

THE DUBUQUE AREA LIFESTYLE MAGAZINE, MAY 2025

FREE

# JULIEN'S JOURNAL

## THE MIRACLE LEAGUE OF DUBUQUE

HOW DUBUQUE SHINES  
ON GREAT GIVE DAY

HISTORICAL THREADS OF  
HOLY GHOST PARISH





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**West Campus: 1500 Associates Drive, Dubuque, IA**

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*Extremely courteous and friendly staff, and provider. Visit was punctual, efficient, and informative. Thank you very much.*



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# JULIEN'S JOURNAL

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## PUBLISHER'S NOTE

According to the City of Dubuque website our town clock was originally erected in 1873, on top of a building on Main Street and was moved to the Plaza in 1971. The clock, accurate to within two seconds each week, was operated with weights that were wound by cranks, which ran through a shaft into the basement of the building. The largest clock in America is located on the Duquesne Brewing Company building in Pittsburgh. It was the largest single-face clock in the world when it was installed in 1933. The world's largest cuckoo clock is in the center of Swiss Village in Sugarcreek, OH. Every half hour, a cuckoo bird pops out and you hear Swiss polka music playing as the band emerges and a couple dances. Nothing against cuckoo clocks, but I'm sort of happy this one isn't in Dubuque.

### Inside this issue

Dubuque's Farmers' Market, the oldest farmers' market in the state of Iowa, is the perfect place to source a fresh, farm-to-table meal. Read about how we created a meal using ingredients purchased at the market on page 14.

In conjunction with the City of Dubuque, the Miracle League has provided facilities and continues to organize ongoing programming that allows children and adults of all abilities the chance to play baseball and enjoy an all-inclusive playground. Learn more on page 17.

The Community Foundation of Greater Dubuque's annual day of giving returns. On May 21, make your gift at [GreatGiveDay.org](http://GreatGiveDay.org) to support participating nonprofits across the region. Learn more on page 20.

Dubuque's Holy Ghost religious community dates to the late 1890s. The designer of the present-day church was the German born and Master Architect Guido Beck. Read more on page 22.

With its unique menu and quaint ambiance, L. May offers an experience diners will appreciate and remember. Read our review on page 26.

Team Wine does a blind taste test on a red and an out-of-town white. Read their reviews on page 28.





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Upcoming Events Should be Emailed to [Juli@JuliensJournal.com](mailto:Juli@JuliensJournal.com).

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# JULIEN'S JOURNAL

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## Photo of the Month

*Comments and photos for possible use in a future issue can be sent to [Robin@JuliensJournal.com](mailto:Robin@JuliensJournal.com).*

**ON THE COVER:** *The Miracle League of Dubuque provides children and adults of all abilities the chance to play baseball. Photo contributed by The Miracle League of Dubuque.*

*This photo was taken near the Julien Dubuque monument looking south, with Horseshoe Bluff at the right, circa 1964. Note the old Milwaukee Road Railroad bridge crossing Catfish Creek below." Photo credit: Paul E. Oliver, (1944-2024).*

# May Events

*Events are subject to change. Please visit listing sites for the most up-to-date information. Submissions may also be edited and are printed at the discretion of the publisher.*

## First Fridays

Friday, May 2

@ Various Locations in Dubuque

First Fridays is Downtown Dubuque's monthly visual art series, hosted by galleries, museums, and venues, celebrating Dubuque's great visual arts scene. Visit [FirstFridayDubuque.org](http://FirstFridayDubuque.org).

## Dubuque Farmers Market

Saturdays, May 3 through October 25

7 AM-12 PM @ Iowa Street at 11<sup>th</sup> through 13<sup>th</sup> Streets

Rain or shine, the market stretches over three city blocks. October operating hours will be 8 AM-12 PM. Visit [DubuqueFarmersMarket.org](http://DubuqueFarmersMarket.org).

## Early Explorers: P is for Paddlefish

Tuesday & Saturday, May 3 & 6

10-11 AM @ National Mississippi River Museum & Aquarium

Early Explorers is open to children ages 2-5 along with a parent or caregiver. Programs include a variety of hands-on and active activities, including a craft and a game. A parent and/or caregiver can attend the program for free with the toddler. Visit [RiverMuseum.org](http://RiverMuseum.org).



## Vintage Torque Fest

Friday & Saturday, May 2-3

Friday, 12 PM- Midnight; Saturday, 9 AM-10 PM @ Dubuque County Fairgrounds

A weekend of hot rods, motorcycles, music and more. Celebrating a range of hot rod culture, Vintage Torque Fest also features a swap meet, a model car contest, hot laps and races, hot rod-themed art and vendors, and a contest for pinup girls. This is a fundraiser for kids with congenital heart defects. Visit [VintageTorqueFest.com](http://VintageTorqueFest.com).

## Live Music & Events Featuring Various Artists

May 3-31 @ O So Good Winery, 2093 20th Ave., SE (Dyersville, IA)

Come for live music, food, and events throughout the month. Gather with friends and have a fun evening with a favorite glass of wine or try something new. Checkout the website for all upcoming events. Visit [OSoGoodWinery.com](http://OSoGoodWinery.com).

## Reza Edge of Illusion

Saturday, May 3

7:30 PM @ Five Flags Theater

Reza has taken the art of illusion to a new level, delivering a rock-concert-style magic show to audiences across the globe. The show has garnered a world-wide buzz with grand-scale illusions such as making motorcycles and helicopters materialize out of thin air. Visit [FiveFlagsCenter.com](http://FiveFlagsCenter.com).

# FIVE FLAGS CENTER

## THE TRI-STATES' ENTERTAINMENT DESTINATION



405 MAIN, DUBUQUE • TICKETS ONLINE @ [FIVEFLAGSCENTER.COM](http://FIVEFLAGSCENTER.COM)

Dan Cohen will give a presentation on the Bird Friendly Iowa (BFI) program. Cohen retired about a year ago from the Buchanan County Conservation Board after 38 years working in the field as a naturalist and the executive director. Through BFI, communities apply to be designated as Bird Friendly. Visit [AudubonDubuque.org](http://AudubonDubuque.org).





### Turn to Stone: A Tribute to ELO

Friday, May 9

7 PM @ Five Flags Theater

Come for an unforgettable evening of Electric Light Orchestra's biggest hits. Relive the magic of a legendary rock band as Turn to Stone captures the essence of a 1970's ELO performance with a live string section, an electrifying light show, and authentic '70s attire. Visit [FiveFlagsCenter.com](http://FiveFlagsCenter.com).

### 104 Years of Broadway

Friday, May 9

7:30 PM @ John and Alice Butler Hall, University of Dubuque

The Dubuque Arts Council brings back Dubuque native Rita Harvey, producer/pianist/composer Neil Berg with this a sequel to his hit Broadway revue. Direct from New York this cast of stars from Broadway's greatest musicals, highlights Neil songs and stories behind the music that changed the world. Visit [Dbq.edu/NewsEvents](http://Dbq.edu/NewsEvents).

### Excursion: Birding

Saturday, May 10

7 AM @ Dubuque Arboretum & Botanical Gardens

Visit [DubuqueArboretum.net](http://DubuqueArboretum.net).

### She Unites Pickleball Fundraiser

Saturday, May 10

9 AM-2 PM @ Veterans Memorial Park

Join She Unites for the 3rd Annual Pickleball Tournament Fundraiser. Battle it out on the court in this exclusive women's-only tournament. Recreational and Competitive divisions. Visit [SheUnitesIowa.com/Events](http://SheUnitesIowa.com/Events).

### Afternoon Tea: Hats Off to You!

Sunday, May 11

1-3 PM @ Mathias Ham Historic Site

Learn about various hat fashions throughout the years. If you have one, wear your best hat. Attendees will also decorate hats to take home. After the program, enjoy an assortment of finger sandwiches, treats, and a variety of teas or lemonade. The program is open to all ages and space is limited. Visit [RiverMuseum.org](http://RiverMuseum.org).

## MUSIC IN THE GARDENS

### 2025

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DUBUQUE ARBORETUM & BOTANICAL GARDENS

**PACKARD PAVILION**

**FREE CONCERTS!**

|                        |                                                            |
|------------------------|------------------------------------------------------------|
| <b>1</b><br>June       | <b>ELTON JEFF &amp; THE HONKYCATS</b><br>6:00 PM - 8:00 PM |
| <b>15</b><br>June      | <b>OCEAN'S RAT PACK</b><br>6:00 PM - 8:00 PM               |
| <b>20</b><br>July      | <b>RENEGADE WILDFLOWER</b><br>6:00 PM - 8:00 PM            |
| <b>3</b><br>August     | <b>JONNY LYONS &amp; THE PRIDE</b><br>6:00 PM - 8:00 PM    |
| <b>17</b><br>August    | <b>THE MOODS</b><br>6:00 PM - 8:00 PM                      |
| <b>14</b><br>September | <b>SECOND HAND NEWS</b><br>5:00 PM - 7:00 PM               |

**Food trucks, ice cream, & kettle corn available!**

**DUBUQUEARBORETUM.NET**



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**ICE DINOSAURS**  
THE LOST WORLD OF THE ALASKAN ARCTIC

**OPENING MAY 24–SEPT. 14!**

\*Exhibit is included with general admission

**imagine** [rivermuseum.org](http://rivermuseum.org) 



### Riverdance: The Next Generation Tuesday, May 13

7 PM @ Five Flags Center

Featuring a talented new cast, innovative lighting designs, and updated staging, this reimagined version retains the timeless Irish music and high-energy step dancing that have mesmerized audiences worldwide. Visit [FiveFlagsCenter.com](http://FiveFlagsCenter.com).

### Bees in the (Legacy) Trees Thursday, May 15

6-7 PM @ Dubuque Arboretum & Botanical Gardens

Educational session. Visit [DubuqueArboretum.net](http://DubuqueArboretum.net).

### Joe Hott & The Short Mountain Boys Saturday, May 17 7 PM @ Ohnward Fine Arts Center (Maquoketa, IA)

Striding confidently onto the Nashville music scene, Joe Hott is poised to become a "must see" new face and voice for a broad scope of new listeners. Hott blends retro-bluegrass, traditional country, gospel music, and Appalachian Mountain music. Go back in time along with new original songs written by Hott. Visit [OhnwardFineArtsCenter.com](http://OhnwardFineArtsCenter.com).

### Dance Your Bluff Off Dance Festival Saturday, May 17 @ 2:30–9 PM Cable Car Square

Join the Bluff Street Neighborhood Association for dance performances and audience-participation demos for the whole family. Join a professional couple dance show by Adam's Dance Connection, a Brazilian Capoeira street roda/gathering; kids performances and demos of hhip Hop, wine tasting, food trucks, and vendors. The Bluff Street Neighborhood Association is a non-profit organization that holds seasonal events to help grow community awareness, promote neighborhood comradery and preserve Dubuque's artistic and cultural traditions. Visit [Facebook.com/CableCarSquare](http://Facebook.com/CableCarSquare).

**She Unites**

Wednesday, May 21

6:30-7:30 PM @ The Innovation Lab,  
210 Jones St.

Come together for an evening of socialization and education. She Unites features rotating speakers, talking about anything and everything pertaining to women in a chill environment. Make a new friend, have authentic conversations, and leave with powerful inspiration. Visit [SheUnitesIowa.com/Events](https://www.SheUnitesIowa.com/Events).

**Honey Tasting + Bee-utiful Cookie Decorating Class**Thursday, May 22, 6-8 PM @ Dubuque  
Arboretum & Botanical Gardens

Come for this dual learning experience. full Sensory Honey-Tasting and Cookie Decorating. Visit [DubuqueArboretum.net](https://www.DubuqueArboretum.net).

**Royal Bliss**

Saturday, May 24

7 PM @ Five Flags Theater

Hailing from Salt Lake City, the band has spent over two decades carving out a place in the rock scene with their powerful blend of hard-hitting riffs. With influences ranging from classic rock to modern alternative, Royal Bliss has earned a reputation for delivering high-energy performances that leave crowds wanting more. Visit [FiveFlagsCenter.com](https://www.FiveFlagsCenter.com).

**Native Plant Sale**

Tuesday, May 27

5-7 PM @ National Mississippi River  
Museum & Aquarium

Choose from a variety of native plant species grown on the River Museum campus in the Glab Family Greenhouse. Plus, local native plant growers will be there with even more options to help you create a thriving, eco-friendly garden. All proceeds support conservation efforts. Visit [RiverMuseum.org](https://www.RiverMuseum.org).

**Launch into Summer**

Thursday, May 29

3:30-6 PM @ Dubuque Food Pantry

On the last day of school, the Dubuque Food Pantry invites parents and children to enjoy food and games together and remind families that the food pantry is there for them. Free activities include carnival games, water games, face painting, music, plus free hot dogs, chips, drink, and ice cream. Each month during 2024, more than 2,200 individuals were served at the Dubuque Food Pantry. Visit [DbqFoodPantry.com](https://www.DbqFoodPantry.com).



1215 E. Platt St., Maquoketa, IA

Box Office Hours: M-F, 9AM - 1PM

Tickets: 563.652.9815

Tickets also available online...

Striding confidently onto the Nashville music scene, Joe Hott is poised to become a "must see/must hear" new face and voice for a broad scope of new listeners ready to discover that "all things old become new again." Joe Hott and The Short Mountain Boys are a unique blend of retro-bluegrass, traditional country, gospel music and Appalachian Mountain music. This mixture makes the West Virginian Joe Hott a rare treasure on today's music scene with his 6-foot, frame and handsome boyish resemblance to Hank Williams, Sr.

They are keeping the Appalachian sound alive by playing the songs of old. You'll be taken back in time by songs from Ralph Stanley to Hank Williams Sr and new original songs written by Joe Hott that have that same traditional feel!



Saturday May 17 @ 7 PM

**JOE HOTT**  
THE SHORT MOUNTAIN BOYS

TICKETS - IN ADVANCE: ADULTS \$25 / STUDENTS \$15 AT DOOR: ADULTS \$28 / STUDENTS \$18  
[WWW.OHNWARDFINEARTSCENTER.COM](https://www.ohnwardfineartscenter.com)

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## CALENDAR OF EVENTS



All Carnegie-Stout Public Library programs are subject to change. For the latest information and details, please visit their website, [CarnegieStout.LibraryCalendar.com/Events/Upcoming](https://CarnegieStout.LibraryCalendar.com/Events/Upcoming).

The public can find "@carnegioustout" on Facebook, Instagram, Twitter, and YouTube.

### StoryWalk®

An outdoor reading experience that displays pages of a book along a path. Locations: The 22nd Street Bee Branch Creek and Dubuque Arboretum & Botanical Gardens.

### Grab & Go Activity Bags

Stop in every month for a fun, crafty activity for all ages while supplies last.

### Animal Babies Scavenger Hunt

May 1-31

Can you find all 10 baby animals hidden in the children's section and match them to their grown-up counterparts? If you can, you could earn a small prize.

### Sticky Note Window Decorating

May 1-24

Help transform the library windows into vibrant pixel art designs using colorful sticky notes. Ages 13-18. Registration required.

### Music @ Your Library

Friday, May 2 @ 6-7:30 PM

Ben Dunegan/Marzipan Mailbox (acoustic).

### Teen Summer Volunteer Orientation

Monday, May 5 @ 4 PM & 5:15 PM

Those who are interested in volunteering this summer should pick up an application from the Children's Help Desk by May 4. Ages 13-18. Registration preferred.

### Reading Roundtable Book Club

Monday, May 5 @ 6-7 PM

Books are available at the check-out desk. Ages 18+.

### Self Defense for People with Mobility Issues

Tuesday, May 6 @ 9:30 AM

Ages 18+. Registration required.

### Canvas Book Bags

Tuesday, May 6 @ 4 PM

Design your own canvas book bag. Supplies included. Ages 6-12. Registration required.

### Virtual Author Talk

Wednesday, May 7 @ 1-2 PM

How to Use Anxiety to Thrive with Dr. David H. Rosmarin. Registration required.

### Beyond the Book Club

Thursday, May 8 @ 4 PM

Read a new title each month and then meet up for a discussion and unique activity related to the book. Ages 9-12. Registration required.

### Movie Night

Thursday, May 8 @ 6 PM

Come for a free movie suitable for adult audiences. Ages 16+.

### Reading with Rover

Saturday, May 10 @ 10:30-11:15 AM

Read or listen to a story with some furry friends. Do not bring a pet; kid-friendly dogs are provided. Ages 6-9.

### Dubuque Shakespeare Project: Henry V

Sunday, May 11 @ 2-3:30 PM

### Woven Friendship Bracelets

Monday, May 12 @ 4 PM

Learn how to create a colorful friendship bracelet. Ages 6-10. Registration required.

### Bike Maintenance

Monday, May 12 @ 6 PM

An expert from the Dubuque Bike Coop will bring a mobile bike repair station to the library to teach participants the basics of bicycle repair and maintenance. Ages 13+. Registration required.

### How to Train Your Dragon Hats

Tuesday, May 13 @ 4 PM

Turn baseball caps into *How to Train Your Dragon* characters. Ages 10-17. Registration required.

### Beginning Chapters Book Club

Wednesday, May 14 @ 4 PM

Do you like *Magic Tree House*, *Junie B. Jones*, and *Nate the Great* books? If so, this book club is for you. Ages 7-9. Registration required.



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**To get started get the free app or login through the Freegal Music portal by visiting [carnegioustout.org](https://carnegioustout.org)**

**Pokémon Club****Wednesday, May 14 @ 5:30 PM**

Meet other Pokémon trainers. Ages 6-12. Registration required.

**Virtual Author Talk****Wednesday, May 14 @ 6-7 PM**

On Writing a Brilliant, Dark, and Diabolical Thriller with Liann Zhang. Registration required.

**Buttons & Bobbins****Monday, May 19 @ 4 PM**

Learn how to use a sewing machine and complete a simple sewing project. Materials provided. Ages 10-17. Registration required.

**Line Dancing****Mondays, May 19 @ 5 PM**

Classes take place at Adam's Dance Connection at 900 Jackson St., Suite 108A. Ages 18+. Registration required.

**DIY Mini Neon Signs****Tuesday, May 20 @ 5:30 PM**

Create cool art, eat snacks, and learn how to make your own miniature neon sign. Ages 10+, including adults. Registration required.

**Virtual Author Talk****Wednesday, May 21 @ 1-2 PM**

How Judy Blume Rewrote Childhood for All of Us with Rachel Bergstein. Registration required.

**Patriotic Story & Craft****Wednesday, May 21 @ 4 PM**

Get ready for Memorial Day with a patriotic story and craft. Ages 6-11. Registration required.

**Minecraft Mania****Wednesday, May 21 @ 5:30-6:45 PM**

Ages 7-14. Registration required.

**LEGO® Challenge****Saturday, May 24 @ 10 AM**

Build, create, and have fun. The library provides the LEGOs®. Donations welcome. Ages 5-12.

**Family Book Bingo****Saturday, May 24 @ 2 PM**

Ages 4-12.

**Sun SHINE Squad****Tuesday, May 27 @ 4 PM**

Work on volunteer projects while providing feedback on making the library a welcoming place for teens. Ages 12-18. Registration required.

**Ukulele Time! Adult Ukulele Lessons****Tuesday, May 27 @ 6 PM**

Work on chords, exercises, and songs geared toward beginners. Ages 18+. Registration required.

**A Stamp Social****Wednesday, May 28 @ 4 PM**

Hear a story and take home your best piece to frame. Ages 5-10. Registration required.

**Who in your community has changed  
the world with a giving heart?**

CHANGE THE WORLD



WITH A GIVING HEART

Nominate them by June 27 to be recognized at the  
**National Philanthropy Day Luncheon**  
Thursday, November 6, 2025!



Nomination categories include:

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# Music AT THE ★ STAR ★

## 2025 Concert Schedule

Shows begin at 6:30 p.m.

Dubuque Star Brewery, Alliant Energy Amphitheater



**Sunday, June 15**

### **Hunter Fuerste & His American Vintage Orchestra**

Journey back to the Big Band era featuring hits from Glen Miller, Tommy and Jimmy Dorsey, Artie Shaw, Bennie Goodman, Harry James, Count Basie and more. This 14-piece big band also features soloists and a harmonized vocal group.

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**Sunday, June 22**

### **Amy Friedl and the Sky Line Band**

Featuring an all-star lineup of Eastern Iowa musicians, Amy Friedl and Dubuque native Luke Viertel bring the Rock, Pop, and R&B. Tune into 20th-century radio with music from bands like Fleetwood Mac, James Taylor, Dolly Parton, Billy Joel, Carole King, and many more.

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**Sunday, June 29**

### **Dubuque Symphony Orchestra**

Join the Dubuque Symphony Orchestra for Summer Melodies—light classics, film favorites, and patriotic tunes. PLUS, enjoy these extra features:

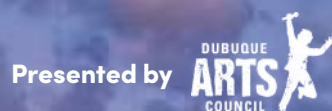
- Arrive at 4:45 p.m. for the final performance by the DSO Youth String Camp!
- Exclusive preview of the upcoming season
- Special performances by Addilyn Dolan, winner of the 2025 Youth Concerto Competition (bassoon), and this year's Pursuit of the Podium fundraiser winner.
- An extra special treat, courtesy of the Dubuque Arts Council—Dubuque favorite Gareth Johnson will return to perform works by Saint-Saëns and Sarasate!

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## Your favorite summer concert series is moving to the heart of Dubuque!

Nestled between the Mighty Mississippi and historic Star Brewery, Music at the Star will transform your Sunday evenings with soul-lifting music, scenic views, and mouthwatering treats.



**Sunday, July 13**

### **Sail On: Beach Boys Tribute**

Direct from Nashville, this high-energy band brings the music of the Beach Boys just the way they would have done it. Enjoy all of the Beach Boy's classic hits recreating the soundtrack to an Endless Summer in rich detail.



**Sunday, July 20**

### **Secrets**

Dance and sing along to regional hits. Secrets preforms a wide variety of popular music from the 60s, 70s, and 80s including rock and roll, country, and rhythm and blues.



**Sunday, July 27**

### **Kids From Wisconsin**

Widely recognized for their versatile talents and groundbreaking performances, the 57th troupe showcases "The Heat Is On" featuring 22 singers and 14 musicians in their highly energized and highly anticipated 2025 summer production.

## *Beats & Bites*

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# FARM TO TABLE – Sourcing Dinner from Dubuque's Farmers' Market



Photos contributed by Connie Cherba

Fincel's stand at 12th and Iowa Streets.



by Connie Cherba

*Dubuque's Farmers' Market, the oldest farmers' market in the state of Iowa, is the perfect place to source a fresh, farm-to-table meal whether you're looking for breakfast, lunch, or dinner options. With more than 100 vendors, there's something to please everyone.*

**D**ubuque's Farmers' Market started in 1840 in the city's Flat Iron Park, the oldest platted city park in Iowa. Later, the market moved to the Upper Main District of Dubuque, where area shoppers have been buying fresh produce, meat, eggs, and more since 1858. Originally, the market operated inside the newly completed City Hall Building. Farmers backed up their horse-drawn wagons and carts to specially constructed windowsills and unloaded their goods directly into the building. In 1879, the market moved to the streets surrounding City Hall. Today, more than 100 stands line Iowa Street and extend up and down 11<sup>th</sup>, 12<sup>th</sup>, and 13<sup>th</sup> Streets. Dubuque's summer Farmers' Market operates on Saturday mornings, May through September from 7 AM until 12 PM. In October, the market runs from 8 AM until 12 PM. As always, the market operates rain or shine.

In early July 2024, three generations of our family met the challenge of sourcing our Saturday night dinner with items purchased from Dubuque's Farmers' Market. We were on the hunt for appetizers, meat, vegetables, dessert, and wine. When we reached the bus-

ting streets of the market, family members went separate ways, each with an assignment to complete. The results of our shopping were impressive!

#### APPETIZER 1

We sent our teenage grandsons in search of appetizers. They ignored the assignment and headed straight to their favorite Kruse Farms stand behind City Hall where they purchased three loaves of banana bread. The boys have been enjoying Kruse's banana bread since they were very young, weaving their scooters through the crowds of shoppers to their destination. While the boys think of Kruse Farms as a bakery stand, they also are known for their home-grown produce. The Kruse family has been at the market for more than 50 years as four generations operate the stand and work in the four-acre garden located in the Lancaster, Wisconsin area. When the produce is abundant, they sell in bulk from the end of their stand. While the banana bread wasn't really a true appetizer, we made it work and enjoyed every bite.

#### APPETIZER 2

Our second appetizer didn't really qualify as

an appetizer either, but the pepper jack cheese from Bellmann Dairy Farms in Cuba City, Wisconsin, paired nicely with our meat and vegetables. Bellmann Farms also sells beef, chicken, eggs, jerky, pork, potatoes, sweet corn, and more.

#### VEGETABLES

Fincel's stand at the corner of Iowa and 12<sup>th</sup> offered one-stop shopping for their popular sweet corn along with a variety of peppers, tomatoes, onions, and even some peaches imported from the South. Known throughout the Tri-state area for their early July kick-off to the sweet corn season, the lines in front of their produce tables were long but moved quickly. Fincel's, headquartered across the river in East Dubuque, is proud of their long-standing popularity in the community. They even have a written mission statement "to provide the freshest, most delicious produce to our customers. We believe that sustainable farming practices are essential for the health of our planet and our customers. We do not use GMO seeds. We plant and harvest in many of the same ways as in earlier generations. Our produce is all handpicked." Fincel's produce is always fresh and always tasty.

#### MEAT

The center piece of our meal was a tender beef flank steak from Our Farm Meats out of Elkader, Iowa. Owners Jerry and Wanda Brink wrote, "Our Farm Meats come from antibiotic, hormone, and stress-free purebred

## FEATURE

Hampshire hogs & Fleckvieh Simmental cattle; they've been taken care of by us from start to finish. As a family pork and beef producer, we are committed to producing a safe and wholesome product in a responsible way. We take pride in the animal care, health and environmental wellbeing." In addition to beef steaks, Our Farm Meats offers a variety of bacon, sausage, pork chops, ham steaks, ribs, roasts, several ready-to-eat meat sticks, jerky, and more." As promised, the meat was tender and favorable.

## WINE

Our son-in-law Chris tasted and selected two bottles of wine from Dyersville's O So Good Winery/Distillery market stand – a Sauvignon Blanc and an El Diablo Rojos. O So Good Winery is a family-owned winery, restaurant, and distillery. They have been selling wine from their stand at Farmers' Market since 2017. "We offer 28 different wines each Saturday," said Lee Ostwinkle, president/founder of O So Good Winery/Distillery. "We rotate different wines through the 50



Food sourced from Farmers' Market.



Meat and Vegetables sourced from Farmers' Market.

different kinds we produce." We enjoyed the white wine with our meal, and it was a perfect complement to the meat and veggies.

## DESSERT

Daughter Jennifer, raised in Dubuque but currently living in Texas, was put in charge of dessert. She selected a strawberry rhubarb pie from the Sunset Bakery out of Platteville, Wisconsin. "I picked it because it's nostalgic for me," she said. "I love rhubarb pie, and we don't get it in Texas." The Sunset Bakery and Produce stand is operated by Southwest Wisconsin Amish families who bring "home-grown produce and mouth-watering baked goods" to the Farmers' Market. The pie was delicious and the perfect finish to our farm-to-table meal.

The preparation of our meal was simple. Chris seasoned the flank steak with East Dubuque's Grandpa Porky's All-Purpose Seasoning – an item that we also purchased at the market. We grilled the steak and steamed the vegetables in foil on the grill until they were tender. We served the beef and hot vegetables with sliced tomatoes and corn on the cob. Although the meal was filling, everyone saved room for pie. The meal was perfect – fresh, healthy, and all produced within 100 miles of Dubuque.

Ready to try a farm-to-table meal? The Dubuque Farmers' Market kicks off the 2025 season on May 3 at 7 AM. ♦



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Photos contributed by Connie Cherba

# *The Miracle League of Dubuque is Far More Than a Field*



Contributed Photo

by Beth Triplett

*Baseball may be America's game but for the 4,000 youth with disabilities who live in the surrounding area, the sport previously was out of reach. Most recreational facilities are not accessible and those with disabilities had limited opportunities to participate in a sports league, causing them to miss out on the camaraderie and skill-building aspects of being in a team sport.*

Enter the Miracle League of Dubuque – an organization centered on providing every child with a chance to play. In conjunction with the City of Dubuque, the Miracle League has provided facilities and continues to organize ongoing programming that allows children and adults of all abilities the chance to play baseball and enjoy an all-inclusive playground.

Located at Veteran's Memorial Park (2790 Miracle League Drive, Dubuque), this complex features a completely flat, wheelchair-accessible playground and baseball field,

accessible bleacher seating, a picnic area, and a support building. The building includes ADA restrooms, a concession stand, classrooms, a multi-purpose room, storage for the baseball equipment, and a quiet room with various therapeutic sensory equipment for body breaks and regulation between play. The park is open from 7 AM to 10 PM daily. "For so many years, individuals had to sit on the sidelines and watch their friends play games that most kids do," said Janna Beau, City of Dubuque Recreation Supervisor who coordinates the Miracle League programming. "Now their friends get to come and



Contributed Photo

*The Miracle League of Dubuque began with a simple idea, provide children and adults of all abilities the chance to play baseball. The Miracle League of Dubuque will be serving all communities in the Dubuque, Iowa area.*

## FEATURE

watch them on their turf, so this is their time to shine.”

The Miracle League sponsors eight baseball teams in the fall and spring (pausing in the summer when the heat adversely affects players). The leagues are open to children and adults with any physical or mental disabilities that cause them to be excluded, whether intentionally or not, from conventional baseball leagues.

Each Saturday, approximately 80 players participate, and the number is growing every year. The spring leagues run every Saturday until June 21 with four games on the hour beginning at 8:30 AM.

“We welcome more participants,” said Merle Santjer, Miracle League board president. “It would be a great problem to have if we had to find another day in the week, someday, because we needed more teams.”

Games are designed to be about fun. Each game is one hour long and every player bats once each inning. All players are safe on the bases and every player scores a run before the inning is over. The last one up gets a home run, and each team and each player wins every game.

“Everyone plays all positions in the field. There may be 10 infielders,” said player parent Jil Van Cleave. “That’s the nice thing about this. All the players play.”

Players are assisted as needed by Friends on the Field, volunteers who encourage the players, help them run the bases, chase balls in the outfield, and help keep players safe. Organizations, high school and collegiate athletic teams and individuals volunteer to be buddies.

“I always say sometimes the helpers leave with bigger smiles than the players. Everyone benefits,” said Beau. “What’s great is that we

have siblings, friends, and neighbors come together and it’s fun.”

The Miracle League works to make the experience special for the players. Each player receives their own T-shirt and hat. Popcorn and water are available without charge at the concession stand. The scoreboard features fun facts about the players, and the mascot Homer adds to the energy. Miracle League announcer Clete Campbell is known for a bit of good-natured embellishment as each player comes up to the plate. Overall, it makes for an entertaining and heartwarming Saturday morning for all involved, spectators included.

Last year, Miracle League even helped replicate what it is like to travel and play on the road when they organized a Baseball Extravaganza at the Field of Dreams with games against Pittsburgh and Sioux City teams.

One of the regular players is Conner Van Cleave who claims the title “Mayor of the Field.” Conner’s dedication to trash pick-up, sweeping the bases, and keeping the dugouts clean earned him a part-time position doing those tasks when he’s not on the field.

“I like to play the game, and I have friends there,” said Conner. “It’s really neat.”

His mother also sang the praises of the Miracle League. “This league has been awesome. It really opened up a lot of opportunity for these special athletes,” said Jil. “It’s fun here and they excel. I can’t say enough about it. It’s been wonderful for Conner’s social skills.”

The Miracle League program engages more than the players. “It’s a great family thing for us,” continued Jil. “The group really misses each other throughout the winter months. All of us understand how life is with our special population. We have a connection.”

Santjer’s connection with the Miracle League unknowingly began when he sought a role



Contributed Photo

for his son Matthew, who is diagnosed with autism, as he was entering middle school. Santjer worked with the coaches to help his son serve as a volunteer manager which connected him to Tom Witry, former baseball coach at Hempstead High School.

Coach Witry saw an inclusive baseball field in Des Moines, and after his retirement, he worked with Santjer to explore the possibility of constructing a field in Dubuque. A small group served as a catalyst to galvanize many others to create the Miracle League of Dubuque.

“When we first started, it was for the baseball field only,” said Santjer. “And then the more we met with parents and the city, it was, I don’t know if we’re thinking big enough here. What if we had enough space for a playground? Then what if we had enough space for a building so that we would have classrooms so that we could do programming when it’s not nice outside?”

From 2013–2019, fundraising and design occurred and in June 2020 construction on the complex was completed, with the board electing to finance to do the project all at once. Since the effort began, nearly \$4.4 million has been raised for the project, and there are dreams for future expansion when funding allows.

The complex is a Public-Private Partnership with the City of Dubuque. The Miracle League initiated the planning and was responsible for fundraising and construction.



### Congratulations Merle Santjer & Miracle League! You Make a Difference!

Camp Courageous is looking for exceptional individuals who love working with people with disabilities.

Year-round, seasonal, and part-time opportunities are available.

Call 319.465.5916, email: [program@campcourageous.org](mailto:program@campcourageous.org) or visit [www.campcourageous.org](http://www.campcourageous.org).



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The board then returned the complex to the city which now owns and maintains the property and runs the programs. Ongoing fundraising allows all aspects of the Miracle League to be provided without charge, from concessions to uniforms and equipment.

The Miracle League complex is the most utilized park in Dubuque as people come from miles around to take advantage of its facilities. There are approximately 325 Miracle Leagues around the country, all with different configurations, with the closest to Dubuque being in Davenport and Marion.

"There's not a Miracle League from Dubuque to Rochester, Minnesota. There's none between here and Madison [Wisconsin]. There's none between here and almost Freeport [Illinois]. So, you have all these families in between. We know that once they come on a given day and they have a good experience, they'll come back," said Santjer.

Everyone can help make miracles happen for all the families involved. To participate, volunteer, or donate, visit [Cityofdubuque.org/miracleleague](http://Cityofdubuque.org/miracleleague) and attend a game to witness the miracles in person. ♦

*Comments on this article can be sent to comments@juliensjournal.com.*



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gifts in 2024

# How Dubuque Shines on Great Give Day

by Jeff Danna

The Community Foundation of Greater Dubuque's annual day of giving returns. On May 21, make your gift at [GreatGiveDay.org](https://GreatGiveDay.org) to support participating nonprofits across the region.

**S**t. Mark Youth Enrichment is an important resource for many families in Dubuque County. Through offerings like early childhood education, after-school programs and school supply distribution, St. Mark complements the work of local schools and other nonprofits, providing resources that help with learning and positive



development. To support this work, St. Mark takes part in Great Give Day, the largest day of giving in Eastern Iowa. In 2024, the organization raised over \$10,000 in just 24 hours.

St. Mark is one of over 200 nonprofits that participate in Great Give Day each year. Hosted by the Community Foundation of Greater Dubuque, Great Give Day is a 24-hour, online giving event with a simple goal: Inspire people to come together and give as much as possible to support local nonprofits. It is an opportunity for organizations to reach new supporters and compete for bonus prizes from local business sponsors that increase their total gifts.

“Our community shines on Great Give Day,” says Peter Supple, the Foundation’s director of nonprofit relations. “We appreciate everyone who contributes. Every gift makes a difference.”

### A GROWING EVENT

This year, Great Give Day will be Wednesday, May 21, and everyone can make gifts at [GreatGiveDay.org](https://GreatGiveDay.org) from midnight through 11:59 PM. As in years past, participating nonprofits direct gifts to their endowment funds or toward specific programs and projects. Throughout the day, organizations compete for \$30,000 in bonus prizes sponsored by local businesses. Prizes are awarded for social media participation as well as accomplishments like “most gifts in an hour.”

Also returning this year is Great Give Day Live, a celebration of nonprofits that will take place from 11:30 AM to 1:30 PM May 21 in Dubuque’s Washington Park. Community members are invited to enjoy food trucks and music on their lunch break while also learning about local organizations from representatives who will be in attendance. It’s also a chance for people to learn more about Great Give Day and how they can easily make gifts online throughout the day.

### REGION-WIDE GENEROSITY

The Community Foundation established Great Give Day 12 years ago as part of

its work to strengthen nonprofits in the Dubuque region. Since then, it has raised more than \$3.6 million for local organizations, including more than \$450,000 in 2024. This year, the Foundation has set a fundraising goal of \$500,000.

Behind the final tallies are additional outcomes that build strong nonprofits. Many organizations start endowment funds with the Foundation so people can give to them on Great Give Day. These funds are invested, continue to grow, and pay out each year to sustain nonprofits’ work.

For donors, Great Give Day is an opportunity to simplify their giving and make their dollars go further. Dubuque residents Ernest and Peggy Jackson are among the thousands of people who give each year.

“We really try to contribute to make our community better, and Great Give Day makes it a lot easier,” says Ernest. “When you see that something you’ve done has helped improve our community, it’s pretty powerful.”

For more information about Great Give Day, and to make your gifts to participating nonprofits on May 21, visit [GreatGiveDay.org](https://GreatGiveDay.org). ♦



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# A Few Historical Threads of Holy Ghost Parish



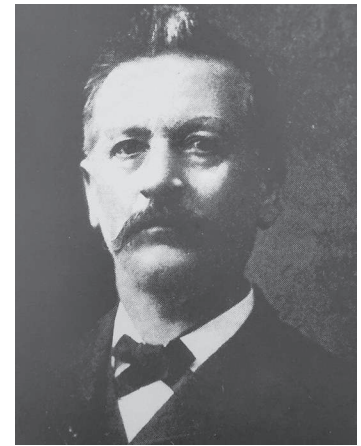
Images of the church and the modern elementary school in the 1960s. Courtesy for the Archdiocese of Dubuque.

by Jeff Meyer

Dubuque's Holy Ghost religious community dates to the late 1890s. The designer of the present-day church was the German born and Master Architect Guido Beck. Construction of Holy Ghost Church was begun in the summer of 1915, and it was subsequently

dedicated on July 4, 1916.

During the 1950s, the projected opening of Wahlert High School along with the expected population growth in the Kane Street area, prompted Holy Ghost officials to plan a modern elementary school. The proposed



Guido Beck Caption —The German born architect of Holy Ghost Church, Guido Beck (1853-1936). Photo of Guido Beck provided by Carnegie Stout Public Library.

school was to be located at 2981 Central Avenue with the architects being Durrant and Berquist of Dubuque. It wasn't until 1957 when the contemporary era began, and the completion of the modern school was realized.

By the 1963-64 school year, the new Holy Ghost School required the second floor thus maximizing the usage of the entire structure. Back in 1951, lay teachers were reintroduced to Holy Ghost. By the mid-1960s, the teaching staff reflected a balanced mixture of both Franciscan Sisters and lay people. By around 1965, Holy Ghost had developed into a flourishing parish of approximately 1,350 families. And with an enrollment of about 1,220 pupils, Holy Ghost School was the largest parochial elementary school in the city of Dubuque. ❖



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June 15 - Hunter Fuerste & His American Vintage Orchestra • June 22 - Luke Viertel and Amy Stoner with the Skyline Band  
 June 29 - Dubuque Symphony Orchestra • July 13 - Sail On: Beach Boys Tribute • July 20 - Secrets • July 27 - Kids From Wisconsin  
 Concert runs 6:30-8:30 PM. Food will be available from Hy-Vee, Delaney's Ice Cream, Freddy's Popcorn. and the Star Brewery.



### SHALOM SPIRITUALITY CENTER SHALOMRETREATS.ORG

*All events are subject to change. Visit the website for the most up-to-date information.*

#### World Labyrinth Day Festival

**Saturday, May 3 @ 11:30 AM-2 PM**

Come to deepen your understanding of the labyrinth and walk its path.

#### Shalom Silent Book Club®

**Sunday, May 4 @ 2-3:30 PM**

Participants will read in silence for the first hour without the traditional book club's pressure of having to finish a book on time, with the final 30 minutes reserved for optional social time. Registration required.

#### Peace Movie Night

**Thursday, May 15 @ 6:30-7:30 PM**

In-person or via Zoom. Watch a short documentary called *Franz Jägerstätter: A Man of Conscience*, followed by a discussion. RSVP.

#### Geocaching 101

**Saturday, May 17 @ 1-3 PM**

This program is an introduction to the hobby called geocaching, which is a great activity for families or friends to do together. RSVP required.

#### Lunch & Renew: Chair Yoga

**Wednesday, May 21 @ 11:30 AM-12:30 PM**

May's theme is Happy Brains Work Better. Registration required.

#### Meditation & Music

**Monday, May 19 @ 6:30-7:30 PM**

Experience a meditative state amid the healing sound frequencies of Crystal Singing Bowls. Wear comfortable clothing. Feel free to bring a pillow or blanket. Registration required.

#### Stations of the Resurrection

**Thursday, May 29 @ 6-7:30 PM**

Join Jim Earles for this practice on Ascension Thursday, only 10 days before Pentecost. RSVP.

#### A Workshop on Sacred Landscape

**Saturday, May 31 @ 10-11:30 AM**

In-person and via Zoom. Local author Kevin Koch discusses Celtic principles of sacred landscape as applied to Ireland and to the local Driftless area. Registration required.

### STATERA INTEGRATED HEALTH & WELLNESS STATERAINTEGRATED.COM

*All events are subject to change. Visit the website for the most up-to-date information.*

#### No Limb-its Amputee Social & Support Gatherings

**Monday, May 5 @ 4-5:30 PM**

This is a monthly gathering where individuals living with limb loss can meet others with similar experiences and struggles. Facilitator: Amy McFadden, PT.

#### Your Birth: Beyond the Basics

**Mondays, May 5-19 @ 6:30-8:30 PM**

Discover how to work with your body for a more comfortable, efficient birth.

#### Milk Parties

**Monday, May 12 @ 9:30-10:30 AM**

This support group is for moms and breastfeeding babies of all ages, as well as pumping moms and pregnant women.

#### Prenatal Yoga, 5-week Series

**Mondays, May 12 through June 16 @ 5:30-6:20 PM**

Release tension and move your body in ways that can prevent or ease discomforts of pregnancy.

#### In the Kitchen: Understanding Macros

**Thursday, May 15 @ 5-6 PM**

Learn about "macros" and what's important about them for you.

#### Mommy & Me Fit

**Saturday, May 17 @ 9-9:50 AM**

This unique class is designed for moms and their kids ages 12 months to 5 years.



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## NEWS

### STONEHILL COMMUNITIES ANNOUNCEMENTS

**Fr. Gabriel Mensah**, formerly associate pastor of the Basilica of St. Francis Xavier, Dyersville; St. Joseph Parish, Earlville; St. Boniface Parish, New Vienna; SS. Peter & Paul Parish, Petersburg; and St. Paul Parish, Worthington, will begin his role as chaplain at Stonehill Communities on July 8. He will be offering masses, anointing of the sick, reconciliation, supporting the pastoral services team, and participating in other faith-based activities at the Stonehill Health Center, Assisi Village, and Windsor Park.



Mensah is originally from the Archdiocese of Cape Coast, Ghana in West Africa. He was ordained as a priest on September 29, 2001. While in Ghana he served in various ministries including as an associate pastor, rector, and pastor. His priestly ministry in Ghana included working in both remote villages and larger cities. He has lived in the United States since June 2022.

### STAY INDEPENDENT SERIES: FINAL ARRANGEMENTS

The final program will be held on Tuesday, May 6, from 2 PM to 3 PM at Windsor Park, 801 Davis Street.

Making final arrangements involves more than planning a funeral. Get information about funeral/burial options, costs, and related Iowa laws. Use a pre-planning checklist to consider end-of-life decisions and how to organize documents to help the living. This free workshop will be presented by ISU Extension & Outreach and Stonehill Communities.

### STONEHILL COMMUNITIES OPEN HOUSE

Stonehill Communities Open House will be held on Friday, May 16, from 10 AM to 2 PM. Stop in and learn about services for older adults living at home. Tours of the wellness center, caregiver resource center, and outpatient therapy will be available.

Complimentary balance screenings with the VSTBalance system will be offered from 10 AM to 12 PM, first come-first served. There will be a dementia simulation experience from 1 PM to 2 PM. RSVP requested at (563) 690-9679.



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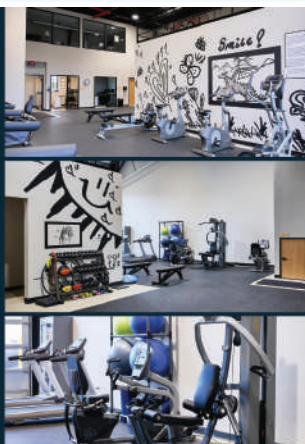
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## MEDICAL ASSOCIATES EMPLOYEE ANNOUNCEMENTS

Cardiothoracic Surgeon, **Jose Torres, MD**, joins their cardiothoracic surgery department. Torres received his medical degree and Master of Science in Biomedical Sciences from the University of New Mexico in Albuquerque, NM, and Bachelor of Science in Biochemistry from the University of Notre Dame, South Bend, IN. He completed his surgical residency and cardiothoracic surgery fellowship at the University of Iowa in Iowa City. He is fluent in Spanish and English.



Most recently, Torres worked at Hannibal Regional Healthcare System in Hannibal, MO, where he played a key role in developing and starting the open-heart surgery program.

With over a decade of treating various heart and vascular conditions, Torres is currently the only heart surgeon in the Tri-State area. As a member of the cardiothoracic surgery department, he provides a range of surgical treatments including heart bypass surgery,

valve repair and replacement, ascending aortic aneurysm, thoracotomies, and video assisted thoracic surgery.

**Emily Weig, MD**, will be joining their dermatology department. Weig received her medical degree from the University of Iowa Carver College of Medicine in Iowa City, and Bachelor of Science from Loras College in Dubuque. She also completed her residency in dermatology at the University of Iowa Hospitals & Clinics, Iowa City.



Weig brings experience and expertise in comprehensive dermatological care. She is a Dubuque native who most recently practiced at Grand River Medical Group in Dubuque. Board-certified by the American Academy of Dermatology, Weig demonstrates the highest standards of education, training, and knowledge in the field of dermatology.

Weig provides dermatology care for a range of skin conditions including acne, warts, eczema, lesions, and tumors, for patients of all ages.

## UNITY-POINT HEALTH FINLEY ANNOUNCEMENTS

**Jeff Baker, BSN, RN**, and **Sharon Hartman, MSN, CNRN**, were appointed to nursing director roles in support of several hospital departments.



Baker has been named the director of critical care, with oversight to the emergency department, respiratory therapy, intensive care unit, family birthing suites, and geropsych. He has worked at Finley Hospital for 11 years, most recently serving as the manager of the emergency department.

Hartman has been named the director of med/surg, with oversight to 5 North, 5 Med/Surg, acute rehabilitation, and resource. She has more than 25 years of nursing experience, both at the bedside and in leadership roles. Most recently she was the medical surgical director for HCA Healthcare in Fredericksburg, VA.



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# Taste

RESTAURANT REVIEW

by Cassie Cate

## L. MAY OFFERS A UNIQUE AND QUIET AMBIANCE

*If you find yourself strolling downtown Dubuque after taking in one of the many events, festivals, or attractions the Key City has to offer, you may find yourself walking by a quaint little bistro by the name of L. May Eatery. With its unique menu and quaint ambiance, this eatery offers an experience diners will appreciate and remember.*

**L. May** is the namesake of Lillian May, the grandmother of the original founders: brother and sister team Lea and EJ Droessler. When the pair founded the restaurant in 2007, their goal was to offer their clientele good, old-fashioned home-cooked food made with the love and care their grandmother provided. This sense of warmth and hospitality served as the inspiration behind the décor and menu that became L. May.

The Droesslers were not rookies in the restaurant industry and used their knowledge to run the restaurant for over a decade. Bringing Chef Tony Joos into the kitchen from their former restaurant encounters, they emboldened their menu with delicious, homemade food in a cozy setting for customers to enjoy.

The two turned the business over to the current owners David Downs and Brian Lucey. Brian is no stranger to the restaurant business, owning and operating Gooch's Greenhouse in Kieler, Wisconsin. David, Brian's nephew, is the managing partner customers will most frequently find within the eatery. David served several restaurants in the Chicagoland area and worked as a food representative, so he was ready to take the opportunity with





uncle and continue the legacy the Droessler had begun.

Nestled in historic Downtown Dubuque, the location of L. May plays a big role in creating a unique atmosphere and customer experience. Downs and Lucey are pleased to provide. The storefront was revitalized through the Gronen Restoration of Dubuque, bringing life back to an otherwise worn façade. Inside, the restaurant feels more like home, offering diners a comfortable place to relax and enjoy a good meal.

According to Downs, the revitalization of Dubuque has truly helped their business boom. David said it amazes him how many people he encounters each weekend in the dining room that are visiting area attractions like the River Museum and Aquarium or taking advantage of the events, the Five Flags Center offers. Downs said, "We take for granted how awesome it is to have these things right in our back door."

Earlier this winter, he recalled two couples who were enjoying L. May after coming to Dubuque for a special event the Carnegie Stout Library had to offer. Offerings like these are helping the community thrive, David says. He is truly elated to see how much the tri-state area has to offer with new hotels, museums, concerts, and events. Other business owners may not be as thrilled to see their competitors thriving, but Downs could not be more encouraged and excited for other local restaurants to thrive, as well. This success is breeding more life into the Dubuque area, and is creating an atmosphere people come to enjoy.

Downs is encouraged by this growth and the open arms of the Dubuque community. Dubuque pride that comes from generations of living and working in this area is something he appreciates, but he is excited by the warm welcome the city shares with those coming for new employment and housing opportunities, embracing them with a warm Dubuque welcome.

Part of the warm Dubuque welcome L. May provides is its unique menu, offering cuisine diners can't find at a typical chain restaurant. Chef Tony is behind this delicious menu, using his years of experience at other local restaurants like Fried Green Tomatoes in Galena and Timmerman's Supper Club in East Dubuque. The specialized training in seafood

preparation he received from the New England Culinary Institute is the driving force behind many of the featured fish dishes that can be enjoyed at L. May.

L. May has a streamlined menu with a purpose. The goal is to offer quality dishes and amazing flavors that can often be lost with a larger scale menu. At L. May diners can enjoy a meal of various price points and styles. This makes the restaurant unique in that friends can come in for a quick lunch of a pizza and beer, couples can come in to celebrate a special anniversary or birthday, or families can come and enjoy a good, home-cooked meal after a day enjoying Dubuque's local attractions. "The value is in the service and ambiance" L. May provides each customer according to Downs.

It's hard to say what the favorites are at L. May because there are so many that have stood the test of time. The steak, salmon, and pork shanks are among the many favorites, but the signature pizzas keep customers coming back for more.

Two favorites are the "You're in Dubuque" Pizza and the Figgy Piggy Pizza. Classic Dubuque flavors of a hearty red sauce, locally sourced bacon and sausage, mushrooms, red onions, mozzarella, and cheddar cheese top a thin or hand tossed crust. The Figgy Piggy comes on a roasted garlic olive oil crust with sausage, figs, caramelized onions, mozzarella, goat cheese crumbles, and a balsamic reduction.

The Dinner Menu's items include Filet Mignon, Salmon, Pork Osso Bucco, and more, and are all accompanied by soup or salad and fresh bread. Weekly specials are also available and can be found on their website. All these items can be enjoyed with a salad or appetizer, like the Local Honeycomb with whipped goat cheese, blueberry jam, honeycomb, and toast points. Saturday and Sunday lunch serves up paninis, like the Cheeseburger or Figgy Piggy, soups, salads, and of course, pizza.

If you want to enjoy all L. May has to offer, you can find it at 1072 Main Street, Dubuque. Lunch is served on Saturdays and Sundays, from 11-9 and 11-8, respectively. Mondays and Thursdays, dinner is served from 4:30-8:30 and Fridays from 4:30-9. Experience the food, service, and flavor so many have come to love.

You can visit their website at [Lmayeatery.com](http://Lmayeatery.com). ♦

*Comments on this article can be sent to [comments@juliensjournal.com](mailto:comments@juliensjournal.com).*



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# SIPS & TIPS Taste

Article and photo by John Donovan



## WHAT'S IN THE BAG?

*"The satisfaction of a job well done is our reward and what drives us to improve day by day"*

*Marian Saint Mary of Las Heras – Winemaker at Dominio Fournier*

In planning this month's wines, I was going to bring both a red and a white, but Angela was headed to the Twin Cities and offered to pick up a white (since I already had a red). Before the tasting, I asked her to drop the bottle by my house so I could take the article photo. She was a bit bummed as she stated, "then you'll see the wine and won't have to guess."

I told her to bring it in a bag and I wouldn't look, and I didn't. I took the photo leaving the wine secure in the bag and did not see

it until after we tasted it and pulled it from the bag. You can see the bottle (now empty) below! The red wine this month, I read about in the *Drinking and Knowing Things* wine blog by Michael Amon, author of the book by the same name. If, after reading this article, you wish to order a bottle, call Family Beer and ask for Joshua. He can order and have it for you within about a week or so.

A point of information about TeamWines's tasting — most of the time we are tasting the wines blind. Meaning the bottles are bagged,

so we don't see what the wines are prior to sampling and develop preconceived notions about what the wines may taste like. Of course, the person(s) bringing the wine will know but the others do not. We feel it's a better way to judge the wine fairly but also test our wine identification abilities.

### SIPS

The paper bag revealed a **2023 Mr. Brightside Gamay Noir Blanc** (12% abv, \$18 Dolce Vita Wine Shoppe in Chaska, MN). What a fun surprise! Mr. Brightside winery was established by Tim Fulnecky in 2020 and is owned and operated by Tim on the Central Coast of California. The grapes were organically farmed, they spent 6 months in stainless steel, and no malolactic fermentation. The

wine had a clear, slight lemon peel yellow tint. It was clean and precise with fresh floral notes of citrus, honeysuckle, and a damp dish cloth with lemon scented dish soap on it (there was a dampness to the lemon scent). The wine had a medium light body with low acidity, offering just a slight grip on the palate. This wine went very well with our breaded mushrooms and crab cake offerings. It also heightened the flavors of our white cheddar and Manchego cheeses. We felt it would pair well with a mild chicken dish or a mushroom risotto.

Our red this month is a **2019 Dominio Fournier Ribera Del Duero** (14% abv \$31) This wine is 100% Tinta del País. Grapes have been grown in the Ribera del Duero region beginning over two thousand years ago when some Benedictine Monks left Burgundy and headed south into Spain. Tinta del País, also known as Tempranillo, is the primary grape in this region which borders the Duero River (yes, the same one as in Portugal, just spelled differently). Sometimes you may see it referred to as Tinto Fina.

Dominio Fournier's vineyards are 2,550 feet above sea level. The soil is river gravel with excellent drainage. The grapes are hand harvested and go through a 5-day dry ice maceration and then malolactic fermentation. The wine is aged 12 months in French oak. If you like Rioja or Cabernet Sauvignon, you're going to enjoy this wine.

This wine was dark garnet in color. We picked up aromas of a cigar box, fresh leather, baked dark cherry pie/cobbler and a bit of roasted pepper. We enjoyed these aromas a lot. On the palate, the cherry notes came through, but we also had cassis, pistachio, and a hint of cranberry chutney. Tannins were rather noticeable (medium-plus) but balanced. There was medium acid making for a pleasant mouth feel. Aidan, (son of Erin) our plus-one to TeamWine this month, noted the wine "stings a little" remarking on the acid. The wine had a smooth and somewhat lengthy finish. The wine paired well with olives and salty food. We all felt it paired nicely with the baked mushrooms, and the dried apricots and, of course, we all indicated it was splendid with the dark chocolate. Erin nailed

the region before the reveal by guessing the wine was from the Douro valley. She was thinking Portugal, but this was from along the Duero River in Spain. All in all, we each enjoyed the wine!

#### TIPS

It's time for picnics at parks and sitting on your back porch enjoying a glass of wine. Keeping a bottle of white chilled though can be a challenge. If you have a thermal sleeve,

that is an easy solution. Another, almost as easy is to wrap the bottle in several layers of damp newspaper and then transport it in a plastic bag to your location of choice (just be sure it's a legal location). You can even leave it wrapped after you open it and it should remain cool throughout your picnic, even in the sun. This will work similarly on the back porch; a rubber band will help keep the newspaper in place.

Salut! ♦



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June 11, 2025, 11:30 am-1:00 pm, at Shalom Spirituality Center

#### SHALOM ANNUAL WELLNESS FAIR

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# Business & Community News

## RIVER MUSEUM AWARDED GRANT FOR EXHIBIT

The National Mississippi River Museum & Aquarium was recently awarded an Inspire Iowa Cultural Tourism Grant award of \$50,000 in support of the summer 2025 traveling exhibit, Ice Dinosaurs: The Lost World of the Alaskan Arctic. Funding will support this new traveling exhibit, produced by Imagine, in addition to educational programming and a correlated regional marketing campaign designed to attract significant tourism to the River Museum and the region.

The Inspire Iowa Cultural Tourism Grant is funded through an appropriation by the Iowa Legislature. Funding is provided by the Iowa Tourism Office, and the program is administered by the Iowa Arts Council, both of which exist within the Iowa Economic Development Authority.

Ice Dinosaurs is making its debut in the Midwest with the River Museum being the third stop on its tour. The exhibit transports visitors back to the prehistoric era, uncovering the incredible dinosaurs and other creatures that roamed the frozen landscapes of Alaska millions of years ago. This exhibition presents a unique look at paleontology, climate science, and the survival of ancient species in one of the harshest environments on Earth.



## CREATIVE AGING CLASSES FOR SENIORS

Northeast Iowa School of Music (NISOM) is offering a series of Creative Aging classes, "Memories of the heART," which will explore the memory theme in multiple arts disciplines. The classes are held five Thursdays in May, from 1 PM to 3 PM, culminating with a free public presentation on Saturday, May 31. Open to participants ages 50 and older, all sessions will meet in the Theater Room of Sunset Park Place, 3730 Pennsylvania Ave. No experience necessary. Advanced registration is required by April 25. Visit <https://www.NISOM.org/CreativeAging>.

DuTrac Hosts Annual Diaper Drive

DuTrac Community Credit Union announced its 2nd Annual Diaper Drive, dedicated to addressing diaper insecurity among

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families in need. Running throughout May, the drive aims to collect 7,500 diapers across all DuTrac branch locations to support families through distribution partnerships with United Way Dubuque Area Tri-States and Hiney Helpers of the Quad Cities.

Last year's inaugural drive resulted in the collection of more than 3,700 diapers, making a meaningful impact on local families. With increased awareness and participation, DuTrac is setting an even higher goal for 2025.

Members of the public are encouraged to donate diapers of any size at any DuTrac branch, including in Platteville, WI, where donations can be dropped off at the DuTrac Mobile Branch (151 Millennium Drive) on Wednesdays and Fridays from 8:30 AM to 5 PM, or inside Millennium Cinema on alternate days. All donations will stay local, with contributions made at each DuTrac branch distributed to partner organizations serving that specific community.

### HONKAMP NAMES NEW CFO

Honkamp, P.C. announced that one of the firm's longtime leaders has been named the new chief financial officer (CFO). Shareholder Shannon Hunter, CPA/PFS, CGMA, has been promoted to the role. The CFO position previously was held by Jenny Daughette, who retired at the end of 2024.



Hunter joined Honkamp in 2004. Her previous roles with the firm include staffing solutions supervisor, accounting training manager, senior special projects manager and, most recently, director of business intelligence.

She earned her B.S. in accounting and business administration, with an emphasis on finance, from University of Wisconsin-Platteville. She is a certified public accountant (CPA), personal financial specialist (PFS), and Chartered Global Management Accountant (CGMA).

### CALL FOR NATIONAL PHILANTHROPY DAY® 2025 AWARD NOMINATIONS

The Greater Tri-State Chapter of the Association of Fundraising Professionals (AFP) is seeking nominations for its 2025 National Philanthropy Day® Awards. Local community members may nominate someone who makes a difference in the community with



Nominate them by June 27 to be recognized at the  
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Thursday, November 6, 2025!

their giving back.

Awards will be given in the following categories: Outstanding Individual Philanthropist, Outstanding Volunteer Fundraiser, Out-

standing Professional Fundraiser, Outstanding Philanthropic Organization, Judges Award, and Outstanding Youth in Philanthropy (grade school, high school, or college).

National Philanthropy Day® nomination forms are available online at [TinyURL.com/NPDnominate](https://TinyURL.com/NPDnominate). Nominations are due by June 27, 2025. Nominations are reviewed by a volunteer panel of judges. The National Philanthropy Day® Awards Luncheon will be held Thursday, November 6, at Hotel Julien.





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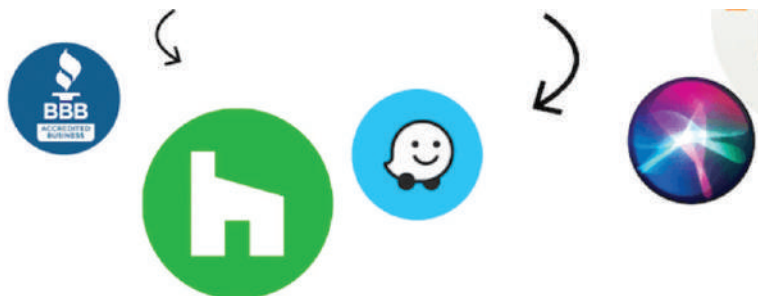
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