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West Campus: 1500 Associates Drive, Dubuque, IA | East Campus: 1000 Langworthy Street, Dubuque, IA

66 PATIENT TESTIMONIAL

Overall, the transition from being a patient myself to having my children receive care has been seamless. The doctors, nurses, and receptionists in both departments have always been incredibly kind and helpful, answering any questions and assisting with appointments.

* * * * (5 out of 5 star review)

CONTENTS JANUARY 2025



JANUARY FEATURES

- 9 GREATER DUBUQUE DEVELOPMENT CORPORATION'S RICK DICKINSON: 30 YEARS OF LEADERSHIP
- 12 HOW TO PROTECT YOURSELF FROM FINANCIAL FRAUD
- 13 A FEW FUN FACTS ABOUT DUBUQUE'S FIRST MAYOR
- 14 DUBUQUE'S 11TH STREET ELEVATOR

COVER PHOTO OF RICK DICKENSON, PRESIDENT & CEO OF THE GREATER DUBUQUE DEVELOPMENT CORP. CONTRIBUTED BY THE GREATER DUBUQUE DEVELOPMENT CORP.

- 2 PUBLISHERS NOTE
- 4 CALENDAR OF EVENTS
- 7 CARNEGIE-STOUT LIBRARY

HEALTH & WELLNESS

- **16** HEALTH & WELLNESS NEWS
- **18 SENIOR CARE AT UNIFIED** THERAPY SERVICES

TASTE

- **20** RESTAURANT REVIEW THE RED ROOF DINER IS A PLACE WHERE EVERYONE KNOWS YOUR NAME
- 23 SIPS AND TIPS TWO REASONABLY PRICED WINES TO START THE NEW YEAR
- 25 BUSINESS & COMMUNITY NEWS



Photo of the Month

Comments and photos for possible use in a future issue can be sent to Robin@JuliensJournal.com.

Photo contributed by Robin Nichols.

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PUBLISHER'S NOTE

Many times, January in Iowa can make you want to curl up by the fireplace and read a good book or watch a movie. But if you are the adventurous type, there are several outdoor activities in the Dubuque area that you can enjoy. You can go skiing at the local ski areas Sundown Mountain and Chestnut Mountain. Or if you are willing to drive a little more than an hour you can try Tyrol Basin near Mt Horeb, Wisconsin or Snowstar Winter Park in the Quad Cities area. Winter is one of the best seasons for Eagle watching near Lock & Dam #11. You can also get some exercise and hit the trails, rather its walking, jogging, cross country skiing or snowshoeing, Mines of Spain, Swiss Valley and the Heritage Trail all offer the opportunity to enjoy nature and get some exercise.

Inside this issue

When Rick Dickinson was hired to lead Greater Dubuque (GDDC) in 1995, the region was a different place. Still recovering from the 1980's when its unemployment was at a nation-wide high, the efforts of the organization were focused solely on recruiting new businesses to Dubuque. Three decades later, both the GDDC and Dubuque have changed. Learn more on page 9.

In 2023, Americans reported they were the victims of more nearly \$10 billion in financial fraud. With fraud increasing in frequency and intricacy, investors must stay vigilant about protecting their financial security. Lean about six steps you can take to help protect yourself on page 11.

Dubuque's first mayor was Caleb H. Booth. Learn some fun facts about him on page 12.

Most Dubuquers are well acquainted with the city's 4th Street Elevator, but many aren't as familiar with the historic 11th Street Elevator, a short rail that was incorporated in 1887 and was in continuous use until 1927. Read about it on page 14.

Dining out isn't just about the food- it's about the experience. Food can taste good, but it's how you feel when you are eating it that makes all the difference. The color red is synonymous with love and care, and that's just what you get when you pull into the Red Roof Diner. Read about them on page 20.

TeamWine ushered in the New Year on a Sunday afternoon by celebrating with two lovely wines that will help you usher in a new year. Both wines are easily accessible, priced very reasonably, and will start January off on a good note. Learn more on page 23.







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Upcoming Events Should be Emailed to Juli@JuliensJournal.com.

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January Events

Events are subject to change. Please visit listing sites for the most up-to-date information. Submissions may also be edited and are printed at the discretion of the publisher.

Reflections in the Park

Through Sunday, January 5 5-10 PM @ Louis Murphy Park Hillcrest Family Services' annual lights festival. Visit Hillcrest-FS.org.

New Year's Eve Party

Tuesday, December 31 6 PM @ Hotel Julien

Ozzy & Bon JoeB will be playing rock and country hits to kick things off. Then dynamic DJ Saxophonist Nostalgia Rush will take you on a musical journey throughout the rest of the night. Visit HotelJulien-Dubuque.com.



An Evening with Roy and Friends

Tuesday, December 31 7 PM @ Ohnward Fine Arts Center (Maquoketa, IA)

Enjoy music from Elvis, Ricky Nelson, Sam Cooke, Dion & The Belmonts, Bobby Darin, Roy Orbison, and more. Visit Ohnward-FineArtsCenter.com.



Celebrating Sinatra & The Great American Songbook

Tuesday, December 31

8 PM @ The Grand Opera House

Spend New Year's Eve with Hunter Fuerste's Orchestra and Bryan, Anthony Celebrating Sinatra & The Great American Songbook featuring the music of Dean Martin, Sammy Davis Jr., Nat King Cole, Bobby Darin, and Old Blue Eyes. Visit TheGrandOperaHouse.com.

The HYPE

Tuesday, December 31

8 PM @ Q Showroom

Enjoy all the rock music you know and love playing everything from Def Leppard to Bon Jovi to Aerosmith, and more. Over two hours of electrifying, high-energy, '80s rock. Visit QCasinoAndResort.com.

First Day Hike

Wednesday, January 1,12-2 PM @ EB Lyons Center at Mines of Spain Hike will last 20 to 40 minutes. Refreshments provided by the Friends of the Mines of Spain. Dress for the weather. Bring trekking poles/hiking sticks. For more information, email minesofspain@gmail.com.



Winter Break Day Camps

Thursday & Friday, January 2-3 9 AM-4 PM @ The National Mississippi River Museum & Aquarium

Special day camps for kids in K- 5th grade during winter break. Each day offers different themed sessions with fun, educational programs. Visit **RiverMuseum.org.**

First Fridays

Friday, January 3

@ Various Locations in Dubuque

First Fridays is Downtown Dubuque's monthly visual art series, hosted by galleries, museums, and venues, celebrating Dubuque's great visual arts scene. Visit **DbqArt.org/First-Fridays.**

Early Explorers: L is for Ladybug

Tuesday, January 7

10-11 AM @ National Mississippi River Museum & Aquarium

Early Explorers is open to children ages 2-5 along with a parent or caregiver. Programs include a variety of hands-on and active activities, including a craft and a game. A parent and/or caregiver can attend the program for free with the toddler. Visit **RiverMuseum.org.**

Wild West Wednesdays

Wednesday, January 8, 15, 22 & 29 7-11 PM @ Dubuque County Fairgrounds

Come for country dance music and fun. All ages. Visit **DBQFair.com**.



Homeschool Days: Down in the Delta

Thursday, January 9

10 AM-4 PM @ National Mississippi River Museum & Aquarium

Discover a variety of hands-on science activities. Visit **RiverMuseum.org**.

Improving the River Environment

Thursday, January 9

7-8 PM @ EB Lyons Interpretive Center Jeremiah Haas, the fisheries biologist at Quad Cities Clean Energy Center, will speak about their Mississippi River monitoring, hatchery operation, and outreach. Visit **AudubonDubuque.org.**



Harlem Globetrotters

Saturday, January 11

2 PM @ Five Flags Center

The Harlem Globetrotters[™] are the originators of basketball style; captured by their dynamic athleticism, unique skill, and historical influence on the modern game of basketball. Visit **FiveFlagsCenter.com**.

Special Olympics Iowa

Monday & Tuesday, January 13-14 9 AM @ Sundown Mountain Resort
Dubuque plays host to more than 200 athletes, unified partners, and 100 volunteers for the two-day winter games. Visit SundownMtn.com.

Fabulous Fridays Artists Series

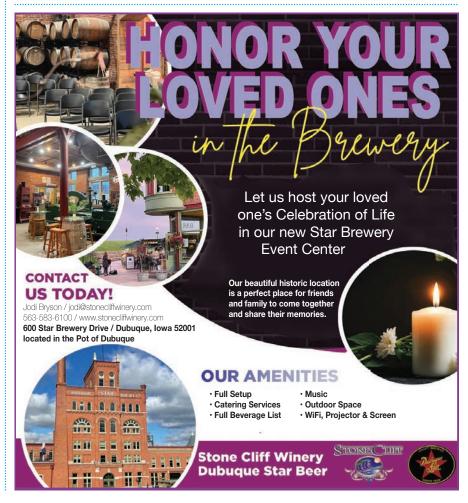
Fridays, January 17 through March 28 12-12:30 PM @ St. Luke's United Methodist Church

Fabulous Fridays began in 1992 and over the years these informal downtown performances have grown to include hundreds of locally and nationally recognized artists. Performances and desserts are free, but baskets are provided for contributions to People In Need (PIN) and the church's Jesus Fund. Visit **StLukesDbq.org/FabulousFridays.**

DSO Ultimate Rock Hits

Friday & Saturday, January 17-18 8 PM @ Mississippi Moon Bar

The Dubuque Symphony Orchestra (DSO) joins with local rock bands to present an amazing symphonic rock experience featuring chart topping hits from the 1970s to the present. Visit **DubuqueSymphony.org.**





Ice Fest

Saturday & Sunday, January 18-19 10 AM-5 PM @ National Mississippi River Museum & Aquarium

Enjoy winter crafts and indoor and outdoor activities (weather permitting) that are fun for the whole family. Warm up with smores and hot cocoa for purchase while exploring the River Museum's exhibits. The event is included with general admission. Visit RiverMuseum.org.

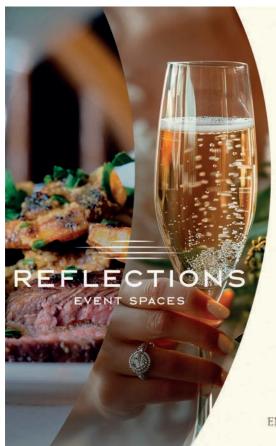
The Cowtippers

Saturday, January 25 2 PM @ Ohnward Fine Arts Center, 1215 E. Platt St. (Maquoketa, IA) The Cowtippers show is a timeline of country music from the 1960s through the 1990s. Visit OhnwardFineArtsCenter.com.

As Time Goes By

Saturday & Sunday, January 25-26 Saturday, 7:30 PM; Sunday, 2 PM @ **Bell Tower Theater**

What happens when a funky redhead asks AI to assist in creating a Cabaret show? With a passion for grammar, style, manners, and the timeless allure of jazz, this ginger is on a mission. Starring Cathy Goodman. Visit BellTowerTheater.net.



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The public can find "@carnegiestout" on Facebook, Instagram, Twitter, and YouTube.

All events are subject to change. Visit the online calendar at CarnegieStout.org/Events for the most up-to-date information.

Winter Reading Challenge January 2-31

Keep reading all winter long with a fun, allages reading program. Ages 0-18.

Adult Winter Reading Challenge January 2-31

Registration required.

Stress Busters with Empowermental Thursday, January 2 @ 9:30-9:55 AM; 10:15-10:40 AM; 11-11:25 AM

Registration required. Pick one of three sessions.

Monopoly Mania Friday, January 3 @ 10 AM

Come to the library and play Monopoly. Everyone leaves with a new game. Ages 8-12. Registration required.

Toddler Time

Monday, January 6, 13, 20 & 27 @ 9:30 AM & 10:30 AM

Programs feature short stories, songs, and movement activities. Ages 18-35 mos. Adult participation required.

Baby Rhyme Time

Tuesday, January 7, 14, 21 & 28 @ 10:30

Hear stories, rhymes, and songs during this interactive program. Ages birth-18 mos. Adult participation required.

Preschool Storytime

Wednesday, January 8, 15, 22 & 29 @ 10:30 AM

Stories, sing-alongs, and movement activities. Ages 3-6. Adult participation required.

Minecraft Mania

Wednesday, January 8 @ 5:30-6:45 PM

Ages 7-14. Registration required.

Movie Night

Thursday, January 9@6 PM

Come for a free movie suitable for adult audiences. Ages 16+.

Baby Block Party Friday, January 10 @ 9:30-11 AM

Little ones enjoy a morning of playtime and socializing. Ages 1-5.

Lollipops & Music Saturday, January 11 @ 10 AM

This concert series is offered for preschool children and their families. Children must be accompanied by an adult.

Reading with Rover

Saturday, January 11 @ 10:30-11:15 AM

Read or listen to a story with some furry friends. Do not bring a pet; kid-friendly dogs are provided. Ages 6-9.

Great Reading Challenge Saturday, January 11 @ 1-3:30 PM

Registration required.

Buttons & Bobbins Thursday, January 13 @ 4 PM

Learn how to use a sewing machine and complete a simple sewing project. Materials provided. Ages 10-17. Registration required.

Teen Personal Safety Tuesday, January 14@4PM

Join the DBQ Community Policing Division

and explore personal safety and situational awareness. Ages 12-18.

Virtual Author Talk Wednesday, January 15 @ 6 PM

"Magic of Found Family" with T.J. Klune. Registration required.

Zoo Animal Sticker Paintings Wednesday, January 15 @ 4 PM

Create zoo animal sticker paintings. Ages 6-10. Registration required.

Tummy Time Paint Party Friday, January 17 @ 10:30 AM

Spice up tummy time with some hands-on paint activities at the library. Ages 2-12 mos.

LEGO® Challenge Saturday, January 18 @ 10 AM

Build, create, and have fun. The library provides the LEGOs[®]. Donations welcome. Ages 5-12.



Family Book Bingo Saturday, January 18 @ 2 PM

Ages 4-12.

Dog Man Party Sunday, January 19 @ 1 PM

Come to the library for games, comics, and crafts before the big movie release next week. Ages 8-12.

Felt Flower Hair Clips Tuesday, January 21 @ 4 PM

Make a felt flower hair clip. Ages 12-17. Registration required.

Pokémon Club Wednesday, January 22 @ 5:30 PM

Meet other Pokémon trainers. Ages 6-12. Registration required.

Virtual Author Talk Thursday, January 23 @ 1 PM

"Notes on Modern Irrationality" with Amanda Montell. Registration required.

National Seed Swap Day Celebration Saturday, January 25 @ 2:30-4:30 PM

Kevin Koch Author Event Sunday, January 26 @ 1-2 PM

Midwest Bedrock.

Mini Dot Art

Monday, January 27 @ 4 PM

Paint a simple yet lovely work of art on a small canvas with dotting tools. Ages 10-18. Registration required.

Virtual Author Talk

Tuesday, January 28 @ 12 PM

"An Inside Look at Working with a Literary Agent" with Seth Fishman. Registration required.

Sun SHINE Squad

Tuesday, January 28 @ 4 PM

Work on volunteer projects while providing feedback on making the library a welcoming place for teens. Ages 12-18. Registration required.

Clay Circuits

Wednesday, January 29 @ 4 PM

Use special conductive, insulating clay to create a sculpture. Ages 6-11. Registration required.









EAST DUBUQUE
HAZEL GREEN
PLATTEVILLE
MANCHESTER



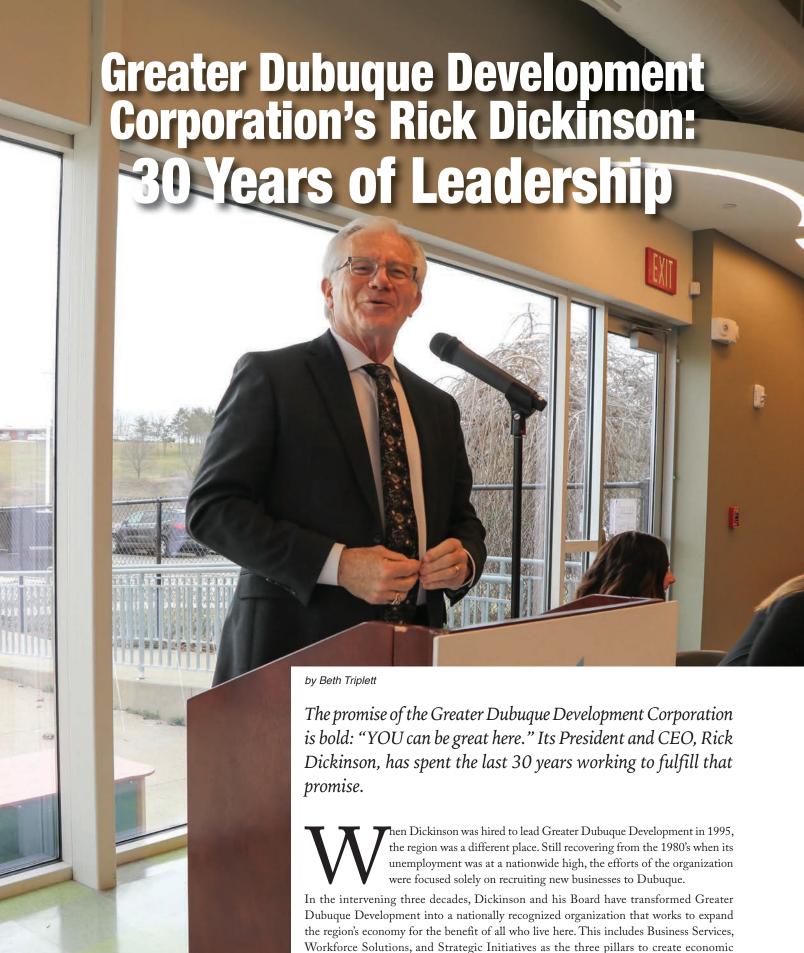
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FEATURE

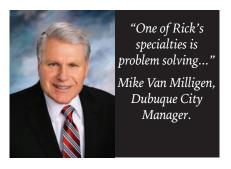
Dickinson announced that he will step down from his role at the end of 2025, paving the way not only for new leadership but for reflection on all that he and the organization have accomplished during his tenure.

"I'm most proud of the fact that the Greater Dubuque region is now envied by others that once made fun of us," said Dickinson.

"I think the board will be stunned by the interest in filling my position based on the condition of our economy and how robust the community and the organization are."

Under his leadership, Greater Dubuque Development has been involved with such projects as the Dubuque Industrial Center West, the new childcare facility, Port of Dubuque riverfront development, Main Street, and broadband access. These efforts have not only enhanced the quality of life, but also fueled population growth, lowered the unemployment rate, increased median household income, expanded housing options and solidified a unique collaborative model that brings together businesses, nonprofits, government and labor.

While Rick was quick to insist that his involvement shouldn't be overstated in this article, it was also evident that those who have worked with him understand the pivotal role Dickinson has played in helping the region transform.



"You learn in science class that every chemical reaction needs a catalyst and that was what we needed in Dubuque. Ever since Rick was hired, Rick has been that catalyst," said Mike Van Milligen, Dubuque City Manager. "Rick knew how to work with people, getting them to do more than they knew they were capable of accomplishing. One of Rick's specialties is problem solving without throwing people under the bus. At the same time, it was always clear where

Rick stood as he would remind you, "The city is my partner, but the business is my client." Rick would work hard to make sure disagreements were not played out in public forums, but many disagreements there have been."

Van Milligen continued: "Look at the results over the last 30 years. Many cities in the Midwest had huge population declines in the 1970's and 1980's, but Dubuque County is one of the few that now exceeds the previous population records. While that does not happen without an entire community working together and really good individuals playing their part, it needs a catalyst, and for Dubuque that has been Rick Dickinson."

Two distinct situations occurred early in his role that Dickinson used as motivation to propel the region forward. One of his first development visits was with a prospect scheduled to fly to Dubuque, but the flight was canceled. Instead, the prospect drove in from O'Hare and told Dickinson that all he saw was a "dirty little river town."

Soon after, Dickinson was in Duluth, Minnesota, and saw their lakefront redevelopment and the metamorphosis that followed, so he invited the city planner to Dubuque. It allowed people to coalesce around the riverfront project, including the Mississippi River Museum, Grand Harbor Resort, Diamond Jo, and burial of the flood wall.

"People got to work together on this thing and fix it," reflected Dickinson. "And that was the model, the secret sauce of Dubuque going forward. It's not about great development; it's about a community really finding a way to get something done, delegating credit and accepting blame."

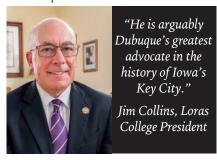
Dickinson is a synergist who combines relationships, data, and learning to create systemic solutions that benefit many. His staff has conversations with over 250 businesses every year to learn about challenges and opportunities, uses that data to frame the issues and potential solutions, and then facilitates collaboration to accomplish goals and replicate success.

"Dubuque County is 3% of the state's population and we do 30% of all the business retention calls in the state. It's difficult work; it's time-consuming, it takes professional staff. But it's the most productive thing we do," said Dickinson. "Others don't do it because they think they already know what's going on at a business because they golf with the boss, but you can't compare what one CEO thinks vs another unless you ask the same questions of each, enter it into a database and understand on a macro level what needs to be done. Because we take time to talk to business, business informs us of what should be in the other baskets of our work."



. "We're incredibly fortunate to have a community leader of his caliber here in Dubuque." Matthew Mulligan, Conlon president

Many business leaders agree. "Having collaborated with numerous economic development organizations throughout Iowa, I would place GDDC among the very best for the value they bring to the business community, said Matthew Mulligan, Conlon president. "We're incredibly fortunate to have a community leader of his caliber here in Dubuque."



Nonprofit leaders also recognize the importance of Dickinson's contributions. Loras College President Jim Collins notes: "Rick loves the Dubuque community and has worked passionately to represent its best interests economically, socially, culturally, and nationally. In his nearly thirty years of dedicated service, the results speak for themselves. He is arguably Dubuque's greatest advocate in the history of Iowa's Key City." Dickinson sees Greater Dubuque's role as one of service.

"We let the private sector, and the public sector know that this is something that needs to be fixed and we are at their service to assist in any way we can to try to make it happen," said Dickinson. "It's about communication."

Dickinson works with a board of 46 members who have been preparing for his departure since last year. A planning session is scheduled this month to review strategies and to affirm the direction of the organization as it begins the search for its next leader.

"The beauty is that Rick has built the Greater Dubuque Development Corporation into an organization with a strong board of directors made up of business, government, and unions that will survive his tenure as that catalyst to keep the Dubuque region progressing," said Van Milligen.

Dickinson doesn't plan to retire but currently has no firm plans for what comes next. "I fully intend to work, but I just don't know what that work is," he said. "My wife says I'm not happy unless there's a problem I'm trying to solve."

No matter what next challenge he takes on, Dickinson leaves behind 30 years of contri-



butions that have contributed to prosperity and promise for the region.

"Rick Dickinson is a transformative leader for the Greater Dubuque Region," wrote Kay Takes and Alex Dixon, current and immediate past chair of the Greater Dubuque board. "His vision and relentless commitment to economic development have not only strengthened our local businesses but have created opportunities for countless families and individuals. His legacy is one of growth, resilience, and community impact that will be felt for generations to come." �

Comments on this article can be sent to comments@juliensjournal.com.



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SATURDAY, JANUARY 25@2PM



THE COWTIPPERS show is a timeline of Country Music, starting in the 60's thro They try to represent some of the most popular music from the different periods, such as the emergence of Patsy Cline, Johnny Cash, etc, through the Merle Haggard, George Jones period. They then progress to the 70's "Urban Cowboy" craze, then on to the resurgence of Country during the late 80's into the 90's with George Strait, Brooks & Dunn, etc. This show is guaranteed to trigger some memories!

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How to Protect Yourself from Financial Fraud

In 2023, Americans reported they were the victims of more nearly \$10 billion in financial fraud. With fraud increasing in frequency and intricacy, investors must stay vigilant about protecting their financial security. Here are six steps you can take to help protect yourself:

ACTIVELY AVOID SCAMS

The best advice for bypassing fraud involves a series of don'ts. Don't pick up calls or respond to texts from numbers you don't recognize. If your bank leaves a message, return the call only after double-checking you have the correct number for your financial institution. Don't click on links or download documents unless you are certain of the source. Don't provide account information over the phone, email or social media.

LOOK FOR RED FLAGS

Typos, grammatical errors and unusual return email addresses are giveaways of phishing emails. Scammers often use a fake address that mimics the address of a trusted source. To "unmask" the sender, hover over the visible address to reveal the real source. Additionally, be wary of investment scams that promise sky-high returns. If your gut is telling you it's too good to be true – it probably is.

MONITOR YOUR ACCOUNTS

Check account transactions and balances frequently to keep an eye out for suspicious or unauthorized charges. If you do not recognize an expenditure or suspect fraud, contact your financial institution immediately. If available, activate alerts to receive immediate notification of suspicious activity

on all bank accounts and credit cards. As an added precaution, request a free credit report annually from the three major credit bureaus. Review your report to spot any changes in your credit rating or unauthorized applications for credit.

MANAGE YOUR PASSWORDS

The security of your accounts is only as good as the privacy of your passwords. Security experts recommend updating important passwords regularly (every three to six months) or sooner, in case of a data leak. A strong password is long, randomized and unique. Consider using a password manager, which securely stores and completes login fields.

TAKE ADVANTAGE OF TWO-STEP VERIFICATION

With two-factor authentication (2FA) activated, your user ID and password will prompt a request for your phone number or email. You'll receive a unique passcode to complete the login process. This extra layer of security makes it much more challenging for bad actors to hack into your secure accounts. If your password is compromised, 2FA creates one more barrier to entry.

AVOID PUBLIC WI-FI

Most public Wi-Fi sources are insufficiently secure. As a result, cyber criminals often hack into public Wi-Fi in search of financial information to exploit, such as passwords, account numbers or personal data. If you must rely on public Wi-Fi, use a virtual public network (VPN) to protect your connection. If you don't have access to a VPN through an employer, download and subscribe to a reputable network so you can safely access Wi-Fi when away from home.

It is important to remain vigilant. Pay attention to reports of fraud in the news and take note of new ploys to avoid becoming a victim. Know that there are many resources available to protect your financial accounts and security. A financial advisor can help you understand the best measures to put in place to protect your financial information.

StackStone Wealth, is a private wealth advisory practice of Ameriprise Financial Services, LLC in Dubuque, IA. To contact StackStone Wealth, visit StackStoneWealth. com or call 563.556.7132. �

Comments on this article can be sent to comments@juliensjournal.com.

A Few Fun Facts About Dubuque's First Mayor by Jeft Meye



Caleb H. Booth.

ubuque's first mayor was Caleb H. Booth. The Honorable Mayor Booth served what was once a fledgling lead mining hamlet for a one year during 1841. Some of his other contributions include being a mechanical engineer and railroad visionary.

Indeed, Mayor Booth's legacy lived on by his descendants bequeathing to the city of Dubuque in the 1960s, a portion of his amassed fortune.

According to the Encyclopedia Dubuque, Caleb H. Booth was born in Chester, Pennsylvania, on December 26, 1814, and passed away in Dubuque, Iowa on June 19, 1898. Booth was trained in civil engineering in Burlington, New Jersey, but later became an attorney and arrived in Dubuque on July 3, 1836.

Booth became involved in mining and found lead deposits which yielded several million pounds. In 1838 he became a partner in Booth & Carter, which later added R.O. Chaney to become Booth, Carter & Company.

In 1844 Booth, Carter & Company sank a shaft which resulted in the discovery of one

the richest veins of lead yet discovered in the Dubuque area. While estimating the value of the ore was difficult, some miners suspected the total amount of ore could reach millions of pounds.

Booth held a wide variety of business interests, including building the Key City Mills in 1848, the first four mill in the city. He was a partner in the mercantile business of Booth, Townsend and Company; assistant secretary and treasurer of the Dubuque and Sioux City Railroad; secretary and treasurer of the Cedar Falls and Minnesota Railway Company; and general manager of the Dubuque and Dakota Railroad until it was sold. With other partners, Booth then invested in the Dubuque and Pacific Railroad and was elected treasurer and one of the directors of the company in 1857. In 1856 he was one of the commissioners who established the State Bank of Iowa. In 1868 Booth helped organize the Dunleith and Dubuque Bridge Company. He was also secretary and treasurer of the Iowa Land and Loan Company.

Booth later designed Booth's Improved Dredge Pump, which became popular resulting in customers from as far away as Seattle and Tacoma Washington. ❖







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DUBUQUE'S 11TH STREET ELEVATOR

Most Dubuquers are well acquainted with the city's 4th Street Elevator, but many aren't as familiar with the historic 11th Street Elevator, a short rail that was incorporated in 1887 and was in continuous use until 1927.

y the late 1800s, Dubuque's bluff top living had become popular with many residents who were forced to use an unpopular, steep stairway to get to downtown businesses and back up to their homes. The first reference to wooden steps up the bluffs dates back to 1871, when

Capt. West built a 100-step flight of stairs to his house on "West Point." In 1876, another reference reported the expenditure of \$250 for the replacement of "Bluff Stairs." Bluff top living offered amazing views, but those views came at the price of climbing stairs or taking a long circuitous route down to the

city below.

Residents who lived on the Eleventh Street Hill were inspired by Jesse Farley's private inclined railway service a few blocks away on 4th Street. Farley started his own service in 1883 and charged his neighbors a quarter to ride his elevator. By the mid-1800s, Farley had a booming business that even survived numerous destructive fires.

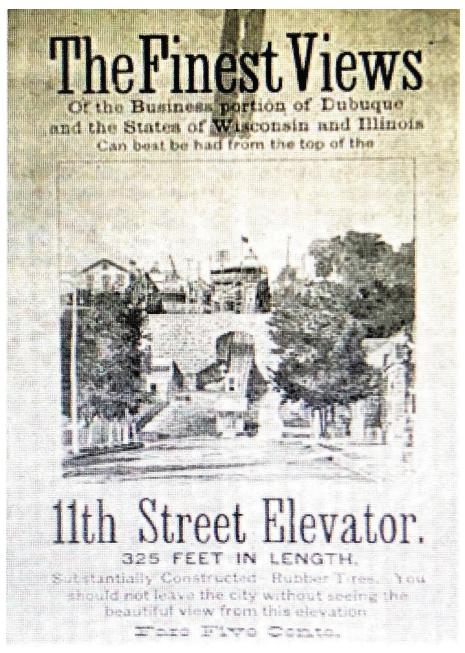
On May 11, 1887, a group of investors met and pledged a stock subscription of \$3,100 at \$100 per share to support an elevator at 11th Street. The City Council cooperated and granted them a right of way for the location they selected. On the first of July 1887, the Eleventh Street Elevator Company was incorporated. James Forrester served as the president of the incorporation which counted twenty-five stockholders. Williard H. Torbert, a well-known Dubuque druggist, served as the secretary/treasurer of the newly formed organization.

Not everyone was pleased with the new venture. Residents living near the project compared the noise of construction to a "young Niagara." The courts finally stepped in and awarded the neighbors monetary settlements totaling \$710. Despite objections from the neighbors, the corporation's board of directors went ahead with the project but decided to use a wooden structure instead of one made of steel, noting that it would be quieter.

Soon contracts were approved. F. H. Spaulding of Pittsburgh's Shiffer Bridge Co. was selected as the general contractor. F.W. Kringle was chosen to construct the stonework for the foundations that would support the superstructure. Board member James Howie was tapped to build the station houses and platforms. Cost estimates came in at between \$3,500 and \$4,000.

The 11 Street Elevator didn't follow the exact same design as the elevator at 4th Street. A raised trestle that supported the track started at 11th and Bluff and rose to Grove Terrace, ascending 43.3 feet over 100 feet. The track was raised to a height of twenty-five feet over Grove Terrace to allow horses and wagons to pass on the street underneath. A midway station was built at the foot of the street. From Grove to the termination at Highland Place the grade decreased to 27.3 feet over 100 feet to the third station.

At one time, the roof over the platform at the top of the elevator was lighted by Chinese



11th St. Elevator Flyer, c. 1895 (Center for Dubuque History, Loras College)



11th St. Elevator Vintage Postcard.

lanterns. Similar in design to the cable-operated 4th Street Elevator, as one car moved up the track, another car came down. Difficulty in the original operation of the elevator was overcome by adding an additional cable for support. The engine, boiler, and cistern were located underneath the 11th Street Station. Finally ready for passengers, the 11th Street Elevator opened on May 13, 1888. In the beginning, passengers paid three cents to go up the bluff and two cents to come down.

Again, there were complaints from the residents who lived nearby. George W. Andrew and Charles Thomas Hancock filed an injunction, claiming that passengers riding the elevator would be able to look into their windows, invading their privacy. The case was dismissed.

The residents living near the elevator didn't give up easily. A second restraining order was attempted in 1889, but that case was also dropped. By 1889, the railway was hailed as "a great convenience to residents on the hill" with a magnificent view that made it "a place of public resort not only by residents but for strangers visiting the city."

The wealthy residents on Grove Terrace were still unhappy with the rattling noise from the operation of the cars on the tracks, so in mid-1895, the elevator company replaced the noisy tires with tires made of rubber. The local Dubuque newspaper reported, "the noise is hushed, neighbors satisfied, and babies sleep sweetly and undisturbed again."

In 1890, electricity replaced the steam-powered operation. The elevator was periodically inspected and overhauled to ensure safety and was rebuilt in 1896. The stone retaining wall parallel to Bluff Street was cut in order to allow the track to pass through the wall so cars could travel at one continuous grade.

The elevator company hired Isaac Proctor to construct the present day "Eleventh Street Wall" on "the east side of DeSoto Terrace" after the property at 1090 Grove Terrace was filled in. But the city refused to accept the completed wall since it wasn't built to municipal specifications. By mid-1898, the elevator company was operating at a loss, mainly due to costs associated with the unacceptable wall. Finally, the board voted to give the wall to Proctor.

Despite several upgrades to the elevator, the

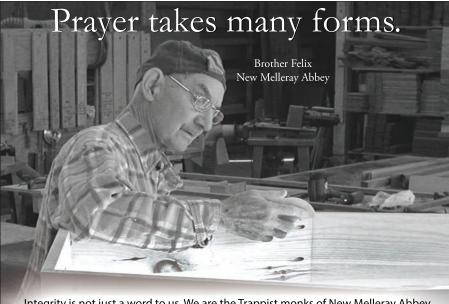


Dubuque's 11th St. Elevator, 1888 (Center for Dubuque History, Loras College).

number of passengers using the railway continued to decline with the coming of the automobile age. During World War I, even fewer passengers found their way to the 11th Street Elevator. Hours of operation had to be cut. Finally, in 1927, the elevator was abandoned. Two years later in 1929, the elevator and the stations were demolished.

Today, a concrete staircase passes through the wall where the 11th Street Elevator once ran, carrying residents to and from downtown businesses and tourists up the bluff to enjoy the city view and the fresh air. •

Comments on this article can be sent to comments@juliensjournal.com.



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All events are subject to change. Visit the website for the most up-to-date information.

Shalom Silent Book Club® Sunday, January 5 @ 2-3:30 PM

Participants will read in silence for the first hour without the traditional book club's pressure of having to finish a book on time, with the final 30 minutes reserved for optional social time. Registration required.

Ayurveda with the Clock Friday, January 10 @ 6-7 PM, via Zoom In the quest for improved health and wellness, might your schedule be a place to start. Registration required.

Paint Outside the Box Monday, January 13 & 27 @ 6-7 PM

Come to learn new and creative methods to make your own style of art with local artist, Tyler Stapleton. Registration required.

Lunch & Renew: Chair Yoga Wednesday, January 15 @ 11:30 AM-12:30 PM

January's theme is the Immune System. Registration required.



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Winter Drum Circle Thursday, January 16 @ 6-7 PM

Some drums will be provided; feel free to bring your own. Registration required.

Pursuing Justice Saturday, January 18 @ 10-11 AM, via Zoom

Reflection from the Civil War to Civil Rights in honor of Dr. Martin Luther King Jr.'s quest for justice, then and now. Registration required.

Meditation & Music Monday, January 20 @ 6:30-7:30 PM

Experience a meditative state amid the healing sound frequencies of Crystal Singing Bowls. Wear comfortable clothing. Feel free to bring a pillow or blanket. Registration required.

STATERA INTEGRATED HEALTH & WELLNESS STATERAINTEGRATED.COM

All events are subject to change. Visit the website for the most up-to-date information.

No Limb-its Amputee Social & Support Gatherings

Monday, January 6 @ 4-5:30 PM

This is a monthly gathering where individuals living with limb loss can meet others with similar experiences and struggles. Facilitator: Amy McFadden, PT.

Prenatal Yoga, 5-Week Series Mondays, starting January 6 @ 5:30-6:30

Release tension and move your body in ways that can prevent and ease common discomforts of pregnancy.

Wellness Reset Retreat Saturday & Sunday, January 11-12 Saturday, 8:30 AM-4 PM; Sunday, 8:30

Reclaim your wellness journey with an exclusive weekend retreat tailored for women under 45.

Milk Parties Monday, January 13 & 27 @ 9:30-10:30 AM

This support group is for moms and breastfeeding babies of all ages, as well as pumping moms and pregnant women.

Community Acupuncture Thursday, January 16 @ 5-6:30 PM

Community acupuncture allows for individualized treatment in a common treatment area.

NEWS



STONEHILL ACQUIRES WINDSOR PARK

Stonehill Communities has acquired Windsor Park Retirement Apartments from the previous owner, Joel Callahan, president of Callahan Construction, Inc. Windsor Park Retirement Apartments, located adjacent to the Stonehill Communities campus on Windsor Avenue, is a 79-unit apartment building offering affordable senior housing. For Stonehill, this is an opportunity to evolve and meet the growing needs of older adults in the community while remaining sustainable.

Windsor Park was originally built by the Sisters of St. Francis as Xavier Hospital in 1947. This iconic property served as a hospital until 1982. In 1989 it opened as a senior living apartment building.

Though renovations and updates are needed, Stonehill intends to preserve the historic style of the building. Services and amenities available to residents are also expected to remain the same, with the added benefit of coordination of health and wellness services offered at Stonehill.

Please send your medical community
event to Juli@JuliensJournal.com to
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Health & Wellness.





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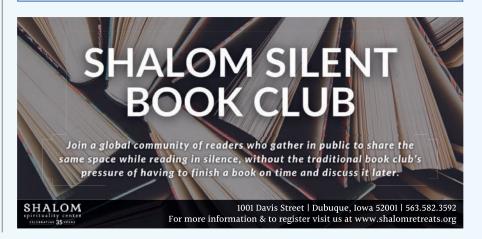


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SENIOR CARE AT UNIFIED THERAPY SERVICES



nified Therapy Services provides comprehensive rehabilitation services to seniors, helping them maintain and improve their physical and cognitive abilities. Their clinics offer specialized care in physical therapy, speech therapy, and occupational therapy, designed to address the unique needs of the adult and geriatric populations.

PHYSICAL THERAPY

Their team of nearly a dozen experienced physical therapists specializes in treating seniors and adults, helping them manage pain, improve mobility, and enhance overall function. We treat a variety of issues, including:

- Arthritis
- Injuries
- Balance disorders

- Pre- and post-surgical rehabilitation
- General weakness and chronic pain
- Neurological conditions (stroke recovery, Parkinson's Disease)

They work closely with each patient to help them regain independence in daily activities, reduce the risk of falls, and improve their overall quality of life.

As part of a commitment to fall prevention, they also provide fall risk assessments. These assessments help identify individuals at higher risk for falls and allow them to implement specific interventions such as balance training, strength exercises, and environmental modifications to minimize fall risk. The goal is to help seniors stay active, safe, and independent in their daily routines.

SPEECH THERAPY

Kersten Yutzy, M.A., CCC-SLP, is a highly skilled Speech-Language Pathologist who

specializes in treating the adult and geriatric populations. She works with seniors to address a range of conditions that affect speech, language, swallowing, and cognition, including:



Kersten Yutzy, M.A., CCC-SLP

Aphasia: Helping patients with language impairments, focusing on word finding, comprehension, and communication strategies.

- **Dysphagia:** Addressing swallowing difficulties by strengthening muscles, recommending diet modifications, and teaching safe swallowing techniques.
- **Dysarthria:** Improving speech clarity for those with weakened or uncoordinated speech muscles.
- Cognitive Changes: Supporting memory and problem-solving strategies for conditions like stroke, traumatic brain injury, or progressive diseases such as Alzheimer's.

Kersten brings extensive experience in treating the adult and geriatric population and is committed to helping patients regain communication skills and independence. She works with a variety of patients, including those with neurological conditions like stroke, traumatic brain injury, and neurodegenerative diseases.

OCCUPATIONAL THERAPY

Occupational therapy focuses on increasing participation and independence in the important activities in the patient's life that they need or want to do, including bathing, dressing, preparing meals, hobbies, and other leisure activities.

Ellie Spillane, OTR/L, Occupational Thera-

pist, specializes in both orthopedic and neurological conditions, and provides therapy to seniors dealing with:





Ellie Spillane, OTR/L

cusing on the rehabilitation of the elbow, wrist, hand, and fingers. Common treatments include therapy for arthritis, fractures, carpal tunnel syndrome, and tendonitis.

• Neurological Conditions: Helping seniors with conditions such as stroke, Parkinson's disease, multiple sclerosis, and spinal cord injuries. Ellie works on improving motor skills, increasing independence in daily tasks, and reducing the impact of neurological impairments.

Ellie's expertise allows her to tailor treatment to meet the specific needs of seniors, ensuring they regain as much function and independence as possible.

IN-SERVICES

Unified Therapy Services also provides educational in-services for caregivers, patients, referring providers and residents. They can provide educational seminars at your location (within the Dubuque or Lancaster area), virtually, or at Unified Therapy. Visit Unifiedtherapy. com/in-services for more information.

CLASSES AND SCREENING

Free physical, speech, and occupational screenings are available for assisted living facilities, nursing homes, and other community locations. In addition to the screenings, their trained therapists conduct a one-time class tailored to the needs of the participants. Options include chair yoga, gentle stretching, and light exercise classes, all designed to promote mobility, flexibility, and overall well-being. �

CONTACT INFORMATION

Unified Therapy Services is located at multiple convenient locations, including clinics in downtown Dubuque, Lancaster and an adult clinic in Dubuque.

• Downtown Dubuque Clinic (providing adult Speech and Physical Therapy)

1690 Elm Street, Suite 230

Phone: 563-583-4003, option 3

• Lancaster Clinic (providing adult Physical Therapy)

9179 Old Potosi Road (lower level of Family Medical Center)

Phone: 563-583-4003, option 4.

• Adult Clinic in Dubuque (providing Physical and Occupational Therapy)

4135 Pennsylvania Avenue. Phone: 563-583-4003, option 2

You can also visit their website at www.UnifiedTherapy.com or email them at marketing@ unifiedtherapy.com. *



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Photo ccontributed by Red Roof Diner

THE RED ROOF DINER IS A PLACE WHERE EVERYONE KNOWS YOUR NAME

by Cassie Cate

Dining out isn't just about the food- it's about the experience. Food can taste good, but it's how you feel when you are eating it that makes all the difference. The color red is synonymous with love and care, and that's just what you get when you pull into the Red Roof Diner.

ocated at 195 Peterson Drive, the Red Roof Diner stands out among the other buildings in Peosta. Tucked away behind Fidelity Bank and the hotel, customers can easily spot the iconic roof and quaint appeal of this restaurant.

Antigona (Annie) Nuhiji and her husband Arian (Ari) Vrangaloski purchased the restaurant from Annie's father who previously ran the diner. This business is something she knew well after working for her father, and the couple decided to keep the tradition alive when they purchased it in 2012. Both Annie and Ari work in the diner seven days a week to provide what has become a staple in Peosta and its surrounding community. Ari is usually back in the kitchen, but Annie is a jack of all trades, working the front, waiting tables, and sometimes cooking.

Annie said coming to Peosta from Chicago was a very different experience. "In this community everyone knows everyone and is so

friendly. It's like you are family." She is especially thankful to the customers who have been supporting them for years. She said back in Chicago it was a much different story. Annie said everyone here is always smiling and asking you about your family, which only adds to the charm of the diner.

Annie said at the Red Roof Diner, customers aren't just customers- they are family. One thing she is very thankful for is the relationships the crew has with the customers. Annie said many people come in simply because they take the time to get to know their customers and sit and talk with them. She said that many Seniors especially enjoy coming in for a good meal and a time to visit. Annie said they offer "service with a smile." She said they often hear comments like "all of you are so happy and smiling so much!"

Not only are the faces bright and shining, but the couple also remodeled the restaurant in May, giving it a new, fresh look that only



enhances the quaint red roof that can't be missed. The restaurant is open seven days a week from 7:00 AM to 2:00 PM and from 4:30-8:00 PM on Thursdays-Saturdays.

No matter what time of day customers come in, breakfast is always available. Annie says this is a huge hit, especially for families. She said kids love to get the Mickey Mouse pancakes, and most places don't offer this all-day option.

The choices seem endless when it come to the breakfast options. Skillets are a big hit, with seven varieties to choose from. Biscuits and gravy and breakfast sandwiches make great and savory dishes. Pancakes, French toast, and waffles provide a sweeter option. One waffle, the Alaskan, has strawberries, a scoop of ice cream, and whipped cream! Any of these can be paired with sausage, bacon, ham, eggs, or hash browns.

The most popular item on the menu is the



Breakfast is always available at the Red Roof Diner.



The Deluxe Chopped Steak is one of the most popular dinner items.



The Alaskan waffle has strawberries, a scoop of ice cream, and whipped cream!



Double Cheeseburger with Cheesy Fries.

open-faced hot beef sandwich. This traditional midwestern comfort food comes on a piece of bread covered in hot beef, mashed potatoes, and gravy. They also have hot hamburger and tenderloin open faced sandwiches.

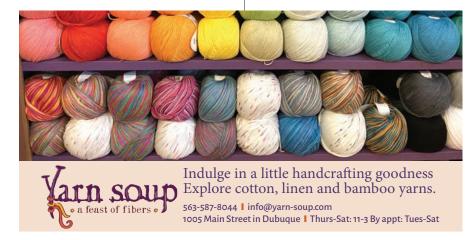
The Philly Cheesesteak is another hit, but the selection of sandwiches doesn't end there. Red Roof includes many other sandwiches, such as Reubens, BLT's, fish sandwiches, and of course Iowa's very own Pork Tenderloin. They also offer a variety of half-pound burgers. Melts are another option, including the patty melt, turkey melt, and two types of chicken melts. Club sandwiches are stacked up in many varieties, too. All sandwiches come with a cup of soup or can be made deluxe to include soup and French fries.

The Deluxe Chopped Steak is one of the

most popular dinner items. It is covered in grilled onions, peppers, mushrooms, and cheese. Other dinners include ham steak, top sirloin, and a variety of chicken. Of course, they also have Italian for pasta lovers, serving up spaghetti, chicken parmesan, and chicken alfredo. Seafood is served daily, including shrimp and cod, and Fridays offer a seafood special of cod or catfish. All dinners come with your choice of potato, Italian meals excluded, and soup or salad plus dessert. The best part of Red Roof is it is an affordable option, with most dinners hovering around the elevendollar mark!

Annie and Ari are always ready to support their community and do what they can for those around them. Red Roof Diner has worked with Peosta Elementary School for a special dining night where ten percent of sales went back to the school. The Peosta Centralia Fire Department also hosted a similar night, where they received a share of the profits to help support the station. Annie said giving back to the community that has helped support them is very important. She said sharing with those in need has always been important because of the love shared within the community.

Owning the diner does have its disadvantages. Finding good, reliable workers is always difficult, but Annie says many of the staff have been with them for years and are like family. The people she works with don't just serve people a meal. They offer them so much more. Red Roof Diner is more than just good food. It is a place where everyone knows your name or will soon learn it. Annie says the best thing about having the diner is "I love people. I get to meet and know people." If you want more than a delicious meal breakfast, lunch, or dinner, stop into Red Roof Diner, and see what it's all about. You can also visit their website at RedRoofDiner.com. *





Taste

TWO REASONABLY PRICED WINES TO START THE NEW YEAR



SIPS

TeamWine ushered in the New Year on a Sunday afternoon in October. We met at EJ's Wine Shop and celebrated with two lovely wines that we felt would help you usher in a new year. Both wines are easily accessible, priced very reasonably, and will start January off on a good note.

The white we tasted was Aldi's 2021 The Exquisite Collection - Chardonnay. (Aldi's 12.7% aby, \$8.99). This is our second Aldi's wine and this one I picked up on a whim. It turned out to be surprisingly good. The wine had a pale straw color with aromas of lemon grass, white peach, green apple and white flowers. The medium body produced lovely legs down the glass when swirled. The mouthfeel was soft and easy on the palate. Flavors of lemon bar, tropical fruit and fresh cut pear came through, though some were light. Vanilla spice was evident on the delightful creamy finish. Acid was high, especially toward the back of the palate, but it was not unpleasant. We suggest this wine would be nice with a summer or first-course salad. It would pair with pasta with a light cream sauce, or maybe even a black bean taco. A very versatile wine!

Our red was a 2011 Allegrini Palazzo della Torre Veronese (Van's Liquor Store 13.5% abv \$19.99) TeamWine hasn't highlighted Van's in a while but we found this to be a very nice red. Just what you might want to stock up on for winter. This dry red wine comes from the Veneto region of Northern Italy. It has a dark garnet color, and, from first sniff, we all wanted to taste it. We found aromas of espresso, black cherry, fall spices, leather, smoke and raisin, though the black/dark cherry was most prevalent. On the palate, it was full-bodied with a smooth and velvety texture, showing flavors of dark fruit, chocolate, and coffee. The tannins are firm yet supple, providing a good structure and balance giving it a pleasant mouthfeel. I couldn't find the exact blend for the 2011 but more recent blends were principally Corvina Veronese grapes with Corvinone, Rondinella and Sangiovese making up the rest of the blend. Once harvested, 70% of the grapes are fermented while 30% go through a gentle drying process. These dried grapes are made into wine in December and then the two resulting wines are blended before being aged for a minimum of 15 months in barrels. It is not surprising that Allegrini winery also produces a Valpolicella and an Amarone wine, both of which use the dried grape method, called Appassimento.

TIPS

I'm not much for resolutions for a new year, but I do like to think about what I might do and where travel may take me. Regarding wine, I like to see how many new varietals I can find to enjoy, or how many wines I can sample from new locations. TeamWine does our best to find wines from somewhat unique locations or a different blend of familiar grapes. As 2025 begins, we hope that you'll enjoy being along for the ride and tastings. Watch next month's article for an opportunity to join TeamWine for an exciting evening to gather with others around the world, who enjoy the fruit of the vine.

Hopefully you will try some of the wines we highlight, visit local wineries and share what you discover. TeamWine is going to do our best to visit some regional wineries and we'll share our discoveries as well. If you find a good one, share with me (john@juliensjournal.com) and we may visit the winery and feature their wines in a future column. ❖

Happy New Year to you all from TeamWine – Angela, Erin, EJ, Lilly, & JBD Comments on this article can be sent to comments@juliensjournal.com.

About EJ Droessler

It is my privilege to bring EJ's Wine Shop to the historical downtown Dubuque district in late 2023 and a true honor to be part of the local business community once again.

I am very passionate about quality wine, community, family, health and wellbeing, and I look forward to providing value and a positive experience to customers.

My goal is to provide a relaxing and unpretentious atmosphere with retail wine/beer of quality and value. It is my commitment to know and appreciate every label in my shop and to support winemakers that do not fall into the glamor of overproduced and heavily commercialized "wine manufacturing.





Business & Community News

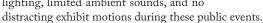


RIVER MUSEUM RECEIVES FUNDING

The Dubuque County Historical Society's National Mississippi River Museum & Aquarium has received a \$20,000 Cultural Leadership Partners Program Operating Support Grant. Support for this grant is provided by the National Endowment for the Arts and the Iowa Arts Council, which exists within the Iowa Economic Development Authority (IEDA).

This grant will support the River Museum's ongoing efforts to advance inclusion for visitors and staff. With support from the Cultural Leadership Partners program, the River Museum is now a KultureCity Sensory Inclusive Certified Facility. Features include sensory bags filled with tools to reduce stimuli and help navigate the museum for those with sensory-processing needs and universal signage, cues, quiet zones, and a mobile app that helps visitors navigate the museum long before they arrive.

Funding will also support sensory days programming that provides a sensoryfriendly environment including dimmed lighting, limited ambient sounds, and no



Knl

Program Receives Grant Support

The Dubuque County Board of Supervisors awarded the Dubuque County Historical Society (DCHS) with \$10,000 in Purchase of Service funding support for 2025 for DCHS's Museums for All low-cost admission program. The DCHS Museums for All program, part of the nationwide program serving a network of 1,300 museums, zoos, aquariums, and botanical gardens, serves approximately 9,000 individuals each year at The National Mississippi River Museum & Aquarium and The Mathias Ham Historic Site.

Museums For All is utilized by residents and visitors to Dubuque living below the federal poverty threshold, and qualify for assistance programs such as SNAP benefits, Medicaid, Low Income Home Energy Assistance Program, and Housing Choice Voucher Program, can provide proof of their enrollment in one or more of these programs to access a \$3 admission.

HOLIDAY LIGHT RECYCLING

The Dubuque Metropolitan Area Solid Waste Agency is working with area partners to offer drop off locations for residents to recycle unwanted holiday lights. This is the sixth year for the program and over 12,000 pounds of lights have been recycled.

Unwanted holiday lights can be dropped off in marked containers at the following locations through January 10:

- Outside the City of Dubuque Municipal Services Center
- Carnegie Stout Public Library
- Dubuque County Library Asbury Branch
- Dyersville City Hall, 340 First Ave. East, Dyersville

Unwanted holiday lights and all electronics can be recycled year-round at the landfill. At this time, appointments are required for electronics brought to the landfill. To schedule an appointment for dropping off electronics and holiday lights at the landfill, visit dmaswa.org.

MASTER GARDENERS DONATE FOOD

The Dubuque County Master Gardeners partnered with multiple community organizations to produce food for citizens in need throughout the 2024 gardening season. Production sites ranged from the Dubuque Rescue Mission, Westminster Presbyterian Church, and University of Dubuque Wolter Woods.

Production of food-producing plants started in early 2024 by sowing transplants indoors. The gardens produced food for citizens in need and due to the warm fall weather, they were able to harvest into early November. The gardens produced a recorded 5,669 pounds of produce by November 15, 2024.

Distribution sites that received the fresh produce included the Teresa Shelter, Veterans Freedom Center, Resources Unite, Dubuque Food Pantry, Dubuque Salvation Army Food Pantry, and the Dubuque Rescue Mission meal site.

Efforts to grow the food by Dubuque County's Master Gardeners were assisted by a \$2,200 Growing Together Grant received by the Dubuque County Extension Office.



DUBUQUE PROJECT AWARDED \$85K

The Iowa Economic Development Authority (IEDA) has awarded a Main Street Iowa Challenge Grant to support the transformation of a historic property at 980 Main St. in downtown Dubuque. The project will convert an outdated strip mall-style building into Slanted Dubuque, the region's first indoor climbing facility, along with additional modernized storefronts. The owner of the building, Tom Rauen, is working with Annie Sharp, the co-owner of the gym.

This grant effort was led by Dubuque Main Street. Community members sit on the organization's Economic Vitality Committee which chose Rauen's project out of 10 submissions. This is Dubuque Main Street's 14th successful Challenge Grant application. The last award was to the Voice's Studio building located at 1585 Central Ave. These funded projects total almost \$1.2 million.

The renovation project will restore individuality to multiple storefronts while maintaining the building's historical significance. As the only indoor climbing facility within a 99-mile radius, Slanted Dubuque will serve as a unique recreational destination, creating new jobs and promoting community wellness. The project includes comprehensive updates to ensure ADA compliance and maintain the building's existing commitment to sustainability, showcased by its 2014 solar array installation.

The grant is part of a larger initiative that has awarded more than \$15.5 million in funds since 2002.

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