

THE DUBUQUE AREA LIFESTYLE MAGAZINE, OCTOBER 2025

FREE

JULIEN'S JOURNAL



**EDUCATORS LEAD THE
CHANGE IN BUILDING
A STUDENT-CENTERED
CULTURE**

**WE ALL SCREAM FOR
DELANEY'S ICE CREAM**

**ON THE
FIRE JERRY LEE
XPERIENCE**

**DUBUQUE THEATER AND ORCHESTRA
2025-26 SEASON PREVIEW**

One simple step can be the difference.



Schedule your *mammogram* today.

Breast cancer affects **1 in 8 women** during their lifetime—and men can be affected, too. The good news—when detected early, it's highly treatable. Regular mammograms are the best way to find changes before symptoms appear. At Medical Associates, we offer advanced imaging and expert breast care, giving you peace of mind close to home.

Mammograms may feel daunting, but the process is quick—taking only 15–30 minutes from start to finish. Taking this small amount of time could make a lifetime of difference.

40+

If you're **40 or older**, it's time to schedule your mammogram.



Most breast lumps are **not cancerous**, but they should never be ignored.



Make it routine: **Monthly self-exams** help detect changes early.



Men should also review their screening needs with their provider.

SCREENINGS ARE EASY TO SCHEDULE

Talk to your primary care provider (PCP) to schedule your mammogram. Don't have a primary care provider? Call our **Care Connect Advisor at 563-584-4570** to get started. This screening could save your life.

THE WAIT IS OVER.

10 ideas for dubuque's future

PUBLIC UNVEILING OPEN HOUSE

thursday, october 16 | 5 - 7 p.m.

dubuque museum of art dupaco voices building
1000 jackson st.

envision2030

You came, you saw, you voted.
Now, find out which ideas the
community chose as the top 10
to strengthen our region.

Explore local artists' interpretations
of the top ideas.

Enjoy drinks and appetizers.

Celebrate Dubuque's future with
your neighbors.

details at envision2030.org

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JULIEN'S JOURNAL

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ON THE COVER: Bell Tower Theater production Where You Are, April 2025. Photo contributed by Bell Tower Theater.

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Photo of the Month

This photo of Washington Park was submitted by Gary Fagan of Fagan Photography. Visit Garyfaganphoto.smugmug.com or email faganphoto@aol.com. Comments and photos for possible use in a future issue can be sent to Robin@JuliensJournal.com.



PUBLISHER'S NOTE

The month of October graces Dubuque with mild days, crisp nights and a splendid burst of color in our trees. This change of color in the leaves is a process called senescence, which is brought on by changes in the length of daylight and cooler temperatures. This is a natural process where the green chlorophyll pigments in the leaves break down and reveal three other pigments, which give the leaves their autumn hues. If the leaf has predominantly anthocyanins, the color will be red; if the leaf has anthocyanins and carotenoids, the predominant color will be orange; and if the leaf has mainly carotenoids, the leaf will be yellow. Regardless of how it works, the process makes the Dubuque area a beautiful place at this time of year. Let's enjoy it while it lasts.

Inside this issue

There is something magical about a live performance, and those in the tri-state area are fortunate to have a wide variety of opportunities to experience the arts in person. From classical music to theater, four cultural organizations provide something to enchant just about every audience. Read our review of the upcoming season on page 20

Jackson Park, originally known as Jackson Square, wasn't always a public park. Located between Main, Iowa, 15th, and 17th Streets, the northern part of today's park was once the site of Dubuque's first designated cemetery. Learn how it became a public park on page 22

A new partnership between the Community Foundation of Greater Dubuque and the GRAD Partnership is helping bring a new approach to student success to Eastern Iowa schools. Learn more on page 24

I scream. You scream. The Tristate Area screams for Delaney's Ice Cream. Read our review on page 29.

The Frosted Glass typically reviews a beer, but we're changing things up a bit this month and covering a cider. Read our review on page 31.

TeamWine reviews two wines that are perfect for October. Learn about them on page 32.



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CALENDAR OF EVENTS

THE FINE PRINT

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Upcoming Events Should be Emailed to Juli@JuliensJournal.com.

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Tune In:

CLARKE UNIVERSITY MUSIC EVENTS

Autumn String and Sing • October 15

Winter String Orchestra Concert • December 2

Clarke Faculty Collaboration Recital • February 18

**Julien Winds & Clarke Wind Ensemble
Old Friends & New Acquaintances • March 22**

Musical Menus at the Hotel Julien • March 27

**Julien Winds & Clarke Wind Ensemble
Mind Game • May 3**

View complete list of events →

Check out Clarke's music program & scholarships at clarke.edu/music



Clarke UNIVERSITY

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1005 Main Street in Dubuque | Thurs-Sat: 11-3 By appt: Tues-Sat

October Events

Events are subject to change. Please visit listing sites for the most up-to-date information. Submissions may also be edited and are printed at the discretion of the publisher.

Distinctively Dubuque

Wednesdays, October 1-29

5:30–8:30 PM @ Greater Dubuque Development Corporation

This five-night interactive course is designed to connect newcomers with one another and their new hometown. Each night takes place at a different venue, covering topics including local government, arts, recreation, volunteerism, and more. Spots are limited. RSVP required. Visit bit.ly/dd_registration.

Live Music & Events Featuring Various Artists

October 1-31 @ O So Good Winery, 2093 20th Ave., SE (Dyersville, IA)

Come for live music, food, and events throughout the month. Gather with friends and have a fun evening with a favorite glass of wine or try something new. Visit them at the Dubuque Farmer's Market on Saturdays. Checkout the website for all upcoming events. Visit OSoGoodWinery.com.

Wild West Wednesdays

Wednesday, October 1, 8, 15, 22 & 29

7-11 PM @ Dubuque County Fairgrounds

Come for country dance music and fun. All ages. Visit DBQFair.com.



Bluff Strokes Paint Out

Friday and Saturday, October 3-4, Friday, 6-9 PM; Saturday 9 AM-4 PM @ Steeple Square, 101 E. 15th St.

Celebrate art and Dubuque! Friday enjoy conversations with artists while finding original art of your most memorable site. Food provided by the Q Resort & Casino with music by Marcus deJesus. Tickets are \$150 Single Admission, includes 2 drink tickets and \$100 voucher towards the purchase of art.

The sale continues on Saturday with new art to be viewed. Food Vendors will be Devour Cafe and Hangry Hobo, with live Music by James Riley, Lexi Healy, Ben Dunegan. Admission is free. Visit BluffStrokes.org.

First Fridays

Friday, October 3

@ Various Locations in Dubuque

First Fridays is a free downtown monthly community arts event with open galleries, artists' studios, and live entertainment Visit FirstFridaysDubuque.org.

The New Fangled Four

Friday, October 3, 7:30 PM @

University of Dubuque, Heritage Center

The Newfangled Four is one of the top barbershop quartets in the world and they are proud to introduce the barbershop artform to aspiring young singers around the world. Visit Dbq.edu/HeritageCenter.

NOV. 1-2
FIVE FLAGS THEATER

DSO *Center Stage*

Season packages for our three remaining Classics available.

Skip box office lines & online fees! Order by Oct. 27th. Call 563-557-1677

From an exhilarating brass fanfare to the lush, emotionally charged *Symphonic Dances* by Sergei Rachmaninoff, the remarkable talent of Dubuque Symphony Orchestra musicians takes center stage!



TICKETS START AT \$20
DubuqueSymphony.org
or Five Flags Box Office

Ticketmaster fees added to online purchases, save by buying direct at the box office.

CONCERT CO-SPONSORS: JIM & JEAN GANTZ
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GUEST ARTIST SPONSOR: TIM & CONNIE HODGE

DUBUQUESYMPHONY.ORG

CALENDAR OF EVENTS



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We're here, **for Good.**

Swiss Valley Trail Races

Saturday, October 4

7 AM @ Swiss Valley Nature Preserve
(Peosta, IA)

This trail run will feature all the best of the Dubuque County landscape including creek crossings, steep inclines, and rugged terrain. The run will offer three distance options: 5.2 miles, 25k, and 50k all set against the backdrop of Swiss Valley Nature Preserve. Visit SwissValleyTrailRaces.com.

Dubuque Farmers Market

Saturdays, through October 25

8 AM-12 PM @ Iowa Street at 11th
through 13th Streets

Rain or shine, the market stretches over three city blocks. Visit DubuqueFarmersMarket.org.

Kids Expo

Saturday, October 4

10 AM-2 PM @ Grand River Center

Visit over 40 booths to learn more about resources in the community; pick up information and giveaways. Exhibitors include arts, sports, recreational groups, educational services, health care services, social service groups, family-friendly businesses, and more. Visit Facebook.com/KidsExpo2025.

Early Explorers: S is for Snake

Saturday and Tuesday, October 4 & 7

10-11 AM @ National Mississippi River
Museum & Aquarium

Programs include a variety of hands-on activities, including a craft and a game. Ages 2-5 with a parent/caregiver. Visit RiverMuseum.org.

DSO Season Opener: An American Playlist

Saturday and Sunday, October 4-5

Saturday, 7:30 PM; Sunday, 2 PM @
Five Flags Theater

Join the Dubuque Symphony Orchestra in a joyful, heartfelt tribute to an American musical genius. Grammy Award-winning pianist Michelle Cann is featured in Florence Price's "Piano Concerto in One Movement" & Gershwin's "Rhapsody in Blue". Visit DubuqueSymphony.org.

Chanticleer

Sunday, October 5

4 PM @ University of Dubuque,
Heritage Center

Founded in 1978 Chanticleer quickly took its place as one of the most prolific recording and touring ensembles in the world. Visit Dbq.edu/HeritageCenter.

Bell Tower Theater



The Second-to-Last Chance

Ladies League

By Jones Hope Wooten

October 10 to 26, 2025

Tickets \$26

Early Bird Tickets \$13
Oct 10 & 11



Sponsored by:



www.belltowertheater.net

2728 Asbury Road • Dubuque, IA • (563) 588-3377



Active Aging Week

Monday through Friday, October 6-10
@ Stonehill Communities

Adults are invited to celebrate active aging and participate in a variety of free activities throughout the week that address different aspects of wellness including physical, social, spiritual, financial, cognitive, and more. Some activities require pre-registration. Visit StoneHillDbq.com/ActiveAgingWeek.

Wendt Character Lecture

Monday, October 6, 7 PM @ University of Dubuque, Heritage Center

Josh Freedman, co-founder and CEO of Six Seconds: The Emotional Intelligence Network, will deliver his presentation on leading with emotional intelligence—an essential skill for navigating and driving positive change in today's fast-paced, ever-evolving world. Visit Dbq.edu/Wendt.

Homeschool Day

Thursday, October 9 @ Mathias Ham Historic Site

Homeschool Days are held the second Thursday through February. Explore history through hands-on activities, play games, do chores, and learn about lead mining. Visit RiverMuseum.org.

Millwork Night Market

Thursday, October 9, 5-8 PM

@ Jackson Street between 7th and 9th
Shop the Millwork Night Market the second Thursday of every month to find the Driftless Region's best local food, art, and entertainment. Visit MillworkNightMarket.com.

Crescent Lake National Wildlife Refuge

Thursday, October 9

7-8 PM @ EB Lyons Interpretive Center
Wildlife photographer Paul Winer will present a program on Crescent Lake National Wildlife Refuge in Northwest Nebraska, featuring photos from his visit last April. Winer is an active member of the Stewards of the Upper Mississippi River Refuge. Visit AudubonDubuque.org.

School's Out Day Camp

Friday October 10

9 AM-4 PM @ National Mississippi River Museum & Aquarium.

Step into the lives of 18th-century voyagers on the Mississippi through hands-on activities, crafts, and storytelling. Camps are full-day programs held on weekdays when the Dubuque Community School District is not in session. K-5th grade. Visit RiverMuseum.org.

The Second-to-Last Chance Ladies League

Friday through Sunday, October 10-26

@ Bell Tower Theater

When Deedra purchases an historic wedding venue, her friends rally and launch "Occasionally Yours," an events center for all kinds of fresh, new gatherings. With these women so involved in each other's lives, what could possibly go wrong? For show times, see website. Visit BellTowerTheater.net.



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KEY HOTEL



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Steeple Square Event Center | 15th & White
PATRON PARTY & SALE | Friday, October 3, 6-9 pm
ART SALE | Saturday, October 4, 9 am - 4 pm

Visit www.bluffstrokes.org for full week details!

Social: @BluffStrokes • paintout@bluffstrokes.org

Windsor Park Bake & Craft Sale

Saturday, October 11, 9 AM-12 PM

@ Windsor Park, 801 Davis St.

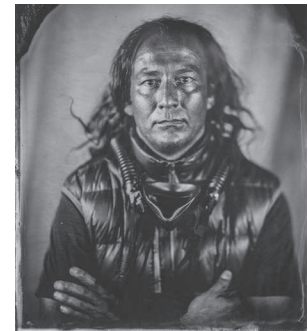
Windsor Park residents and community vendors will hold a bake sale and craft sale. Enter via the lower-level community room doors. For more information, call (563) 582.0646.

River Museum Pawspital

Saturday October 11

9:30 AM - 12 PM @ National Mississippi River Museum & Aquarium

Bring a stuffed animal or doll for a checkup from local healthcare professionals and meet doctors and clinicians. An on-site emergency room will handle minor repairs. Visit RiverMuseum.org.



DuMA in the Millwork District Grand Opening

Saturday, October 11, 1-7 PM

@ Dubuque Museum, 1000 Jackson St.

Celebrate the opening of the Dubuque Museum of Art's (DuMA) temporary residency in the Historic Millwork District, with a free daylong festival of music, performance, games, food, exhibitions, and art making. Museum members are invited to preview the galleries from 12-1 PM, and the public is invited from 1-7 PM. Visit DbqArt.org.



Dubuque Latinx Fiesta

Saturday, October 11

1-7 PM @ 10th & Washington Streets

A celebration of Latinx heritage through live music, food, dance, and resources all in Dubuque's Millwork District. All ages. Visit DubuqueUnidos.com.

Bell Tower Theater
2026 Season
 Get 5 great plays and musicals for **just \$100**

A Savings of Almost 30%!

www.belltowertheater.net,
 visit the box office or call (563) 588-3377

Iowa Power Arena Football vs St. Paul Bears

Saturday, October 11

7 PM @ Five Flags Arena

The Iowa Power is a newly launched franchise in the United Indoor Football Association (UIFA) that brings fast-paced, high-energy indoor football to the heart of downtown Dubuque. Visit IowaPowerFootball.com.

Art Sale

Sunday, October 12

11 AM-2 PM @ Dubuque Arboretum & Botanical Gardens

Discover the artistry of Dennis Powers of Dogwoods. Visit DubuqueArboretum.net.

She Unites

Wednesday, October 15, 6:30-7:30 PM
@ The Innovation Lab, 210 Jones St.

Come together for an evening of socialization and education. She Unites features rotating speakers talking about anything and everything pertaining to women in a chill environment. Visit SheUnitesIowa.com/events.

Twenty Dirty Hands Self-Guided



Pottery Tour

Friday through Sunday, October 17-19
10 AM-6 PM @ 704 Dewey Ave. (Galena)

Self-guided adventure across seven stops in Dubuque, Asbury, Maquoketa, Elizabeth, IL, Galena, IL, and Hazel Green, WI. Discover the works of 24 artists and enjoy live demonstrations. Visit TwentyDirtyHands.com/Tour-Map.

Caregiver Wellness Retreat

Thursday, October 16

10 AM-3:30 PM @ Shalom Spirituality Center

This retreat for non-professional caregivers will include keynote speaker, a vendor fair and sack lunch, caregiver networking, and individual self-care and activity sessions. Visit StoneHillDbq.com/Event/Caregiver-Retreat.

DUBUQUE CHORALE

Ode to the Arts

October 25, 7pm
October 26, 2pm
First Congregational Church UCC

Book Your Party Now

NEW Online Booking Site

PIZZA RANCH FUNZONE ARCADE

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DUBUQUE
Pizza Ranch & FunZone Arcade
2020 Radford Road



1215 E. Platt St., Maquoketa, IA
Box Office Hours: M-F, 9AM - 1PM
Tickets: 563.652.9815
Tickets also available online...

THE ULTIMATE GARTH BROOKS TRIBUTE

Saturday October 18 @ 7 PM

Shawn Gerhard's live performance is an unrivaled celebration of Garth Brooks and has ignited crowds across the country. THE ULTIMATE GARTH BROOKS TRIBUTE featuring Shawn Gerhard is a high energy show based out of Nashville and features unparalleled showmanship, top level musicianship, and promises guaranteed excitement for all ages.

When not touring, Shawn Gerhard is in residence with LEGENDS IN CONCERT in Las Vegas as their 'go-to' Garth Brooks. THE ULTIMATE GARTH BROOKS TRIBUTE featuring Shawn Gerhard is one of the longest continually performing Garth Brooks tribute acts in the world



ALL TICKETS \$35 IN ADVANCE \$40 AT DOOR

Include your next event here!
Send your events to
Juli@juliensjournal.com.

Figure Drawing Open Studio

Thursday, October 16

6-8 PM @ Bluff Strokes Art Center

Come for open figure drawing sessions. No instruction is provided. Experienced figure models, a great space, and a wonderful community. Nude models; must be 18+. Visit BluffStrokes.org.

Colors in Motion Quilt Show

Friday and Saturday, October 17-18

Friday, 12-7 PM; Saturday, 9 AM-4 PM

@ Dubuque County Fairgrounds

The show features talents of Cable Car Quilt Guild members as well as quilters from the area. Over 100 Quilts on display. Visit CableCarQuilters.com.

Dracula - A Comedy of Terrors

Friday, Saturday, and Sunday,
October 17-26, Fridays & Saturdays,
7:30 PM; Sundays, 2 PM

@ The Grand Opera House

Ever wondered what would happen if you took Bram Stoker's legendary vampire tale and put it into a blender with Mel Brooks, Monty Python, and The 39 Steps? That's just what happens in this lightning-fast, laugh-out-loud, gender-bending romp. Visit TheGrandOperaHouse.com.

Middle School Art Adventure

Saturday, October 18, 10 AM-12 PM

@ Bluff Strokes Art Center

Explore how color choices and shading can bring artwork to life. Visit BluffStrokes.org.

HALLOWEEN TROLLEY RIDE!

Join our Halloween Tour Package the Mississippi River Museum that includes at stop at the River Museum, a Trolley Ghost Run and a stop at the Mathias Ham House for a Ghostly Cocktail.

Only Two Dates are Available
October 10th & October 17th



For more information contact Trolleys of Dubuque at 563-552-2896 / trolleysofdubuque@gmail.com, or River Museum for further details.

Trolleys of Dubuque
Making Memories Along the Mississippi
TrolleysOfDubuque.com



All events are subject to change. Visit the online calendar at CarnegieStout.org/Events for the most up-to-date information.

StoryWalk®

An outdoor reading experience that displays pages of a book along a path. Locations: The 22nd Street Bee Branch Creek and Dubuque Arboretum & Botanical Gardens.

Grab & Go Activity Bags

Stop in every month for a fun, crafty activity for all ages while supplies last.

Ghost Who? Scavenger Hunt

October 1-31

Visit the children's section of the library to see if you can find all the book characters dressed up as ghosts. All ages.

Preschool Storytime

Wednesdays, October 1 through December 10 @ 10:30 AM

Stories, sing-alongs, and movement activities. Ages 3-6. Adult participation required.

What's the Best Pet?

Wednesday, October 1 @ 4 PM

Ages 6-11. Registration required.

Skeleton Fashion Show

Wednesday, October 1 @ 5:30 PM

Come design an outfit for a mini skeleton to display at a fashion show or register for a take-home kit with all the supplies. Ages 10+. Registration required.

Virtual Author Talks

Thursday, October 2 @ 1 PM

Nuestra América: Stories of 30 Inspiring Latinas/Latinos Who Have Shaped the United States with Smithsonian educators. Registration required.

Hearth and Page Society

Thursday, October 2 & 30 @ 5-6:45 PM

Ages 18+.

Art @ your library Opening Reception

Friday, October 3 @ 5:30 PM

The public is invited to attend the opening reception of the latest "Art @ Your Library"

exhibit. All ages.

Spooky StoryWalk at the Bee Branch

Saturday, October 4 @ 2 PM

Come to the 22nd Street Bee Branch Creek Greenway for an outdoor storytime and a mini parade around the park. Costumes are welcome but not required. Ages 2-8.

Toddler Time

Mondays, October 6 through December 8 @ 9:30 AM & 10:30 AM

Programs feature short stories, songs, and movement activities. Ages 18-35 mos. Adult participation required.

Reading Roundtable Book Club

Monday, October 6 @ 6-7 PM

Books are available at the check-out desk. Ages 18+.

Baby Rhyme Time

Tuesdays, October 7 through December 9 @ 10:30 AM

Hear stories, rhymes, and songs during this interactive program. Ages birth-18 mos. Adult participation required.

Ukulele Time!

Tuesday, October 7 & 21 @ 6-7 PM

Adult ukulele lessons. Registration required.

Beginning Chapters Book Club

Wednesday, October 8 @ 4 PM

Do you like Magic Tree House, Junie B. Jones, and Nate the Great books? If so, this book club is for you. Ages 7-9. Registration required.

Minecraft Mania

Wednesday, October 8 @ 5:30 PM

Ages 7-14. Registration required.

Self Defense for People with Mobility Issues

Thursday, October 9 @ 1 PM

This class is hands-on, participant lead, fun, and judgment free. Ages 18+.

Beyond the Book Club

Thursday, October 9 @ 4 PM

Read a new title each month and then meet up for a discussion and unique activity related to the book. Ages 9-12. Registration required.

Movie Night

Thursday, October 9 @ 6 PM

Come for a free movie suitable for adult audiences. Ages 16+.

Virtual Author Talks

Thursday, October 9 @ 6 PM

10 Years of Daring Heists and Loveable Outcasts in Ya Fantasy with Leigh Bardugo. Registration required.

Book Bedazzling

Friday, October 10 @ 10 AM-12 PM

Bring a favorite book or choose a donated book and add dazzle to the cover. Ages 10-17.

3D Paper Pumpkin Sculptures

Friday, October 10 @ 3:30 PM

Celebrate spooky season with an artsy 3D

**MAKE IT
PERSONALIZE
IT
CREATE IT**

**Carnegie-Stout
PUBLIC LIBRARY**

carnegiestout.org

CALENDAR OF EVENTS

pumpkin sculpture. Ages 7-12. Registration required.

Lollipops & Music

Saturday, October 11 @ 10 AM

This concert series is offered for preschool children and their families. Children must be accompanied by an adult.

Reading with Rover

Saturday, October 11 @ 10:30 AM

Read or listen to a story with some furry friends. Do not bring a pet; kid-friendly dogs are provided. Ages 6-9.

Dubuque Area History Expo

Sunday, October 12 @ 1 PM

Held at Loras College, the Dubuque Area History Expo offers an opportunity for history enthusiasts, students, and the public to explore the area's rich past through presentations, an exhibition hall, and networking. All ages.

Mini Banned Book Ornaments

Tuesday, October 14 @ 5:30 PM

Grab a friend and head to the library to make cool art and eat snacks. Ages 10+. Registration required.

American Girl Time Travelers

Wednesday, October 15 @ 4 PM

This monthly event brings history to life through the stories of the American Girl historical characters. Ages 7-12. Registration required.

Pokémon Club

Wednesday, October 15 @ 5:30 PM

Meet other Pokémon trainers. Ages 6-12. Registration required.

Upcycled Halloween Lanterns

Thursday, October 16 @ 5:30-7:30 PM

Make an upcycled Halloween lantern with Zoë Zeien Ages 18+. Registration required.

LEGO® Challenge

Saturday, October 18 @ 10 AM

Build, create, and have fun. The library provides the LEGOs®. Donations welcome. Ages 5-12.

Family Book Bingo

Saturday, October 18 @ 2 PM

Ages 4-12.

Line Dancing

Monday, October 20 @ 5 PM

Classes take place at Adam's Dance Connection, 900 Jackson St., Suite 108A. Ages 18+. Registration required.

Exercises to Improve Posture

Monday, October 20 @ 5:30-6:30 PM

Wellness series with Unified Therapy Services. Ages 18+. Registration required.

Movie Matinee @Carnegiestout

Wednesday, October 22 @ 2-5 PM

Ages 18+.

3D Design using TinkerCAD

Thursday, October 23 @ 5:30 PM

Join the MakerSpace staff and learn how to design 3D prints. Ages 10-18. Registration required.

Sun SHINE Squad

Tuesday, October 28 @ 4 PM

Work on volunteer projects while providing feedback on making the library a welcoming place for teens. Ages 12-18. Registration required.

Virtual Author Talks

Wednesday, October 29 @ 1 PM

Courtly Intrigue and Whispers as Weapons with Phillippa Gregory. Registration required.

Sew Cute Embroidery Kits

Thursday, October 30 @ 1 PM

Start an easy project and go home with an embroidery kit. Ages 12-17. Registration required.

Creepy Crawly Planters

Thursday, October 31 @ 10 AM

Make upcycled relief planters. Ages 6-14. Registration required.

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Our Fall and Winter 2025 Program Guide is here!

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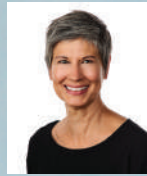
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Get Inspired with *Ode to the Arts*

by Sarah Slaughter

The arts are a vital part of all human cultures that both influence and reflect how we see the world. This October, The Dubuque Chorale, their chamber choir Cadenza and both Dubuque Chorale Children's Choirs present *Ode to the Arts*, with music inspired by forms of art like painting, dance, and poetry. The concert also coincides with National Arts and Humanities month, which was established in 1993 to encourage participation in and support for the arts and humanities across the United States.

Above: Dubuque Chorale singers are active in many areas of the arts. Chorale Tenor Thomas Taylor shows off another one of his talents, dancing with partner Jenna Smith to "Hernando's Hideaway" from the musical The Pajama Game

“I can’t think of any single thing that has had more impact on my life than the arts,” says Dubuque Chorale Children’s Choirs (DCCC) Program Director Karmella Sellers. Victoria Bausman, DCCC Staccati Singers Conductor, says a goal of this concert is “reminding ourselves and our audience of the value the arts hold in our lives, and creating connections that reach beyond the concert hall to touch a broader community.” This concert invites the audience to reflect on how the arts have shaped their own lives and explore the arts in the Dubuque community.

Participating in the creation of art in any form can have significant benefits for an individual’s well-being. Studies have linked arts participation to positive mental and physical health outcomes, such as reduced cognitive decline in older adults, lowering cortisol levels, and improving mood. “For me personally, singing is restorative,” says Bausman, “it grounds me, re-energizes me, and helps me carry joy into daily life. The same can be true for anyone who finds their own creative outlet.” Many forms of art include activities that are linked to other positive health outcomes like increasing physical activity through dance or encouraging social connection through making music with others.

These benefits are especially crucial for young people. Bausman and Sellers have firsthand experiences of how music education has impacted the children who participate in the DCCC. “We get to watch our singers grow as humans,” says Sellers, “They become more confident, more compassionate. We solve problems together; we learn discipline and work ethic. It’s a beautiful thing to watch.” Research backs up these observations - arts education increases emotional resilience, empathy, and self-efficacy in children and adolescents.

In addition to benefiting individuals, the arts help strengthen communities, both economically and socially. According to the Arts & Economic Prosperity VI national economic impact study, the arts and culture industry in Dubuque generated \$70.4 million in annual economic activity in 2022. The study also noted that the arts foster social cohesion and a sense of pride in the community. Dubuque has a lot to offer in terms of arts experiences including ballet, a symphony orchestra, plays, museums, murals, and art shows.

Dubuque Chorale Artistic Director Amanda Huntleigh is excited to highlight arts connections across the community. “Cross-artistic connections are important to me because it is an opportunity for one artist to shine a light on other art and artists,” says Huntleigh. This concert will shine that light on two artists from the Chorale’s own membership - Chorale soprano Mary Bryant and Associate Director Than Chesher have each composed original songs that will be performed by the Chorale. “It is a beautiful opportunity for the composers to hear their pieces come to life with live voices, and be an active part of the performance preparation,” says Huntleigh of the collaboration.

Art in every form creates an emotional response in the beholder. When two forms of art are combined, the audience is able to engage multiple senses at once and deepen their experience of the work. The song “Sunday” from Stephen Sondheim’s *Sunday in the Park with George*, depicts the artist Georges Seurat finishing his most famous work, *A Sunday Afternoon on the Island of La Grande Jatte*. “At Such a Dizzy Height,” composed by Joan Szymko, takes inspiration from the stained-glass windows of Marc Chagall with lyrics adapted from letters between the artist and his wife, Bella.

Come to *Ode to the Arts*, and let the Dubuque Chorale, Cadenza, and Children’s Choirs inspire you to tap into your creative side.

Ode to the Arts

Saturday, October 25, 7pm

Sunday, October 26, 2pm

First Congregational Church UCC

255 W 10th St, Dubuque, IA 52001

There is no charge for admission, freewill donations appreciated



Learn more about the arts in Dubuque

<https://www.cityofdubuque.org/307/Arts-Culture>

Thank you to our sponsors and in-kind donors: Premier Bank, Gronen, Iowa Arts Council, Iowa Economic Development, City of Dubuque, DRA, National Endowment for the Arts, Henry Family Foundation, Schoen Family Charitable Trust, The Wahlert Foundation, Holy Trinity Lutheran Church, Bread of Life Presbyterian Church, Grand View Methodist Church, Church of the Nativity, First Congregational Church UCC, Sisters of Charity BVM and the Greater Dubuque Development Corporation.



The DCCC Legati Singers perform with Cadenza at the May 2025 concert Books & Ballads, conducted by Associate Director Than Chesher

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Grades 3-5 Art Adventure

Saturday, October 18

1-2:30 PM @ Bluff Strokes Art Center

Come make art and make friends. Visit BluffStrokes.org.

Dubuque Halloween Parade

Saturday, October 18

7 PM @ Washington park to Jackson

Come to the Dubuque Halloween Parade sponsored by the Julien Dubuque International Film Festival (JDIFF). This community event will feature spectacular floats, marching bands, costumes, and more. Visit JulienFilmFest.com.

The Ultimate Garth Brooks Tribute

Saturday, October 18

7 PM @ Ohnward Fine Arts Center
(Maquoketa, IA)

Shawn Gerhard's live performance is a celebration of Garth Brooks and has ignited crowds across the country. All ages. Visit OhnwardFineArtsCenter.com.

The Little Mermaid

Tuesday, October 21

9:45 AM-12:15 PM @ University of Dubuque, Heritage Center

Part of the Schoolbus Performance Series. Recommended Grades: PreK-5. Visit Dbq.edu/HeritageCenter.

An Evening with Raul Malo

Friday, October 24

8 PM @ University of Dubuque, Heritage Center

Raul Malo is the frontman for The Mavericks. His freewheeling, swaggering style seamlessly blends neotraditional country, rock 'n roll, and Latin rhythmic fervor. Visit Dbq.edu/HeritageCenter.

Clean-Up Day #1

Saturday, October 25

9 AM-12 PM @ Dubuque Arboretum & Botanical Gardens

Free lunch provided. Visit DubuqueArboretum.net.

Paper Mâché Masquerade

Saturday, October 25

10 AM-12 PM @ Bluff Strokes Art Center

Start building a hat, mask, or headpiece from upcycled materials and paper mâché. High-school aged students. Visit BluffStrokes.org.

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Iowa Power Arena Football vs Ohio Boom

Saturday, October 25

7 PM @ Five Flags Arena

The Iowa Power is a newly launched franchise in the United Indoor Football Association (UIFA) that brings fast-paced, high-energy indoor football to the heart of downtown Dubuque. Visit IowaPowerFootball.com.

Beatles vs. Stones

Saturday, October 25

8 PM @ Five Flags Theater

Enjoy alternating power sets with the two bands coming together on stage for an amazing encore makes this show a once-in-a-lifetime event. Visit FiveFlagsCenter.com.

Pressed Flower Ornament

Sunday, October 26

10 AM-12 PM @ Dubuque Arboretum & Botanical Gardens

Create a pressed flower ornament. Visit DubuqueArboretum.net.

School's Out Day Camps

Thursday, October 30

9 AM-4 PM @ National Mississippi River Museum & Aquarium

From gooey snails to slithering snakes, come discover the wild and wiggly world of all things slimy and scaly. Camps are full-day programs held on weekdays when the Dubuque Community School District is not in session. K-5th grade. Visit RiverMuseum.org.

School's Out Day Camp

Friday, October 31

9 AM-4 PM @ National Mississippi River Museum & Aquarium

Get into the Halloween spirit and meet some of nature's creepiest (and coolest!) critters. Camps are full-day programs held on weekdays when the Dubuque Community School District is not in session. K-5th grade. Visit RiverMuseum.org.

48th Annual National Farm Toy Show

Friday through Sunday, November 7-9

Friday, 5 PM; Saturday & Sunday, 9 AM @ Multiple Locations (Dyersville, IA)

Attend the largest farm toy show in the U.S. with over 200 vendors from more than 15 states. The show is in Beckman High School, National Farm Toy Museum, Commercial Club Park, and 2 outdoor sales locations. For more information, email WLarson@ToyFarmer.com.



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The Texas Tenors are bringing their beloved “Deep in the Heart of Christmas” holiday spectacular to the University of Dubuque Heritage Center, promising an unforgettable evening of festive entertainment for ages 3 to 103.

This Billboard #1 recording trio—JC Fisher, Marcus Collins, and John Hagen—rose to fame on *America’s Got Talent* in 2009 and have since

become the most successful music group in the show’s history. The three-time Emmy Award winners and 2022 Texas Country Music Hall of Fame inductees are celebrating their 16th anniversary as a group.

Their Christmas show features holiday favorites like “O Holy Night,” “White Christmas,” and “Silver Bells,” alongside patriotic selections including “God Bless the USA” and

inspirational pieces like “Amazing Grace.” The classically trained tenors seamlessly blend genres from country to classical, offering something special for every musical taste.

As Collins notes, audiences can expect “uplifting music with a positive message” that captures the beautiful spirit of the season.



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Soundscapes

Contributed photo

Dubuque Symphony Orchestra Soundscapes season.

DUBUQUE THEATER AND ORCHESTRA 2024-2024 SEASON PREVIEW

by Beth Triplett

There is something magical about a live performance, and those in the tri-state area are fortunate to have a wide variety of opportunities to experience the arts in person. From classical music, to plays, comedies, ballets, and holiday festivities, four major cultural organizations provide something to enchant just about every audience.

THE DUBUQUE SYMPHONY ORCHESTRA

The Dubuque Symphony Orchestra (DSO)'s 2025–26 concert season, *Soundscapes*, opens the weekend of October 4th, inviting audiences to experience the orchestra's power to paint vivid musical landscapes that resonate with the heart, mind, and soul.

Highlights of the season include orchestral masterpieces such as Gershwin's *Rhapsody in Blue*, Rachmaninoff's *Symphonic Dances*, Sibelius' *Finlandia* and Symphony No. 1, Mozart's Symphony No. 40, Barber's Violin Concerto, and the monumental Beethoven's Ninth Symphony, featuring a massive choir and vocal soloists in the season finale.

The upcoming season also features an impressive lineup of world-class soloists, including the return of acclaimed cellist Zuill Bailey as Artist-in-Residence. Bailey will perform a new cello concerto by Dubuque

native Michael Gilbertson and take part in a variety of community outreach events. Also joining the DSO on stage throughout the season are Grammy award-winning pianist Michelle Cann, violinist and former DSO Concertmaster Eleanor Bartsch, and vocalists Megan Gloss, Amanda Hauta, Iris Allen, and Álvaro Ramírez.

In addition to the Classics Series and season finale, audiences can look forward to annual Holiday Concerts, DSO Rocks! and Summer Melodies. Newly added this season are innovative chamber music concerts held at unique venues throughout Dubuque, including an October 16 performance at Convivium Urban Farmstead. These intimate performances will showcase soloists from within the DSO.

Season tickets offer the best seats at the best prices. To purchase, call 563-557-1677 or stop in the DSO office at 2728 Asbury Rd. (lower level of the Atrium building in Fountain Park). Open Mondays-Thursdays from 10 AM – 4 PM. Single tickets are available at venue box office or online at **Dubuque-Symphony.org**.

THE BELL TOWER THEATER

The Bell Tower Theater has great comedy and music all year long. They finish out 2025 with rollicking and fast-paced *The Second-to-*

Last Chance Ladies League (October). Tired of the same old Christmas shows? Check out *Every Christmas Story Ever Told (And Then Some!)* in December.

The Bell Tower Theater's newly announced 2026 Season includes five hilarious Subscription Series Shows, and two Youth Shows. Just in time for Valentine's Day, enjoy *Fortune*, a witty and charming comedy about tempting fate. In April, *Roommates* shows that even a best friend can outstay their welcome.

The kids take over in the summer with two new shows. *She Kills Monsters: Young Adventures Edition* is a high-octane dramatic comedy filled with homicidal fairies, nasty ogres, and 90s pop culture set in the world of *Dungeons & Dragons*. *Charlie & the Chocolate Factory* TYA Version is a modern spin on the Roald Dahl classic.

In August, *Love... Or Best Offer* mixes online dating and very bad advice from friends for a hilarious result. Keep watching for the yet-to-be-announced fall comedy in October 2026. The season closes with *The Night Before the Night Before Christmas*.

2026 Season Tickets are just \$100 per person for five Subscription Series Shows plus \$10 to spend at the concession stand. Visit **BelltowerTheater.net** for details.

THE GRAND OPERA HOUSE

The Grand Opera House's 2025-2026 season consists of a variety of plays, musicals, and ballets that will feature talented area residents both on and offstage. A new comedic adaptation of the classic monster story, *Dracula—A Comedy of Terror*, takes the stage in October. This lightning-fast, laugh-out-loud romp is like taking Bram Stoker's legendary vampire tale and putting it into a blender with Mel Brooks and Monty Python.

Ring in the holidays with two exciting productions! Dr. Seuss' *How the Grinch Stole Christmas* will warm the hearts of audience members of all ages. Dubuque City Youth Ballet's annual Christmas tradition, *The Nutcracker*, features whirling Snowflakes and waltzing Flowers as Clara and her enchanted Nutcracker battle the dreadful Mouse King in a nightmare that becomes a beautiful dream.

The season continues in the new year with the theatre for young audiences' production of *Nate the Great*. Based on the classic children's book series, this musical is suited for the youngest of theatregoers. *The Musical Comedy Murders of 1940*, a hilarious whodunit play, takes the stage in March. Following that, The Heartland Ballet presents the enchanting and comic ballet *Coppélia*.

Two musical co-productions with Rising Star Theatre Company finish the season. The timeless songs of ABBA serve as the backdrop to *Mamma Mia!* in June. Finally, head on down to Bikini Bottom for the annual youth production, *The SpongeBob Musical*, in July.

For tickets visit TheGrandOperaHouse.com or contact the box office from noon - 4pm Monday through Friday at 563.588.1305 or in person.

OHNEWARD FINE ARTS CENTER

The Ohnward Fine Arts Center in Maquoketa features a variety of performances to wrap up 2025.

On October 18, The Ultimate Garth Brooks Tribute from Las Vegas comes to the Center. This is a high-energy show from Nashville, TN that recreates Garth's greatest hits with world-class musicians. Shawn Gerhard is an unrivaled celebration of Garth Brooks' music and has ignited crowds across the country.

Kicking off the holiday season is The Ozark Jubilee's - Branson Country Christmas on November 29. Direct from Branson the

OZARK JUBILEE features an all-star cast of Branson's top entertainers. This year presenting, "An All New Christmas Show", With new music and new jokes, but the same, world class talent that you have come to expect! This year the OZARK JUBILEE will be honoring and paying tribute to our veterans and thanking them for their service. The show features a variety of Christmas music from traditional standards such as Silent Night, White Christmas to more contemporary selections.

You can ring in the new year on December 31 with On Fire, The Jerry Lee Lewis Story

featuring David Brooks. David will reprise his iconic performance as Jerry Lee Lewis from "The Million Dollar Quartet." David is Branson's favorite piano man performer. He captivates audiences with his brash style and bold presence on stage. This two-hour production will leave you breathless as Brooks brings The Killer to life. Fronting his live band with his familiar brand of in-your-face talent and unforgettable style.

For tickets call 563-652-9815 or online at OhnwardFineArtscenter.com. Box office hours are 9:00 AM - 1:00 PM Monday through Friday. ♦



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HOW DUBUQUE'S JACKSON PARK BECAME A PUBLIC PARK

Jackson Park, originally known as Jackson Square, wasn't always a public park. Located between Main, Iowa, 15th, and 17th Streets, the northern part of today's park was once the site of Dubuque's first designated cemetery. In late 1833, a cholera epidemic began claiming the lives of early settlers, and the city officials opened burial plots "at the edge of town" and away from the log homes of the city residents. Just a few years later in 1837, there were already problems. First, the cemetery conflicted with the construction of new city streets as the town began to spread toward the north. Second, citizens living nearby didn't like the idea of a cemetery so close to their homes.

By 1851, the city council prohibited new graves in the old cemetery. The city soon purchased ten acres northeast of the city for burials – acres that would come to be known as Linwood Cemetery. In 1856, the city council published a notice in the newspaper instructing all those having family and friends buried in the old cemetery to remove them. In 1858, tombstones and most of the remaining graves from the old cemetery were moved to Linwood Cemetery.

Unfortunately, some graves were left behind in the old cemetery, and as late as 1868, skeletons began appearing following heavy rain falls and young boys were chided for playing "skinny" with the bones. In 1869, the city finally stepped in and hired William Rebman to grade, level, and plant trees in the area of the former cemetery.

The Dubuque *Herald* announced in 1873 that "the city fathers intend to make this plot [Jackson Park] of ground one of the beauty

spots of the city." A few years later in 1877, the city hired architects Heer and Naescher to build a gazebo in the new park. The \$150 project was funded by ten citizens and dedicated by Congressman David B. Henderson in September. The design of the gazebo was questionable with steep stairs and no hand railings. Republican candidate James G. Blaine refused to use the space as a setting for a late 1878 speech, preferring to speak from an A.A. Cooper wagon. The gazebo was torn down and sold for scrap just twenty years later as it had been so neglected that it had become a dangerous eyesore.

Jackson Square was a public park in name only. It was fenced and was unavailable for general public use in its early years. Boys used the vacant lot north of the square for a ball ground and sometimes ran into the square after a batted ball. The pagoda was only available for band use. Sitting in it was forbidden. The police were called to arrest any person trespassing on the square. The July 17, 1879, *Herald* called upon the city "to open Jackson Park to the public."

Eventually, the offensive fence was torn down, and the public was allowed in, but that didn't happen without effort. In May 1880, the Dubuque *Herald* reported that Alderman Jones had suggested opening up the park to the city council. The newspaper commented, "as it is now, it [the park] is of no comfort to anyone...The objection that the young trees will be injured is far-fetched." Some council members pointed out that opening the park to the public would be expensive for the city to maintain. Nearby residents also objected, and the paper suggested that those residents wanted the park "to remain a private lawn... as so much beautiful landscape to look out upon and enjoy exclusively." The council approved new sidewalks and a plan that called for "ornamenting public grounds as a means of educating the people in many things that have an elevating tendency such as botany and floriculture."

In 1890, some thought that Jackson Park would be a perfect place for the new Dubuque County Courthouse. But some referred to an 1861 city ordinance that outlined the use of the space which was:



Contributed photos

Removal of Graves (Center for Dubuque History, Loras College)



(Left) Original 1877 gazebo with steep steps (Center for Dubuque History, Loras College). (Right) Jackson Park Fountain Vintage 1916 Postcard.

- reserved, dedicated and established as a public square
- ... to be known as Jackson Square, forever that the said square shall be reserved and
- appropriated solely as a place of public resort and
- recreation.

Some citizens refused to accept the intent of the old ordinance and were so intent on using the Jackson Park site as the location of the new courthouse that they tried to buy the land. They eventually admitted defeat, and the park survived.

Over time, other additions have been made to Jackson Park. In 1913, a \$4,000 fountain sculpted by Leonard Grunelle was given to honor Judge Benjamin Lacy by his three sons. The monument depicts Potosa, daughter of Meskwaki Chief Peosta and wife of Julien Dubuque. Originally, the fountain boasted a pond complete with goldfish, but that feature was eliminated, possibly due to structural or safety concerns.

In 1966, Jackson Park faced another challenge when the directors of the Boys' Club reached out to the Dubuque Park Board with an offer to buy the land as a site for the new Boys' Club building. On February 10, 1966, the Park Board rejected the offer.

The dead who once rested on the land that has become Jackson Park haven't been forgotten. On September 1, 1996, during Iowa's sesquicentennial, a marker was dedicated to the unknown pioneer citizens who were buried in a common grave on one of Linwood's grassy slopes after they were removed from the old city cemetery. The inscription on the imposing block of limestone reads:

- Unknown but not Forgotten. Buried on this
- hillside are the remains of unknown pioneer
- citizens of Dubuque. Bodies exhumed from the
- area of Dubuque now known as Jackson Park were
- re-interred at this site in 1867. This marker
- was dedicated September 1, 1996 in the
- sesquicentennial year for the great State of Iowa
- to honor these unknown pioneer citizens of Dubuque
- - Iowa's first city.

Jackson Park remains an important part of

downtown Dubuque. In 2014, the Downtown Neighborhood Association, in conjunction with several city departments, planned and installed signage depicting the park's history. On September 27th, members of the Meskwaki tribe along with more than 100 citizens of Dubuque and the city council attended a dedication of the signage and the 1913 memorial of Potosa. ♦

Comments on this article can be sent to comments@juliensjournal.com.

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Educators Leading the Change: Building a Student-Centered Culture

Photo contributed by the Community Foundation of Greater Dubuque.



A new partnership between the Community Foundation of Greater Dubuque and the GRAD Partnership is helping bring a new approach to student success to Eastern Iowa schools.

In our community and across the country, young people are experiencing challenges that previous generations couldn't have imagined. Growing up during a global pandemic while also navigating rapidly advancing technology, they seem disconnected from what matters most in their development, from their education to their relationships.

We at the Community Foundation of Greater Dubuque are proud of our partnerships with local educators that help shed light on these challenges, but sometimes it's the stories from families that are the most eye-opening: In some cases, students report feeling unseen by the adults in their school, or they don't understand how their classroom experiences benefit them in the real world. Some students have even shared that they don't know the name of their teacher.

Hearing stories like these, it's not surprising that chronic absenteeism and course failures are reality for many. These frustrations and failures make us determined to understand the root causes and how our schools can create transformational solutions. That's where the Community Foundation's work with the GRAD Partnership (Gradpartnership.org) comes in.

The GRAD Partnership is a collaborative, national effort partnering with schools, districts and communities to use high-quality student success systems so that schools are

empowered to graduate all students ready for the future. Its work represents the culmination of more than a decade of research and efforts to develop and validate student success systems.

This year, the Community Foundation became one of the GRAD Partnership's newest "intermediaries" – partner organizations with deep community ties and expertise to ensure that student success systems are responsive to local conditions.

"Before we learned about the GRAD Partnership, we had been engaging stakeholders to tackle chronic absenteeism," says Nancy Van Milligen, president and CEO of the Community Foundation. "But we struggled to find methods that could both change the systems that held the problem in place and also be scaled to drive impact across our seven-county region.

"When we were introduced to the GRAD Partnership, though, we got excited. Here was an approach that appeared to be exactly what our schools needed to address our post-COVID reality of chronic absenteeism, course failures, and brain health challenges."

NEW INSIGHTS AND APPROACHES

Starting this year, the Community Foundation will be working with educators in local school districts to determine the best ways of implementing the GRAD Partnership framework and determining how it complements existing strategies.

That means it's still early to tell what this new approach looks like in the Dubuque region. However, conversations with teachers in districts across the country that have put the GRAD Partnership framework into action reveal remarkable insights. Take the story of Lisa, a high school teacher in Albuquerque, NM, for example.

At her school, initiatives were everywhere. Sometimes, there were too many to count. With the GRAD Partnership's approach, she combined several of these teams into one with a focus on student success. Her goal was simple: Build on what was working and make it stronger.

Looking at student data, the team pinpointed

a small group of 25 students who had good attendance but, frequent behavior referrals and were failing classes. To understand the causes, they invited these students to a luncheon focus group and asked questions like, "How are you being greeted every day when you enter school?" Based on the responses, the team developed activities for all students and staff during the first days of the new school year with an emphasis on student and staff connectedness.

Like other teachers we talked with, the teachers in Lisa's school started with a simple recognition: Their students weren't just struggling academically. They were struggling to feel seen, heard and valued as partners in their own learning.

THINKING BIG, STARTING SMALL

Transformation isn't about complete overhauls. Instead, it's built on daily decisions to invite students into conversations that traditionally happen without them. Students are co-creating classroom expectations through regular dialogue sessions in which they identify what helps them learn best. They are involved in analyzing their own data patterns, participate in student success team meetings when appropriate, and help design the supports they need. With other approaches, they might just be recipients of interventions; with this approach, they are partners in identifying what's working and what needs to change.

The GRAD Partnership's student success framework provides the structure that makes this possible. Rather than relying on intuition alone, teachers have a data-driven system for identifying students who need support and evidence-based strategies for engaging them in finding solutions. When students see their real-time data on their indicators – attendance, behavior, course performance and well-being – they become active participants in finding solutions.

EARLY WINS AND FUTURE VISION

The GRAD Partnership's Year-Two Impact Report, released over the summer, shows that middle and high schools implementing student success systems are making substantial progress in reducing chronic ab-

senteism and course failure rates, which are strong predictors of high school graduation and postsecondary success. The report also shows schools reducing disciplinary referrals and students developing a stronger sense of agency, belonging and connectedness.

Teachers we spoke with shared anecdotes that reinforced the GRAD Partnership's data. For example, one teacher's student, an English language learner, said she didn't feel connected to any other students or adults in the building. She was part of a small group of students who were given a survey question every other Friday. One question hit hard: «Did a teacher ask how you were doing, and did they actually care about your response?» Her honest answer was «no.»

Once educators learned this, a teacher met the student at the door every morning and greeted her by name. During recess, teachers coached her to say, «Can I join you?» to other students. Slowly, the walls came down. She felt she had friends at school and that her teachers cared about her. She felt comfortable telling her teacher that she missed school because of immigration court and because she didn't have a metro card. She felt like she belonged, and her attendance improved.

“Seeing the data and hearing the success stories makes us at the Community Foundation eager to help teachers implement this approach right here in the Dubuque region,” Van Milligen says. “Educators implementing the GRAD Partnership framework are proving that student-centered culture is more than just a nice idea. It's a practical reality that transforms outcomes for everyone involved.”

“They're showing us that when we trust students to be partners in their education, when we center their experiences and agency, we don't just improve test scores or graduation rates. We restore the fundamental relationship between learner and learning that makes education meaningful.”

The Community Foundation of Greater Dubuque Envisions a vibrant and inclusive Dubuque region where everyone can thrive. Visit Dbqfoundation.org to learn about the many ways we are building a strong, thriving Greater Dubuque for all—and how you can donate your time, talents, and dollars to transform our region. ♦

This article is made possible by a partnership between the Community Foundation of Greater Dubuque and Julien's Journal.



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All events are subject to change. Visit the website for the most up-to-date information.

Live Blessing of the Animals
Saturday, October 4 @ 1-2 PM

On this Feast Day of St. Francis, bring your pet to the grounds of Shalom and participate in a live blessing for you and your animal friend. All pets must remain on leashes. RSVP.

Rooted & Reaching: Personal Geographies
Sunday, October 5 @ 1-4 PM

This three-hour workshop explores how the places that have shaped you mirror your inner landscape. Registration required.

Fall Hors d'oeuvres and Her Story
Monday, October 13 @ 5-6:30 PM

Come for heavy hors' d'oeuvres, drinks, and a featured speaker.

Silent Book Club
Sunday, October 12 @ 2-3:30 PM

Participants gather to share the same space while reading in silence, without the traditional book club's pressure of having to finish a book on time. RSVP.

Lunch & Renew: Chair Yoga
Wednesday, October 15 @ 11:30 AM-12:30 PM

October's theme is The Immune System. Registration required.

Meditation & Music

Monday, October 20 @ 6:30-7:30 PM

Wear comfortable clothing. Feel free to bring a pillow or blanket. Registration required.



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STATERAINTTEGRATED.COM

All events are subject to change. Visit the website for the most up-to-date information.

No Limb-its Amputee Social & Support Gatherings

Monday, October 6 @ 4-5:30 PM

A monthly gathering where individuals living with limb loss can meet others with similar experiences and struggles.

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OCTOBER 18 / 10-2

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Contact Chelsea Middendorf for more information: 815.281.1648



Prenatal Yoga

**Mondays, October 6 through November 3
@ 5:30-6:20 PM**

Prepare for birth and motherhood in this 5-week series.

Your Birth: Beyond the Basics

Monday, October 13 @ 6:30-8:30 PM

Discover how to work with your body, not against it, for a more comfortable efficient birth.

Living Well: Living with Anxiety

Thursday, October 16, 5-6:30 PM

This interactive workshop is about understanding anxiety and anxiety disorders, unique treatments options, and practical applications.

NEWS

SURGEON JOINS CRESCENT

Crescent Community Health Center announced the addition of oral and maxillofacial surgeon **Dr. George Anastassov, MD, DDS, MBA** to its provider team. This expansion marks a significant milestone in Crescent's continued efforts to increase access to comprehensive care for patients in Dubuque and the surrounding communities.

Anastassov brings more than 30 years of surgical experience including expertise in complex oral and maxillofacial procedures. At Crescent, he will provide a range of in-house oral surgery services, including wisdom tooth extractions, dental implants, jaw and facial surgery, bone grafting and ridge preservation, and more.

**SPINE SURGEON JOINS MEDICAL ASSOCIATES**

Medical Associates Clinic announced the arrival of **Jared Cooke, DO**, to their orthopedics department.

Cooke received his medical degree from Touro College of Osteopathic Medicine in New York, NY, and Bachelor of Arts in English and Creative Writing from the University of Wis-



consin-Madison. He has also completed his residency in orthopedic surgery at MountainView Regional Medical Center in Las Cruces, NM, and fellowship in complex and minimally invasive spine surgery at the Swedish Neuroscience Institute in Seattle, WA.

With expertise in spinal health, Cooke provides surgical care for a wide range of spine conditions. He also offers advanced, minimally invasive procedures designed to

promote active recovery and preserve motion. Most recently, he worked as an orthopedic spine surgeon at Atlantic Orthopaedic Specialists, Virginia Beach, VA.

Cooke specializes in disorders of the cervical, thoracic, and lumbar spine. He provides care focused on the prevention, diagnosis, and treatment of spinal conditions, utilizing a combination of non-operative approaches and minimally invasive, image-guided robotic techniques.

HEARTS CONNECTED IN LOVE AND LOSS: A HOLIDAY GRIEF CIRCLE

Sunday, November 2, 2:00 - 3:30 pm with Bonnie D'Souza



Join us for a gentle gathering to honor both our grief and our love during the holiday season. Together, we'll create a sacred altar with photos and mementos of our dear ones who have died, and hold space for memories, challenges, and whatever needs to be spoken.

We'll explore compassionate ways to navigate the holidays while grieving and close with a meaningful ritual to connect with our loved ones. This circle offers community, understanding, and sacred space for all the feelings this season may bring.

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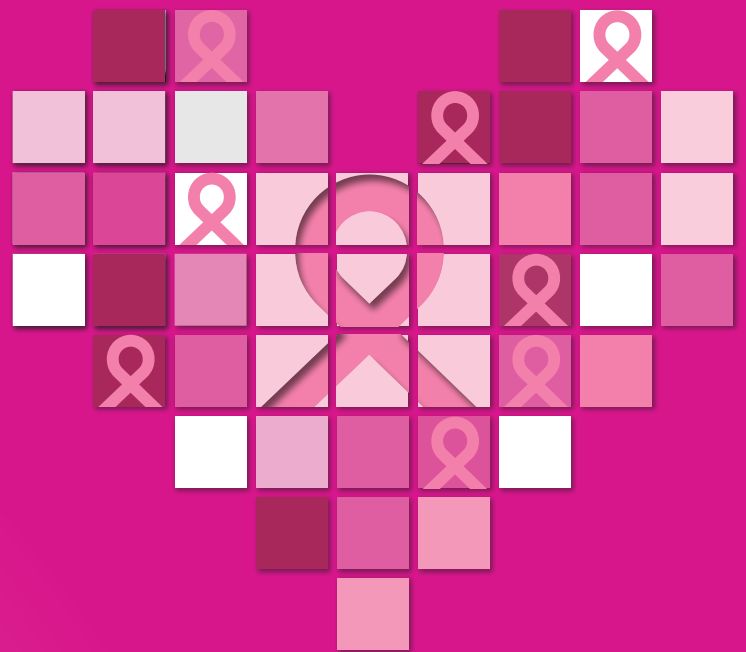
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RESTAURANT REVIEW

Taste



by Cassie Cate

Contributed photo by Cassie Cate

Ava Delaney enjoys a special treat from her dad Matt's ice cream business, Delaney's Ice Cream Shoppe.

WE ALL SCREAM FOR DELANEY'S ICE CREAM

I scream. You scream. The Tristate Area screams for Delaney's Ice Cream. If you haven't had the opportunity to indulge in a sweet treat from one of the three mobile units or two brick and mortars Delaney's Ice Cream has to offer, you are truly missing out. With over seventy-five flavors of ice cream, there truly is something for everyone.

Brothers Matt and Jason Delaney started Delaney's Auto and Ag in 2007. It started as a full-service gas station and has expanded from there. Delaney's Ice Cream Shoppe was added to the full-service gas station to bring more customers in. When the community responded to the addition of this sweet treat, they added the old Prairie Farms, formerly Swiss Valley, Cow Trailer to bring ice cream to the people. The fleet has expanded to one van and two trailers that mobilize throughout the Tri-states, as

well as brick and mortar stores in Farley and Cascade.

With best sellers like Munchie Madness, This Just Got Real, Brownie Cascade, and Smore to Love, there is a flavor for everyone. After choosing from the over seventy-five flavors, customers can add a sugar or cake cone or a waffle bowl or cone. They also serve up malts, blizzards, and shakes. Can't do dairy? Not a problem! They have six non-dairy ice creams to choose from, as well as smoothies, slushies, snow cones, Italian ice, Big Blue

Drinks, and Dirty Energy Drinks. If you visit one of the two brick and mortar locations, they also have local offerings of Freddie's Popcorn and Chad's Pizza, along with a selection of candy, ready-to-go ice cream pints, and ice cream cakes and pies.

Both ice cream shops are now located inside Delaney's Repair Center because they outgrew the gas station. This family-owned business works like a well-oiled machine with Matt running the Farley store front and all three mobile Ice Cream units, Jason running the Cascade storefront and taking care of the payroll, and their parents helping wherever they are needed.

The Mobile Ice Cream units travel throughout Eastern Iowa, as well as across the River into Wisconsin and Illinois. No event is too big or small for this tasty trio. Delaney's Ice



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Julien's Journal



SCAN ME



Delaney's Ice Cream van can be found all over the Tristate Area.

Cream Trucks are available for both public and private events. They are often booked for business events, schools, and community events. They are also available for graduation parties, birthday parties, block parties, and sporting events. Fairs, fundraisers, and local community and healthcare events are perfect for Delaney's Ice Cream. Any time someone simply wants to offer a treat, Delaney's is willing to go anywhere they are invited.

If you do wish to book Delaney's Ice Cream Trucks, you can decide what items you would like to include or exclude for your event. Pricing varies depending on the event and the information is available upon request, through email via their website. If you think you are interested in utilizing these services, you will want to get in touch soon. The mobile units are currently in use seven days a week. Typically, the demand slows down in the winter, but they still average about three events during the week and six to eight each weekend.

Delaney's Ice Cream is always looking for ways to give back to the community. One fun way they give back is through Guest Scoopers. In the past, this has typically been a way to give back to schools. Teachers and school staff can work as Guest Scoopers to earn money back for their schools.

Matt said they have been giving back through Guest Scoopers for the past three years. "It is a great way to have kids have contact with their teachers or people they look up to outside of the normal environment," said Matt. "It's also a lot of fun when you have someone do something they normally don't do."

With the success over the past three years, they have now opened this opportunity to any business, police department, or fire department that may need to raise money. Matt said one of the greatest things that

comes from these Guest Scooper events is the opportunity for people to meet people and make new friends within the community. These connections may not have been made without a simple scoop of ice cream. Their ultimate goal is to help make a closer and safer community inside and outside of school.

The business also does a lot of ten percent off sales to help raise money for various events. Matt said, "We help run events or put movies on for the community. We try to have events that are free for kids and families to enjoy." They have used their ice cream trailers and van for community events, such as Easter egg hunts, haunted houses, movie nights, or the Scoop It Book Markets for the libraries.

Obviously, this business has its challenges; one being scheduling workers when many are teenagers busy with school events. This difficulty is also a benefit to the local community, giving its youth a place to work and develop their skills as members of the local community. "We are all about the community and giving back and making it affordable for families. We just love the smiles and the enjoyment of the families eating our ice cream," said Matt.

Delaney's has many goals for the future. According to Matt, "We want more vans and to just keep growing the ice cream shop, so it can be my full-time job someday. This year's goals are to get more involved in the community to make a difference."

Be sure to stop the next time you see a Delaney's Ice Cream Trailer or Van in your area or the next time you are in Farley or Cascade. Not only will you satisfy your sweet tooth, but you will also help better the surrounding community.

For more information call 563.744.3613 or email delaneysicecreamshoppe@gmail.com. ♦

WHAT WE'RE DRINKING: CHERRY HARD CIDER

Article and photo by Joshua Nichols

What we're drinking:

Cherry Hard Cider

ABV: 5.0%

Who Brews It:

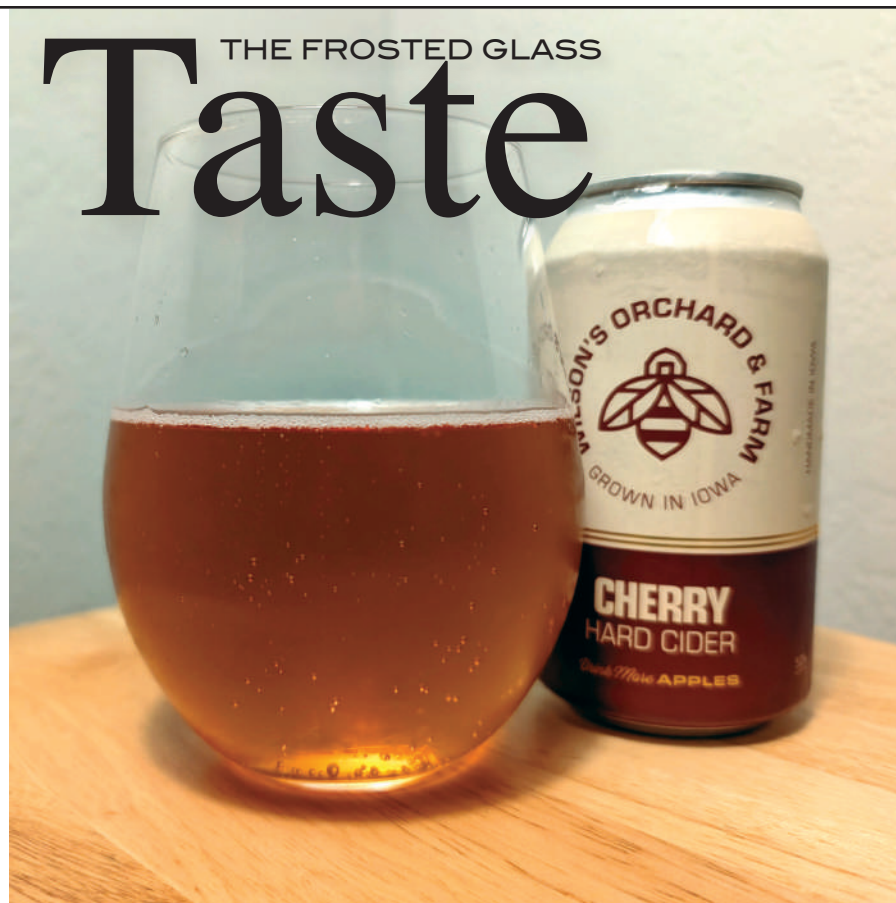
Wilson's Orchard & Farm

Where you can find it:

Most grocery and liquor stores
(Hy-Vee, Fareway, etc.)

Expected Price: \$10.99 for a 4 pack
of 12 oz. cans

We typically cover beers here at the Frosted Glass, but we're changing things up a bit this time and covering a cider. With the fall weather setting in, ciders are becoming more prevalent on brewery menus. Still, despite being featured at craft breweries and commonly served in bottles and cans, cider is actually more similar to wine than beer. For our feature cider, we'll be tasting a great cherry cider from Wilson's Orchard.



Although it was formally called Cherry Crush, Wilson's Orchard now refers to this cider as simply "Cherry". It is not a spiced or mulled cider, so it is best kept refrigerated or chilled until tasting. Upon your first sip, you'll taste a semi-sweet apple that quickly fades to a tart cherry. It maintains a body

that tastes sweet without feeling sugary or overbearingly sweet. Overall, the taste is very light, and there is minimal aftertaste. The coloration when poured into a glass is like a rosé wine, trending towards an orange-pink when held up to light. If the cider is in a dark environment, it can look similar to a

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red lager. The drink has very low carbonation and a minimal to non-existent head when first poured. The cherry flavor strikes a good balance between a light, sweet summer cider and a traditional fall cider.

WHAT MAKES CIDER UNIQUE?

The key difference between a cider and a beer lies in the primary ingredients. While a beer is brewed from a malted grain (think barley) and supplemented with hops and yeast, a cider is made from fermenting pressed fruit juice. Traditionally, and still most commonly today, this fruit has been apples. Even when a cider is advertised as a different fruit, such as this cherry cider or a pear or peach cider, you'll typically find that the featured fruit is blended with an apple base. Because of the abundance of fruit used in cider, they have a higher sugar content than beer, while beers have more carbohydrates due to their grain base.

Additionally, while making beer is called brewing, the correct term for making cider is fermenting. Fermenting is a simpler process than brewing, so the distinction in cider flavors occupies a narrower band than beer. It's difficult to modify the taste of a cider without changing the apples themselves, but purists will argue that this allows the quality of a harvest to shine through. Modern cider brewing (post-2000) saw the creation of dry-hopped ciders, which occupy a middle ground between beer and cider. Dry hopping a cider occurs when hops are added after the cider is initially fermented. This diminishes the traditional sweetness associated with cider by replacing it with citrus or floral highlights. These highlights tend to give dry-hopped ciders a more potent aftertaste than a regular cider.

I'd be remiss if I didn't include a line stating that ciders are naturally gluten-free, making them ideal for individuals with Celiac disease.

YOU WILL LIKE WILSON'S ORCHARD CHERRY IF:

You like semi-sweet or drier types of alcohol
You like beers that have hints of fruit in them, such as a shandy

You like white wines such as Pinot Grigio

Next time you find yourself in a brewpub, take a second to try a cider. It's a great drink to sip on while the leaves change color, and Wilson's Orchard Cherry is one of the best fermented in Iowa. With a slightly sweet profile and a smooth finish, this is a cider with broad appeal. ♦



A SEASON FOR WINE AND A WINE FOR THE SEASON

Article and photo by John B. Donovan

"A bottle of wine begs to be shared; I have never met a miserly wine lover."

— Clifton Fadiman

If there is a best time of year for wine, I think it's October. Yes, one can argue the holiday season is good, or spring when new life is budding, but I like October. Still a bit of warmth in the air, but the coolness of fall brings clarity to fall colors and that extra blanket needed on the bed helps you sleep so much better. Wines tend to follow suit. Whites can be heavier, and we open heartier reds to pair with thick soups or chunky stews

that have simmered for hours. October is when I might have an after-dinner glass of port or maybe a Sauterne with a good book. How about you? When is your favorite month for enjoying wine?

TeamWine yet again had a slightly different mix in tasters as Michele McKinlay, Laurie Muilenberg and Lisa Erickson joined us around the tasting mats in place of Shane and Erin, who were traveling. We sampled a



white from Sicily and a red from the Côtes du Rhône. Both were quite flavorful, and the white was new for most of us. The good news, we recommend them both!

SIPS

We uncorked the evening with a **2021 Famiglia Roccaperciata Grillo** white wine (12.5% abv \$16). Grillo is a white Italian grape that can withstand high temperatures. It is used throughout Sicily and is one of the grapes used to make Marsala. The grapes' origins are unknown. The color was so faint that the yellow, with a hint of green, was barely noticeable. We had aromas of cantaloupe, fresh cut apple, a bit of apricot and some lemon and white floral notes. Flavors on the palate were not as varied. We noted spicy citrus, sour apple (like a tart green apple), and a touch of white pepper spice. A medium body was perfect for a Fall white, and it had medium-low

acidity. This wine paired well with our hard white cheeses, the goat cheese and smoked salmon. It did not pair well at all with lemon. We thought it might go well with a pasta and clam dish, a green salad with chicken or possibly a grilled fish, just not with lemon.

Our red was a **2022 Famille Perrin Côtes du Rhône Réserve**. (14%abv \$21). A Rhone red blend is typically made using Grenache, Syrah, Mourvèdre, Carignan and Cinsault, although other secondary grape varieties may be used. This wine is a blend of Grenache (mainly from the wineries Prébois vineyard in Orange), Syrah, from their vineyard in Vinsores, which is further north and Mourvèdre.

The wine color was a rich dark garnet. Aromas included fig, dark cherry, red plum, cinnamon, black pepper and dark chocolate. Flavors were intriguing with currant, dark plum black raspberry, baked cherry and a bit of cassis. The wine had a medium body and acidity along with medium high tannins. The tannins made for a pleasant mouthfeel. This wine went well with our summer sausage, the cheeses, and, of course, the ever-present TeamWine chocolate. In addition, we felt this would pair nicely with a wood-fired pizza, a beef bourguignon, a rich red sauce over your

favorite pasta, or simply to take along for a picnic. In brief, this was a delicious wine, and we liked it a lot!

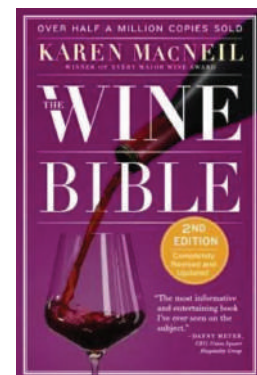
TIPS

'Come Over October' is a new wine movement co-created by Karen MacNeil, author of *The Wine Bible*. The idea is to invite someone (or more than one) over to your house and enjoy wine and conversation. After all, the best wine is that which is shared with another.

In keeping with the spirit of this idea, I plan to invite 3-5 folks to my home each Tuesday in October to enjoy a bottle of wine I pull out from my cellar. If those attending wish to bring a bottle, that's fine, but not necessary.

It's about the fellowship, not the wine. If you'd like to be added to my short list, send an email to John@JuliensJournal.com and let me know of your interest. I would enjoy getting to know you a bit better.

Salut! ❖



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Business & Community News



FASSBINDER JOINS ORIGIN DESIGN

Origin Design in Dubuque welcomes **Kelly Jo Fassbinder** as their new marketing manager, bringing in more than 25 years of experience in strategic marketing and communications.

In her role, Fassbinder will lead efforts to elevate brand presence, create targeted marketing strategies, and develop compelling proposals and campaigns that resonate with clients and drive growth. She will collaborate closely with leadership, business development, and design teams to support strategic objectives.

Prior to joining Origin Design, Fassbinder ran her own business for over 20 years in Dubuque and served as director of marketing & communications at Southwest Health in Platteville, WI.

cound. ❖

EAGLE POINT SOLAR ACHIEVES RANKING

Inc. revealed that Eagle Point Solar ranks No. 4707 on the “2025 *Inc.* 5000,” its annual list of the fastest-growing private companies in America.

The ranking provides a data-driven snapshot of the most successful companies within independent, entrepreneurial businesses. Past honorees include companies such as Microsoft, Meta, Chobani, Under Armour, Timberland, Oracle, and Patagonia. This year’s *Inc.* 5000 honorees have demonstrated exceptional growth while navigating economic uncertainty, inflationary pressure, and a fluctuating labor market.



Crescent Community
HEALTH CENTER

Brain Health Clinic

At the Crescent Community Health Center Brain Health Clinic, we provide integrated care merging medical and brain health needs, believing that treating the whole person leads to better outcomes.

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DUMA IN THE MILLWORK DISTRICT

Celebrate the opening of the Dubuque Museum of Art's (DuMA) temporary residency in the Historic Millwork District at Dupaco Voices Building, 1000 Jackson St., on Saturday, October 11 with a free daylong festival of

music, performance, games, food, exhibitions, and art making. Museum members are invited to preview the galleries from 12-1 PM, and the public is invited from 1-7 PM. Known as DuMA in the Warehouse District, this temporary home for exhibitions, programs, classes, and events makes way for construction

of DuMA's new arts campus at Washington Park which is expected to last through 2027.

Part of the event includes Dubuque's Latinx Fiesta, a free indoor-outdoor festival of food, performance, and art celebrating Latinx culture—and then continues late into the night with dancing at Smokestack. Organized by Dubuque Unidos, performances throughout the day include salsa music and traditional Latin American food available for purchase.

The DuMA opening exhibitions running from October 11 through February 1, 2026, include *In Conversation: Will Wilson* and *Threads of Belonging*. *In Conversation* presents the works of Diné (Navajo) photographer Will Wilson and Edward S. Curtis. The exhibit explores the relationship of science, identity, agency, and representation in photography while also considering the legacy of historical photographs on the representation of Native peoples in North America. *Threads of Belonging* features Latinx and Indigenous artists from Iowa, the Midwest, and beyond reflecting on personal histories and the search for connection through diverse materials and forms.



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Beyond Boundaries

Will Wilson (b. 1969), *Will Wilson, Citizen of the Navajo Nation, Trans-customary Diné Artist* (detail), 2013, printed 2018, archival pigment print from wet plate collodion scan, 22x17 in. Art Bridges. Photography by Brad Flowers