverages. This column should make Hawkeye fans happy, as we're reviewing Tigerhawk, a relatively new lager from Big Grove Brewery that was brewed in collaboration with the University of Iowa.

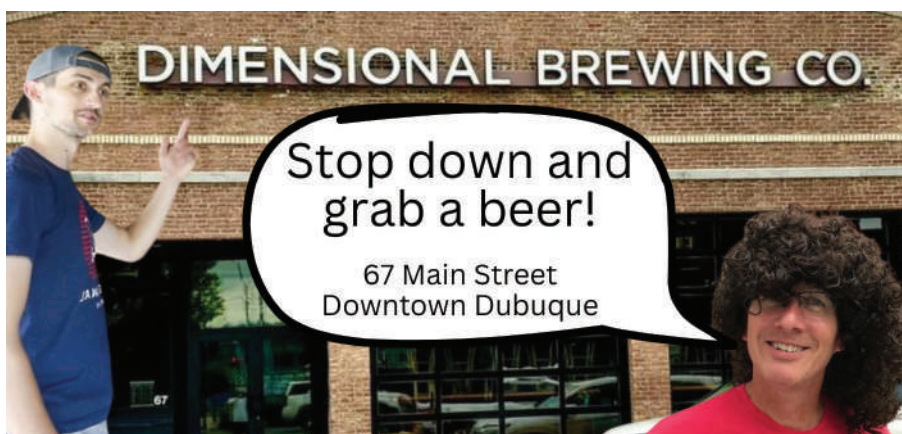
Tigerhawk is an American lager through and through. If you've drank a Budweiser before, you have a good idea of what to expect on your first sip. Chiefly, this is a beer that you want to serve ice-cold. Some beers, like a stout or a doppelbock, taste better between 50 and 60 degrees Fahrenheit. Tigerhawk should be treated like other American lagers. Keep it on ice until it's time to drink. If you want to get fancy, stick a can in your freezer for 15 minutes to give it a nice chill. If you do this, don't forget about it, as beer cans and bottles will rupture if forgotten in the freezer.

If you're pouring a Tigerhawk into a glass, you'll notice that it has a light amber color. The beer has a decent head, especially if you pour it quickly, but this is ultimately a beer that's designed for drinkability. There's a slight semi-sweet finish, and it has a fuller, grainier body than the light domestics while maintaining an overall neutral taste. In my opinion, Big Grove did an excellent job on the design of the can. The two color black and gold scheme looks sharp, and I appreciated the inclusion of the Hawkeye victory polka on the front of the can. "In Heaven there is no beer; that's why we drink it here"

Big Grove became the official craft brewery of Iowa athletics in July 2024, and cans of Easy Eddy and Boomtown have been present at Iowa sporting events ever since. Tigerhawk will join this lineup at concession stands; however, according to a press release put out by Big Grove Brewery in June 2026, "a portion of the proceeds from every pour, can, and case sold will go directly toward Hawkeye athletics. These funds are dedicated to ensuring the University of Iowa remains in the evolving landscape of collegiate sports, providing the resources necessary for success on the field, the court, and the mat." In this case the "evolving landscape of collegiate sports" refers to the federal legalization of revenue sharing on July 1st, 2025. Division I athletic departments can now directly compensate college athletes, and college rosters, especially football rosters, have quickly gotten expensive because of it. As an example, between \$20 and \$25 million is being paid to Iowa football athletes this season.

Officially branded craft beers like Tigerhawk are one of the ways universities are raising money to cover the funds needed to compete in the NIL era of college athletics. When you look at it from this perspective, making Tigerhawk an American macro lager is the best choice. There's low overhead in production compared to other styles of beers (no need to source exotic hop strains or let the beer mature in bourbon barrels) and it's palatable to a wide audience. Plus, Tigerhawk is a quintessential tailgate beer. So, if you're a Hawkeye fan, next time you gather with friends to watch a game, bring a cooler full of Tigerhawk with you.

Have a beer that you'd like to see us review? Send it to beer@juliensjournal.com and we'll do our best to feature it in a future issue. ♦



SIPS & TIPS Taste



Article & photo by John B. Donovan

WINES FOR THE WITCHING HOUR

"It's true that wine flies when you're having fun with friends."

Happy October! Try as I might, I was not able to find any wine that went well with Candy Corn, nor could I find a quote about wine and October. But TeamWine did find a couple of fun wines that will work with any Halloween party.

We got together earlier this week with all six of us present, which was nice, as the last couple tastings there were a couple of us missing. TeamWine genuinely enjoys getting together to share our comings and goings, as well as taste wine. We also enjoy seeing what each of us prepare to bring to our tastings as munchies. We just might have to share some of our favorite recipes.

Just a quick shout-out to Roux & Lucia for coming on board as our column sponsor. We are excited about the partnership.

SIPS

Our white wine, **2023 Michael David Winery, Misfits & Mavens Sauvignon Blanc** (12.5%abv \$15.99) was purchased at Hy-Vee. And, while it was purchased because of the label design, it ended up being a very pleasant wine. We were pleased that it was not a typical, high-acid, grassy, New Zealand style Sauvignon Blanc. Michael David Winery is in American Canyon, California. The color of the wine was pale yellow with excellent clarity. Aromas we identified included the skin of a Granny Smith apple, some citrus, guava, pear, honey and some spicy herbs. On the palate we tasted dark honey, Honeydew melon, some pineapple, Asian pear and even more spice. The wine had a medium-light body with noticeable acidity, giving it a nice tart, refreshing mouthfeel. There was a hint of

sweetness on the finish, which made some of us want to go back for a second pour. The wine paired well with our butternut squash ravioli, the assortment of cheeses and the pesto/pasta dish. We had a goat cheese with olive oil and whole red pepper which accented it perfectly. It did not pair with the Jalapeño/Honey Hummus (not even close). We felt this wine might do well early on Trick or Treat evening while things are just getting going.

Our red was a **2023 Teutonic Crow Valley Vineyard Pinot Noir**. (12.43% abv \$38) This wine was purchased at purchased at Roux & Lucia on Grandview Avenue.

Teutonic Winery, owned by Olga & Barnaby Tuttle, is located just 30 miles south of Portland, Oregon. Barnaby is the winemaker and uses old-world style wine-making methods and minimal intervention.

TeamWine has tasted other wines from Teutonic Winery and enjoyed them in the past. This wine was no exception, and I especially enjoyed it, as Pinot Noir is one of my favorite varietals. The wine had a dusty-rose red color with exceptional clarity. I had a hint of Jolly Rancher cherry on the nose as others mentioned red licorice, strawberry with some cooking spice. The body was light, with medium-high acidity and very light tannins. Flavors on the palate included a bit of cherry, some forest floor/cedar notes and a touch of plum.

This wine went extremely well with the goat cheese dish, the butternut ravioli and all the cheeses. We noticed a bit of sweetness, and hints of umami on the finish. This was a full table of “thumbs-up” for this wine. In keeping with our Halloween night scene, this is the bottle you save for when the door-knocking has stopped. You want to be able to sit and simply enjoy this wine!

TIPS

We come around to October again and Karen MacNeil is once again advocating



Contributed photo

for “**Come Over October**”. This is when you select an evening, invite one or more people to your home, open a bottle of wine, and have a conversation. No phones, no politics, just conversation with and about each other.

Last year Natalee and I chose to invite people to our home, each Tuesday night in October. I selected a red and a white from my cellar and let the evening unfold organically. We had such a fine time that we are going to do it again, also on Tuesday nights at 6:00-7:30 PM.

By the time you read this, there will still be places available so send me an email at john@juliensjournal.com, and we will work you in. There is no cost except to be willing to add to the conversation. Natalee and I will provide lite snacks/munchies, and if you'd like to add to the 'food-cart', that will be appreciated. Each night we plan to have about 8-12 people.

Salut!

Comments on this article can be sent to comments@juliensjournal.com. ♦



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HEALTH & WELLNESS

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Community Song Circle

Sunday, October 4 @ 3-4:30 PM

Sing and celebrate with us on this Feast Day of St. Francis. RSVP encouraged.

Silent Book Club

Monday, October 5 @ 6-7:30 PM

Participants gather to share the same space while reading in silence, without the traditional book club's pressure of having to finish a book on time. RSVP.

Canticle of the Creatures

Wednesday, October 7 @ 6:30-8 PM via Zoom

A focus on the history, context, development, and meaning of the Canticle. Registration required.

Healing Relationships

Thursday, October 15 @ 6-7:30 PM via Zoom

Heal relationships through art, love, and deep silence. Registration required.

Meditation & Music

Monday, October 19 @ 6:30-7:30 PM

Wear comfortable clothing. Feel free to bring a pillow or blanket. Registration required.

Faith & Politics

Tuesday, October 20 @ 6:30-8 PM

A reflection on the state of our country with a prayer service. RSVP encouraged.

Lunch & Renew: Chair Yoga

Wednesday, October 21 @ 11:30 AM-12:30 PM

Registration required.

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Building Your Intuition

Monday, October 5 @ 5:30-7:30 PM

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Saturday, October 10 @ 9 AM-12 PM

This workshop will help women better understand hormonal shifts.

No Limb-its Amputee Social & Support Gatherings

Monday, October 19 @ 4-5:30 PM

A monthly gathering where individuals living with limb loss can meet others with similar experiences and struggles.

NEWS

CRESCENT EARNS FOUR QUALITY AWARDS

Crescent Community Health Center has been recognized by the U.S. Department of Health and Human Services' Health Resources and Services Administration (HRSA) with four 2025 Community Health Quality Recognition (CHQR) badges. They received recognition for high-value care, improving health care access, heart health, and advancing health information technology.



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MEDICAL ASSOCIATES EMPLOYEE ANNOUNCEMENTS

Pieper Waara, DNP, joined their psychiatry and psychology department. Waara received her Doctor of Nursing Practice in Psychiatric Mental Health from Clarke University and a Master of Science in Nursing from the University of Iowa. Most recently, she worked as an assistant professor of nursing at



Clarke University, and previously as a neonatal intensive care unit and postpartum nurse at MercyOne, both in Dubuque. Waara provides diagnostic assessment, counseling, and therapeutic intervention for patients six years old and older.

Brianna Fry, DNP, joined their surgery department. She received her Doctor of Nursing Practice from Clarke University, and Bachelor of Arts in Nursing from



Luther College in Decorah, IA. Fry is board-certified by the American Nurses Credentialing Center and provides a full spectrum of general surgery services.

Paige Winter, PA-C, joined their internal medicine department. She received her Master of Science in Physician Assistant Studies from Carroll University in Waukesha, WI, and a Bachelor of Science in Genetics from Iowa State University. Winter provides services to patients needing routine physicals, preventive healthcare, and the diagnosis, treatment, and management of diseases and conditions related to the internal organs and systems of the body.



Thomas Haugen, PT, joined their physical therapy department and Tri-State Occupational Health. He received his Doctor of Physical Therapy and Bachelor of Science in Kinesiology from the University of Wisconsin-Madison. He evaluates conditions and designs personalized treatment plans to reduce pain and enhance strength, posture, flexibility, and movement.



Katherine Dunne, OD, joined their ophthalmology department. She received her Doctor of Optometry from Illinois College of Optometry in Chicago, and Bachelor of Arts in Biology from Augustana College, Rock Island, IL. Most recently, Dunne worked as an optometrist at Jacobsen Eye Care in Silvis, IL, and previously at Lifetime Eye Health Associates in Davenport, IA. She provides routine and preventive care of the eyes as well as the diagnosis, treatment, and management of diseases affecting the eye and vision. ♦



FAITH & POLITICS: *Called to Be a Voice for the Common Good*

Tuesday, October 20, 6:30 - 8:00 pm at Shalom

Join us as we explore the meaning of "politics," and, from a variety of faith perspectives, the vital and necessary connection between faith and our actions in the world—*how faith calls us to be a voice for the common good.*

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Business & Community News

Q CASINO + RESORT PROMOTIONS

Q Casino + Resort and the Dubuque Racing Association (DRA) announced two key promotions to the property's leadership team. **Lance Carnahan** has been named vice president/general manager, and **Diana Schulz** has been named director of hospitality. Carnahan will serve as the senior operations executive at Q Casino + Resort with day-to-day accountability for gaming, hospitality, and entertainment across the property. Schulz will lead all hospitality operations for the resort's Key Hotel and Hilton Garden Inn properties, as well as resort-wide housekeeping and hospitality sales.

EAGLE POINT SOLAR ACHIEVES RANKING

Eagle Point Solar, Dubuque, revealed they are ranked number 4,924 on the 2026 *Inc.*

5000, the magazine's annual list of the fastest-growing private companies in America. The ranking provides a snapshot of the most successful companies within the economy's most dynamic segment – its independent, entrepreneurial businesses.

LEAGUE OF WOMEN VOTERS FORUM

Dubuquers will elect a county attorney, a county recorder, two county supervisors, and a county treasurer on November 3, 2026. The Dubuque League of

Women Voters will host a public forum on Wednesday, October 14 so citizens can get to know the candidates, hear their priorities, and ask them questions. It will take place in the City Council Chambers, Historic Federal Building, 350 W. 6th Street, at 5:30 PM. All the candidates have been invited. City of Dubuque staff will livestream the forum on Facebook, YouTube, and CityofDubuque.org. It can also be viewed on channel 5 on ImOn and channel 8 on MediaCom. ❖



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Union Term-Share Certificate that matured not more than 10 calendar days prior to depositing them into the Achieve Money Market Account. The minimum balance to earn the APY is \$25,000.00. As of 8/24/26, the tiered introductory rate structure is as follows: \$0.00-\$24,999.99 at 0.00% dividend rate and 0.00% APY; \$25,000.00-\$99,999.99 at 4.00% dividend rate and 3.66% APY; \$100,000.00-\$249,999.99 at 4.00% dividend rate and 3.66% APY; \$250,000-\$1,000,000.00 at 4.00% dividend rate and 3.66% APY.

As of 8/24/26, the standard variable rate tiers that apply after the 180-day promotion period are as follows: \$0.00-\$24,999.99 at 0.00% dividend rate

and 0.00% APY; \$25,000.00-\$99,999.99 at 3.20% dividend rate and 3.25% APY; \$100,000.00-\$249,999.99 at 3.20% dividend rate and 3.25% APY; \$250,000-\$1,000,000.00 at 3.20% dividend rate and 3.25% APY.

Business accounts are excluded, and public funds are not accepted in the Achieve Money Market account. This account is limited to a maximum of one Achieve Money Market account per member. Maximum deposits may apply. Fees could reduce earnings. Rates, terms, and conditions are subject to change at any time.

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CULBIES EVENT CENTER	13	GARAGE EXPERTS OF GREATER DUBUQUE	17	SHALOM SPIRITUALITY CENTER	30
DIMENSIONAL BREWING.....	26	MASON DIXON SALOON.....	23	SOUTHWEST HEALTH.....	BACK COVER
DUBUQUE CHORALE PREMIER EVENT.....	9	MEDICAL ASSOCIATES		STATERA INTEGRATED HEALTH & WELLNESS.....	15
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