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Personalized birthing options



Postpartum visits



Deliveries at MercyOne Birth Center



Continuity of newborn's care with our Pediatricians

For every special moment, you have us.

66 PATIENT TESTIMONIAL

I've been a patient of Dr. Holste for 12 years. She guided me through two challenging pregnancies, easing my worries and always advocating for my and my child's health. Her calm and supportive care is truly appreciated, especially with my anxious nature.

* * * * (5 out of 5 star review)

OB/GYN & INFERTILITY DEPARTMENT | 563.584.4435

Joseph Berger, MD | Tara Holste, DO | Lisa Kramer, MD | Bryony McCollaugh, DO Erika O'Donnell, MD | Jodi Kilburg, ARNP

West Campus: 1500 Associates Drive, Dubuque, IA

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Photo of the Month

Comments and photos for possible use in a future issue can be sent to Robin@JuliensJournal.com.

JULIEN'S JOURNAL

Volume 49, Number 12 December 2024

JULIEN'S JOURNAL IS A PUBLISHED BY RTN PUBLISHING, INC 6170 FOREST HILLS DRIVE ASBURY IA 52002-9349 PHONE – 563.557.7571 JULIENSJOURNAL.COM

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PUBLISHER'S NOTE

The church in Rome began celebrating Christmas on December 25 in the 4th century during the reign of Constantine, in an effort to replace pagan celebrations held at the same time. The oldest record of a decorated Christmas tree came from a 1605 diary found in Strasburg, France (Germany in 1605). The tree was decorated with paper roses, apples and candies. Today most Christmas trees and decorated far more elaborately and approximately 90% of Americans and 95% of Christian Americans celebrate the holiday. So, enjoy the season, because I don't think it is possible for 90% of Americans to agree on anything else. The entire staff at Julien's Journal wishes you a Merry Christmas and a joyous Holiday Season.

Inside this issue

Everyone has a favorite Christmas or winter holiday memory. Some of the folks who put together *Julien's Journal, CHOICES For Fifty Plus* and *Tri-State Home TRENDS* have agreed to share their favorite memories starting on page 14.

The Dubuque Museum of Art has unveiled plans to build a new, \$69 million arts campus in downtown Dubuque. It's a project that has the power (and expectation) to reimagine the Washington Park area and be a transformative space for the community. Learn more about it on page 18.

It's the holiday season and for many that means time with family and loved ones as well as pressure to find a perfect and meaningful gift. If it is important to you to give presents that provide lasting impact and never go out of season, consider a financial gift. Read about a few ideas on page 21.

British wine critic Michael Broadbent once said, "Drinking good wine with good food in good company is one of life's most civilized pleasures." These words could not be more fitting for O So Good Winery in Dyersville, where delicious food and fabulous wine are served. Learn more about this unique small business on page 27.

There's something about the consistency of a pale ale that makes it a reliable choice when you're looking to try something new. But one of the best pale ales around actually isn't found in the state of Iowa. To pick up some Daisy Cutter by Half Acre Beer Co., you'll need to cross the Mississippi and enter Illinois. Read about it on page 29.

It was a challenging decision for the Sips & Tips wine review team regarding which wines to select for December, due to the variety of holiday meals being served. They review three different wines in this issue and offer ideas on how the wines might

best be paired. Learn about them on page 30.







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THE FINE PRINT

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Upcoming Events Should be Emailed to **Juli@JuliensJournal.com**.

Julien's Journal is published monthly by RTN Publishing, Inc. in Asbury, IA. Subscription rates are \$29.00 per year or \$55.90 for two years. Mailing address: 6170 Forest Hills Drive, Asbury, IA 52002-9349. Telephone 563.557.7571. Website: www.juliensjournal.com.

Return Policy: Magazines are mailed standard class and should be received within 15 days of the mailing date. Returns should be sent to *Julien's Journal* Magazine, 6170 Forest Hills Drive, Asbury, IA 52002-9349. You must provide name, address, and mailing label.

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Julien's Journal's is printed each month locally at Welu Printing Company.

December Events

Events are subject to change. Please visit listing sites for the most up-to-date information. Submissions may also be edited and are printed at the discretion of the publisher.

Festival of Trees

Through Sunday, December 1
Monday through Friday, 10 AM-4
PM; Saturday through Sunday, 12-4
PM @ Ohnward Fine Arts Center
(Maquoketa, IA)

Bid on creative trees and beautiful wreaths and enjoy theater entertainment. Proceeds will go to the Ohnward Fine Arts Center. Visit **OhnwardFineArtsCenter.com**.



Reflections in the Park

Through Wednesday, January 1 5-10 PM @ Louis Murphy Park Hillcrest Family Services' annual lights festival. Visit Hillcrest-FS.org.

12 Days of Christmas

Through Tuesday, December 31 @ Hotel Julien

Peek at this year's 12 days of Christmas events happening throughout the holiday season. Visit **HotelJuienDubuque.com**.



The Best Christmas Pageant Ever, The Musical

Sunday, December 1 & 8, 2 PM

Friday & Saturday, December 6-7, 7:30 PM @ Grand Opera House

The Herdmans are the worst kids in the history of the world, so when they crash Sunday school and demand parts in the Christmas pageant, the whole town panics. It's up to the Bradleys and the reverend to help their community see the Christmas story and the Herdman kids through new eyes in this musical adaptation of the holiday classic. Visit **TheGrandOperaHouse.com**.

Early Explorers: K is for Kestrel

Tuesday, December 3

10-11 AM @ National Mississippi River Museum & Aquarium

Early Explorers is open to children ages 2-5 along with a parent or caregiver. Programs include a variety of hands-on and active activities, including a craft and a game. A parent and/or caregiver can attend the program for free with the toddler. Visit **RiverMuseum.** org.

Tree Lighting Ceremony

Wednesday, December 4
6-7:30 PM @ Hotel Julien Dubuque

Come to the Hotel Julien's lobby as they unveil their Christmas tree. Enjoy Christmas cookies, hot chocolate, music, a visit from Santa Claus, and a tree-lighting ceremony. Visit HotelJulienDubuque.com.



Wild West Wednesdays

Wednesday, December 4, 11 & 18 7-11 PM @ Dubuque County Fairgrounds

Come for country dance music and fun. All ages. Visit **DBQFair.com**.



SNOWBIZ® by the Mistletones®

Thursday, December 5 1:30 PM & 7:30 PM @ Grande Ballroom, Hotel Julien.

Come see the performance of SNOWBIZ® by the Mistletones®. This dinner-theater experience combines exceptional vocals, a live jazz band, and holiday fare. The Mistletones® feature some of the finest musicians from the Tri-States. Matinee and evening performances. For more information or tickets, contact Cathy Goodman at (563) 599-7775, or visit Mistletones.biz.

Evergreen Centerpiece

Thursday, December 5
6-8 PM @ Heinemann Visitor Center,
Dubuque Arboretum & Botanical
Gardens

Workshop: Create holiday evergreen decor. Visit **DubuqueArboretum.net.**

First Fridays

Friday, December 6

@ Various Locations in Dubuque

First Fridays is Downtown Dubuque's monthly visual art series, hosted by galleries, museums, and venues, celebrating Dubuque's great visual arts scene. Visit **DbqArt.org/First-Fridays.**



A Merry Millwork Market

Friday & Saturday, December 6-7 Friday, 4-8 PM; Saturday, 9 AM-2 PM @ Millwork District

A unique holiday shopping experience featuring the best of local crafts, sips, and bites benefiting nonprofits of the Dubuque Millwork Collective. Visit MerryMillwork-Market.com.

Seasonal Allergies

Thursday through Sunday, December 6-22, Thursdays & Fridays, 7:30 PM; Saturday, December 7 & 14, 7:30 PM; Saturday, December 21, 2 PM; Sundays, 2 PM @ Bell Tower Theater What are the holidays without a little chaos? Julia's life is turned upside down when her soon-to-be-divorced brother shows up unexpectedly and stays from Thanksgiving through New Year's. Visit BellTowerTheater.net.

Christmas at the Heritage Center Friday, December 6

7:30 PM @ University of Dubuque, John & Alice Butler Hall

The Department of Fine and Performing Arts celebrates the birth of Christ through a concert presentation featuring the John and Alice Butler Pipe Organ, U.D. choirs, and U.D. Concert Band with live narration. Complimentary holiday refreshments and live music from the U.D. Jazz Band will immediately follow the concert. Visit **Dbq. edu/HeritageCenter.**



DSO Holiday Family Concert Saturday, December 7

1 PM @ Five Flags Theater

This one-hour program of kid-friendly holiday music and sing-along tunes features the Dubuque Symphony Orchestra (DSO), vocalist Kira Guloien, the Dubuque Chorale Children's Choir, and members of the Heartland Ballet. Includes photos with Santa post-concert. Visit **DubuqueSymphony.org.**

Light Up The Hill Luminary

Saturday, December 7 5:30-8:30 PM @ Knob Hill Neighborhood of Fremont Ave.

Free to drive or walk through neighborhood to view 100 homes decorated with Christmas lights and luminaries. Free parking at Church of Latter-Day Saints, 685 Fremont Ave. For more information, email **Angie@TravelHdqDbq.com**.



CALENDAR OF EVENTS



Scuba Santa

Saturday & Sunday, December 7-8 12-1 PM @ The Mississippi River Museum

Scuba Santa will be diving in the Main Channel Aquarium, located in the William Woodward Mississippi River Center. Visit RiverMuseum.org.

Celebrate the Holidays with the DSO

Saturday & Sunday December 7-8 Saturday, 7:30 PM; Sunday, 2 PM @ **Five Flags Theater**

The warm sounds of the holidays fill the hall as the Dubuque Symphony Orchestra (DSO) is joined by vocalist Kira Guloien, the Dubuque Chorale, and members of the Heartland Ballet. Expect to hear plenty of holiday favorites. Visit DubuqueSympony.org.

Breakfast With Santa

Sunday, December 8

8:30-10:30 AM @ Hotel Julien Dubuque Come for breakfast with Santa in the Grande Ballroom. Each child can write a letter to Santa, create a tree ornament, and decorate a Christmas cookie. RSVP. Visit HotelJulienDubuque.com.

Nutcracker

Tuesday, December 10 7 PM @ Five Flags Center

World Ballet Company presents Nutcracker live on stage and features a multinational cast of 40 professional ballet dancers gathered to bring the most beloved holiday tradition to life. Visit FiveFlagsCenter.com.

Homeschool Days

Thursday, December 12 10 AM-4 PM @ National Mississippi River Museum & Aquarium

Discover a variety of hands-on science activities. Visit RiverMuseum.org.



Holiday Paint & Sip

Thursday, December 12 6-8 PM @ Hotel Julien Dubuque

Come for a fun-filled evening of creativity and paint your very own wine or stein glass. All supplies and instructions will be provided. RSVP. Visit HotelJulienDubuque.com.

Ducks Unlimited - Wetlands Conservation

Thursday, December 12 7-8 PM @ EB Lyons Interpretive Center, 8991 Bellevue Heights Rd.

Program details will be posted on the website. Visit AudubonDubuque.org/Events.

Kids Night Out

Friday, December 13

5:30-8:30 PM @ Loras College Graber **Sports Center**

Play sports, games, crafts, bounce house, swimming, and more. Hosted by Loras College Women's Basketball. Open to boys and girls, pre-K to 6th grade. Visit LorasGirls-BasketballCamp.com.

Peace on Earth, Good Will to Dogs

Friday through Sunday, December 13-15

Friday, 7 PM; Saturday, 2 PM & 7 PM; Sunday, 2 PM @ Lacy Mansion, 1640 Main St.

Fly-By-Night Productions presents this charming Christmas "tail" that will delight and leave you with a jingle of cheer for your holiday season. Visit FlyByNightDubuque.

John Denver Christmas

Friday, December 13

7:30 PM @ University of Dubuque, John & Alice Butler Hall

The Dubuque Arts Council brings Layne Yost's tribute captureing John Denver's music and legacy through heartfelt performances and stories that resonate with his timeless spirit. Visit **Dbq.edu/HeritageCenter.**

Meet the Grinch

Saturday, December 14 10 AM-12 PM @ Home+FloorShow, 1475 Associates Dr.

Get ready to meet the Grinch. Snap some fun photos, enjoy hot chocolate, and indulge in delicious cookies while getting into the holiday spirit. Visit Facebook.

com/Events/520451974243180/?re f=newsfeed.

Home for the Holidays – Candlelight Tours

Saturday, December 14

6-7 PM @ Mathias Ham Historic Site

The 45-minute candlelight tour will allow visitors to take in the house in a different light. The tour will focus on celebration of the winter solstice and how those activities evolved into the winter traditions of today. Registration required. Visit **RiverMuseum.org**.



Home for the Holidays

Saturday, December 14. 11 AM-4 PM @ Mathias Ham Historic Site

The Ham House will be decorated in period style and costumed interpreters will share winter holiday traditions from Dubuque's history. Refreshments and crafts will be available, included as part of admission. Visit RiverMuseum.org.





CALENDAR OF EVENTS



Let us know what your next event is. Send your events to Juli@juliensjournal.com.

Tay Tay Dance Party

Saturday, December 14

7:30 PM @ Five Flags Theater

This is an all-ages event featuring DJ Swiftie, the world's #1 Taylor Swift-inspired tribute DJ. The reputation-themed dance party will immerse Taylor Swift fans in an unforgettable night of music, energy, and excitement. Visit FiveFlagsCenter.com.

Holiday Arts & Crafts Show

Saturday and Sunday, December 14-15 Saturday, 5-9 PM; Sunday, 10 AM-4 PM @ Grand River Center

This is the area's largest show with more than 125 exhibitors presenting and selling thousands of unique handmade products such as oak furniture, jewelry, floral arrangements, lawn and garden art, pottery, ceramics, quilts, and more. For more information, contact (563) 357-1986.

Dubuque City Youth Ballet: The Nutcracker

Friday & Saturday, December 14, 20-21, 7:30 PM

Saturday & Sunday, December 15, 21-22, 2 PM @ Grand Opera House

Whirling snowflakes and waltzing flowers frame this beloved holiday classic. Clara and her enchanted Nutcracker battle the dreadful Mouse King in a nightmare that becomes a beautiful dream. Visit TheGrandOpera-House.com.



Toys for Tots Kids' Christmas Party

Sunday, December 15 12-3 PM @ Five Flags Arena

One gigantic and free Christmas bash hosted by Toys for Tots, the Dubuque Police Department, and 365ink. Hundreds of local kids enjoy music, dancing, inflatable rides, treats, plus photos with Santa as well as Frozen and Star Wars characters. Visit Facebook.com/DBQToysForTots.

Breakfast with Santa

Sunday, December 15 8 AM-12 PM @ Dubuque County **Fairgrounds**

Enjoy breakfast with Santa along with children's activities. Meal includes pancakes, sausage, ham, tater tots, eggs, applesauce, OJ, milk, and coffee. RSVP. Visit **DbqFair.com**.

Home for the Holidays – Afternoon Tea

Sunday, December 15

1-3 PM @ Mathias Ham Historic Site

The staff will share short excerpts from their favorite books. Bring your favorite book about winter or come and discover a new favorite. An assortment of finger sandwiches, holiday treats, a variety of teas, and hot chocolate with marshmallows will be provided. Visit **RiverMuseum.org.**

Brew Ha Ha Players' Cutthroat Christmas

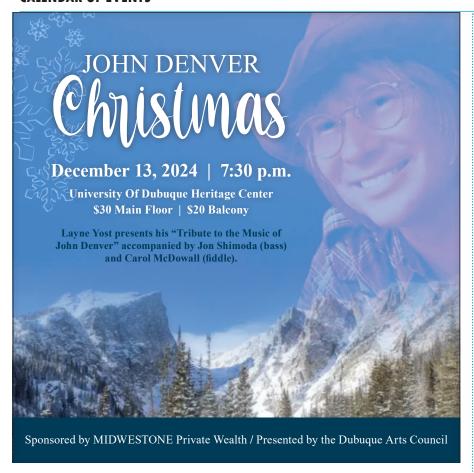
Sunday, December 15 5-7 PM @ Stone Cliff Winery

The Cutter's Tree Farm is Iowa's ultimate destination for Christmas trees. As the holiday season approaches, a prickly pine parasite threatens to upend the entire inventory. While President Pine remains nonchalant, the rest of the team faces the grim reality of lost jobs, and soon discover that trees aren't the only thing on the chopping block. Includes a four "corpse" meal and a show. Visit **StoneCliffWinery.com.**





CALENDAR OF EVENTS





Exercise Your Independence

Tuesday, December 17 2-3 PM @ Stonehill Assisi Village, 1001 Assisi Dr.

Physical activity is an important part of a healthy lifestyle. Learn about tips and strategies to stay active and fit physical activity into a busy schedule. This free workshop is presented by Iowa State University Extension and Outreach. RSVP. For more information, email THummer@StoneHillDbq.com.

Home Free

Tuesday, December 17 7 PM @ Five Flags Center

Home Free is known for their extraordinary harmonies and a cappella renditions of your favorite songs, as well as their original music. This chart-topping, Nashville-based group performs with a blend of country and pop sounds. Visit **FiveFlagsCenter.com**.

Lunch & Learn: Seed Catalogs

Wednesday, December 18 12-1 PM @ Convivium Urban Farmstead

Convivium farm manager AJ will share his seed catalog tips and tricks. Visit **Convivium-Dbq.com**.

She Unites

Wednesday, December 18 6:30-7:30 PM @ The Innovation Lab, 210 Jones St.

Come together for an evening of socialization and education. She Unites features rotating speakers, talking about anything and everything pertaining to women in a chill environment. Make a new friend, have authentic conversations, and leave with inspiration to power you through. Visit **SheUnitesIowa.com/Events.**

Christmas Cocktails for a Cause

Friday, December 20

5-8 PM @ Riverboat Lounge

An evening filled with delectable drinks and inspiring company—all for a great cause. Enjoy a special Christmas cocktail prepared by Tony Pfohl and Chad Chandlee at this fundraising event. A portion of each cocktail will be given to the local non-profit, Hills & Dales. Visit HotelJulienDubque.com.

Rudolph The Red-Nosed Reindeer

Friday, December 20

7 PM @ Five Flags Arena

Join the adventure as *Rudolph the Red-Nosed Reindeer: The Musical* returns to celebrate its 10th year on tour, bringing the beloved holiday classic to life. Visit **FiveFlagsCenter.com**.

Winter Bounce

Saturday & Sunday, December 28-29 8 AM-1 PM & 3-8 PM @ Five Flags Center

Winter Bounce will feature nearly 30 inflatables, including bounce houses, obstacle courses, and interactive games. Enjoy laser tag and mini golf as well. Hours are the same for both Saturday and Sunday. Visit FiveFlagsCenter.com.

Dubuque Audubon Annual Christmas Bird Count

Saturday, December 28

8 AM @ EB Lyons Interpretive Center Join Dubuque Audubon field trip leaders as they split into groups to identify and count birds within a 10-mile radius of Center Grove Methodist Church, Dubuque. All skill levels are welcome. Visit Audubon-Dubuque.org.

Winter Break Day Camps

Monday & Tuesday, December 30-31 9 AM-4 PM @ Mississippi River Museum & Aquarium

Special day camps for kids in K-5th grade. Each day offers different themed sessions with fun, educational programs. Students to bring a sack lunch. Visit **RiverMuseum.org.**

New Year's Eve Party

Tuesday, December 31

6 PM @ Hotel Julien Dubuque

Ozzy & Bon JoeB will be playing rock and country hits to kick things off. Then dynamic DJ Saxophonist Nostalgia Rush will take you on a musical journey throughout the rest of the night. Visit **HotelJulien-Dubuque.com.**

An Evening with Roy and Friends Tuesday, December 31

7 PM @ Ohnward Fine Arts Center (Maquoketa, IA)

Enjoy music from Elvis, Ricky Nelson, Sam Cooke, Dion & The Belmonts, Bobby Darin, Roy Orbison, and more. Visit **OhnwardFineArtsCenter.com**.

Celebrating Sinatra & The Great American Songbook

Tuesday, December 31

8 PM @ The Grand Opera House

The Dubuque Arts Council invites you to spend New Year's Eve with Celebrating Sinatra & The Great American Songbook. Featuring Hunter Fuerste's Orchestra and the music of Dean Martin, Sammy Davis Jr., Nat King Cole, Bobby Darin, and Old Blue Eyes. Visit **TheGrandOperaHouse.com**.





CALENDAR OF EVENTS



All Carnegie-Stout Public Library programs are subject to change. For the latest information and details, please visit their website, CarnegieStout.LibraryCalendar.com/Events/Upcoming.

The public can find "@carnegiestout" on Facebook, Instagram, Twitter, and YouTube.

StoryWalk®

An outdoor reading experience that displays pages of a book along a path. Locations: The 22nd Street Bee Branch Creek and Dubuque Arboretum & Botanical Gardens.

Grab & Go Activity Bags

Stop in every month for a fun, crafty activity for all ages while supplies last.



Gnome Scavenger Hunt December 1-31

Look for the gnomes hiding around the children's section of the library.

Toddler Time

Monday, December 2 & 9 @ 9:30 AM & 10:30 AM

Programs feature short stories, songs, and movement activities. Ages 18-35 mos. Adult participation required.

Hygge Night & Craft Supply Swap Monday, December 2 @ 4-6:30 PM

Jewelry making/beading supplies.

Self-Defense

Tuesday, December 3 @ 9:30 AM

Self-defense for individuals with mobility issues. Registration required.

Baby Rhyme Time

Tuesday, December 3 & 10 @ 10:30 AM

Hear stories, rhymes, and songs during this interactive program. Ages birth-18 mos. Adult participation required.

Adult Ukulele Lessons

Tuesday, December 3 & 17@6-7 PM

Registration required.

Preschool Storytime

Wednesdays, December 4 & 11 @ 10:30 AM

Stories, sing-alongs, and movement activities. Ages 3-6. Adult participation required.

Virtual Author Talk

Wednesday, December 4@1-2 PM

Unearthed: Exploring the Smithsonian Na-

tional Gem Collection with Dr. Jeffrey Post. Registration required.

Beginning Chapters Book Club Wednesday, December 4@4 PM

The Puppets of Spelhorst by Kate DiCamillo. Ages 7-9. Registration required.

Pokémon Club

Wednesday, December 4 @ 5:30 PM

Meet other Pokémon trainers. Ages 6-12. Registration required.

Yarn Painting

Thursday, December 5 @ 4 PM

Ages 10-15. Registration required.

Movin' Groovin' Mornings Saturday, December 7 @ 10:30 AM

Listen to songs and stories, play with scarves and shakers. Ages 2-6.

Santa's Workshop

Saturday, December 7 @ 1 PM

Make and wrap a few holiday gifts before the big Christmas tree is lit at the library.

Dubuque Shakespeare Project Sunday, December 8 @ 2-3:30 PM

A Midsummer Night's Dream.

Virtual Author Talks

Wednesday, December 11 @ 1-2 PM

On Pulse-Pounding Family Driven Mysteries with Laura Dave. Registration required.

Teen Ugly Sweater Design Party Wednesday, December 11 @ 4 PM

Bring the sweater and use provided supplies to decorate the garment. Ages 12-18. Registration required.

Beyond the Book Club

Thursday, December 12@4PM

The Miraculous Journey of Edward Tulane by Kate DiCamillo. Ages 9-12. Registration required.

Movie Night

Thursday, December 12@6PM

Come for a free movie suitable for adult audiences. Ages 16+.

more information

Lollipops & Music Saturday, December 14@10 AM

This concert series is offered for preschool children and their families. Children must be accompanied by an adult.

Reading with Rover

Saturday, December 14@10:30-11:15 AM

Read or listen to a story with some furry friends. Do not bring a pet; kid-friendly dogs are provided. Ages 6-9.

Embroidery Workshop Monday, December 16 @ 4-5:30 PM

Create art using fabric, needle, and thread. Ages 6-10. Registration required.

Line Dancing Monday, December 16 @ 5-6 PM

Held off-site at Adam's Dance Connection. Registration required.

Sun SHINE Squad Tuesday, December 17 @ 4-6 PM

Work on a variety of volunteering projects while providing feedback on making the library a welcoming place for teens. Ages 12-18. Registration required.

Playdough Palooza Wednesday, December 18 @ 4 PM

Enjoy playing with playdough with your child. Ages 3-8. Registration required.

Buttons & Bobbins Thursday, December 19@4PM

Learn how to use a sewing machine and complete a simple sewing project. Materials provided. Ages 10-17. Registration required.

LEGO® Challenge Saturday, December 21 @ 10 AM

Build, create, and have fun. The library provides the LEGOs®. Donations welcome. Ages 5-12.

Family Book Bingo Saturday, December 21 @ 2 PM Ages 4-12.

Sonic the Hedgehog Monday, December 23 @ 1 PM

Celebrate all things related to our favorite speedy hedgehog. Ages 6-12.

Boredom Busters

Thursday, December 26 @ 2 PM

Make time fly with fun activity kits. Ages 6-10. Registration required.

Scrap Paper Petal Canvas Friday, December 27 @ 2 PM

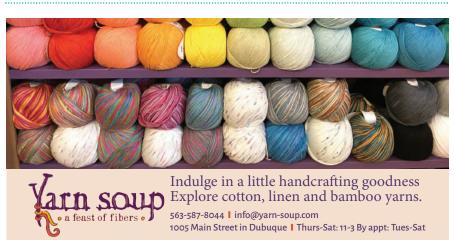
Scrapbook paper and Mod Podge makes for a colorful art piece. Ages 9-16. Registration required.

Bracelets, Keychains & Zipper Pulls Monday, December 30 @ 10 AM

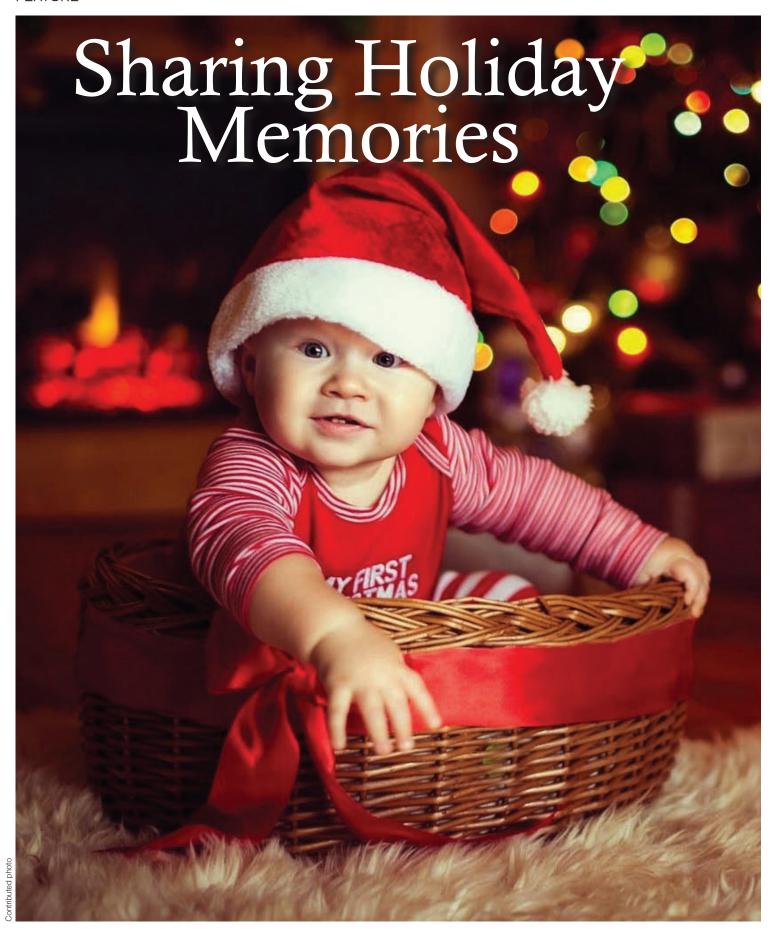
Use alphabet beads to design and make bracelets, keychains, and/or zipper pulls. Ages 10-17. Registration required.

Colorful Air-Dry Clay Monday, December 30 @ 2:30-4 PM

Make colorful air-dry clay and create a small clay creation. Ages 8-12. Registration required.









by Connie Cherba

Everyone has a favorite Christmas or winter holiday memory. It's that special December experience that you still recall years later. It's that amazing Christmas Eve or Christmas morning, the gift you weren't expecting, the snow that fell to add to the magic of the season. Some of the folks who put together Julien's Journal, CHOICES For Fifty Plus and Tri-State Home TRENDS have agreed to share their favorite memories.

PRESIDENT AND PUBLISHER ROBIN NICHOLS

"There's one Christmas tradition in my family that goes back to when I was young, certainly before high school. One Christmas Eve, my mom made lasagna. It was such a big hit with the family that she started making lasagna every year on Christmas Eve. Then Terri and I started dating. Finally, we'd been dating long enough that she came out to our place on Christmas Eve, and we served our traditional lasagna dinner. Terri liked it so much that she's been making lasagna every Christmas Eve since we've been married, and that's 37 years now. Neither one of us is Italian, but it's been a fun tradition."

"I also remember how much fun Christmas Eve and Christmas morning were for several years when the Josh and Casey were young. Watching them and the joy that they experienced always gave me such a contented feeling. It was like life couldn't be any better than it was at that moment."

TERRI NICHOLS, VICE PRESIDENT AND OFFICE MANAGER

"It was our son Joshua's first Christmas. There was a gift under the tree to me from Joshua. When I opened it, it was a beautiful diamond, heart-shaped necklace. When I thanked Robin, he kept insisting it was from Josh!"

FEATURE



Connie Cherba, sisters, and friend talk with St. Nick, Germany 1957. Photo contributed by Connie Cherba.

SENIOR WRITER CONNIE CHERBA

Recalled Christmas 1957 in Germany. "John Deere sent Dad to Germany to work at Deere's recently purchased Lanz tractor factory. So, our family moved from Dubuque to a little German village near Mannheim. On a cold December night, a person costumed in a white robe with a scary mask, pointed hat, and tall staff suddenly appeared in our living room, tossing nuts and hard candy that rattled across the wooden floor. I thought at first it might be the pope but turns out it was St. Nicholas. After recovering from our initial fright, my sisters, sleepover friend, and I were happy to talk with St. Nick and receive his gifts."

FEATURE WRITER BETH TRIPLETT

Recalled the Christmas before she graduated from college. "My whole family presented me with a large box - and a huge dose of anticipation. 'If you don't love this, we'll disown you,' they threatened! Inside was an irregularly shaped, stuffed, felt 'something.' I had no idea what it was!! It turned out to be a strategically-placed star for a manger, and beneath it was a homemade nativity set - with a full set of people and animals lovingly crafted out of felt and material. It was a full-family effort that took months to make and is one of my dearest treasures."

RESTAURANT REVIEWER CASSIE CATE

Recalled a night her family attended Christmas Eve church service. "There was no snow in the forecast. A white Christmas did not seem to be in the cards. Our family was responsible for childcare at church for one of the services, so we spent the better part of the evening inside church, worshipping the coming of Our Savior. As we went to leave,

snow was falling all around us, adding to the magic of the evening. When we got home, our little minivan got stuck halfway up our half-mile lane. My husband, two little boys, and I had to walk home under the beautiful night sky in the falling snow. It was pure magic."

JOHN B. DONOVAN, AUTHOR OF SIPS & TIPS WINE REVIEW

"The red brick Conklin Avenue Baptist Church, built in the 1890s, proudly stood as the stage for a holiday tradition. The congregation provided the Binghamton, New York, community with a festive carol sing throughout the 1950s and 60s. The front steps, which widened as they cascaded from the wooden front doors to the corner sidewalk, gave a sanctuary feel for the joyous event. The adult and youth choirs stood in tiers on the steps. One night, as our voices rang out good tidings, snow began to fall. It was a magical night as sounds of celebration of the Christmas season rang out."



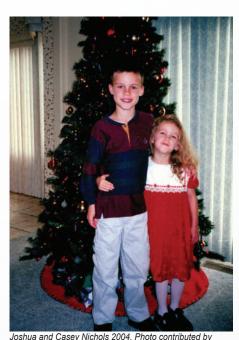
DECEMBER 2024



Conklin Ave. Baptist Church. Photo contributed by John Donovan.

JOSHUA NICHOLS, AUTHOR OF A FROSTED GLASS CRAFT BEER REVIEW

Recalled a Christmas morning when he was around ten years old. "I was being forced to wait in my room by my parents as they set



Robin and Terri Nichols.

out our Christmas presents. I was so excited that once I was released from my room, I took off at a full sprint, almost knocked my dad over and headed toward the Christmas tree. I couldn't slow down fast enough once I reached my present pile, so I ended up making a perfect hook slide, and wrapping around to stop behind my presents. Funnily enough, I quit playing baseball soon after that Christmas."

TRACEY RUSH, CHOICES FOR FIFTY PLUS FEATURE WRITER,

"After my father died suddenly in 1990, my mother's coping mechanism was redecorating the house. Unfortunately, this included removing the ceiling paper in the hallway that was part of our childhood. Typical of a 1950's house, the ceiling paper was black with colored polka dots. The first time my sister and I saw the house without it, we were heartbroken! The next Christmas, my sister and I were handed identical boxes to open at the same time, and inside were black crocheted sweaters with little colored pompoms. It was my sister who realized first the significance of the sweaters. 'It's the ceiling paper!' It started a family tradition of collecting things that are black with colored dots. Twenty-five years later, my sister and I wore our sweaters to Mom's funeral."



Tracey Rush with framed ceiling paper, polka dot sweater and pillow. Photo contributed by Tracey Rush.

DEB OTTO, CONTRIBUTING PHOTOGRAPHER

Recalled the excitement of Christmas mornings in the 1960s. "My sisters and I, clad in our new Christmas pajamas, would awaken early on Christmas morning and sit on the narrow staircase waiting for our parents to open the door leading to the main floor of our John

Deere bungalow on Ogilby Road. As soon as the door opened, we dashed to the Christmas tree where unwrapped gifts from Santa were displayed in three clear sections - one for each girl. There were always books, games, and items of clothing. Those books under the tree each Christmas were important to the love of reading that all three of us maintain today. We still give each other gifts of books, stacks of them, all year round."



Sisters on Steps Christmas morning. Photo contributed by Deb Otto.

We hope you make happy memories this holiday season! Merry Christmas from all of us and best wishes for a Happy New Year! *

FEATURE







"The Museum expands out into the area in front and says: 'Come in.' We want a place that is inviting, flexible, lightfilled, and warm."

"Engaging" could be the theme of this whole project.

- Architect Paul Schulhof

Dubuque Museum of Art's Engaging New Campus

by Beth Triplett

The Dubuque Museum of Art has unveiled plans to build a new, \$69 million arts campus in downtown Dubuque. It's a project that has the power (and expectation) to reimagine the Washington Park area and be a transformative space for the community.

(It's the project of a lifetime," said Azadeh Rashidi, of Schulhof Rashidi Architects of New York. "We see it as an opportunity to revitalize downtown."

While many may drive by the current museum (on the corner of 7th and Locust Streets) and not realize it is there, when the project is complete it will be unmis-

takable. The campus will consist of three distinct yet connected buildings occupying most of the block, enhanced by outdoor sculpture gardens and green spaces.

A Programs Pavillion on the site of the current museum will include an atrium, classrooms, a café, and a terrace. The Gallery Pavillion on the southwest corner of 7th and Bluff Streets will contain spaces for temporary exhibitions, the Museum's collection, and a family gallery. The Collections Pavillion on the northwest corner of 8th and Bluff Streets will also house the Museum's collection and provide space for operations.

An outdoor courtyard and significant green space will enhance the surrounding environment, designed by the country's leading landscape architectural firm, Michael Van Valkenburg Associates.

The campus is designed to incorporate natural light, emit light at night, and feature welcoming spaces that draw people into the Museum.

"The Museum expands out into the area in front and says: 'Come in,'" said architect Paul Schulhof. "We want a place that is



Azadeh Rashidi

inviting, flexible, light-filled, and warm."

"Engaging" could be the theme of this whole project. Schulhof Rashidi Architects were chosen from 43 proposals not only because of their design outcomes but also because of the community engagement they use to arrive at them. The process began by asking a group: "What do we need to know about the

people who are *not* coming to the Museum? What should this be?"

"We needed to understand the collection as the artwork is central to the design, but

so is the Dubuque context," said Schulhof. "There is the potential for long-lasting impact, and we needed to understand what it means to come to Dubuque."

What they learned from the process was that the Museum needed to address three distinct challenges. Gary Stoppelman, executive director, summarized the themes of the community sessions.

"We heard: 1) I want to know my children are going to be loved here; 2) I want the Museum to show media that is important to me and then I'll know I'm important to you; and 3) I want a place where I can have an immersive experience with multiple generations."

The hope is for the Museum to be "a place where 'kids can be kids,' not a precious place

where they can't touch, run, or make a mess," said Stoppelman. "We want to represent creativity through what actively happens."

The Museum's courtyard will serve as an outdoor classroom for the children attending the adjacent Cottingham & Butler childcare center, and indoor spaces will allow for hands-on "making" and immersive workshops.

"Museums are usually solid, separate, and protected," said Schulhof. "We wanted to break down those barriers and be open and inviting. The campus is an assembly of different buildings that will allow a plurality of voices and ideas, and ways of engaging."

Space is also designed to allow for local representation and the presentation of a variety of media, including fashion, movies, performance, and animation. The campus will provide space beyond the galleries and opportunities for local food and drink.

The building is designed for community engagement to flourish once the building

opens. "If we want an impact outside of traditional art, the Museum does not have to own all the programs," said Stoppelman. "I can see the space being used by the Julien Dubuque Film Festival, Bluff Strokes, the Symphony, VOICES, etc. There are a lot of groups doing arts things in the community and I hope the Museum becomes a central place to do that."



Paul Schulhof

Engagement can also continue outside with Washington Park serving as an extension of the campus, allowing for connection to events such as ice sculptures, DBQ Fest, and Food Truck Fridays. There is also the possibility of closing Seventh Street and more closely incorporating the park with the campus through intentional landscaping. It's a tall order to both programmatically

FEATURE

address these many missions and to design a space that can serve multiple needs. Add in the expectation that the building should be functional for decades and serve as a beacon to draw people to Dubuque, and you can see why engaging outside perspectives has been essential.

"Input was really vital to have this community end up with the museum they deserve," said Rashidi.

Currently, the Museum only has space to exhibit 1% of its permanent collection at any time. The new space will allow for the exhibition of additional Grant Wood lithographs, more of Edward Curtis' The North American Indian photographs, selections from the complete works of children's illustrator Arthur Geisert, and other pieces from regional artists.

In addition to sharing its collection, the "Museum has a role to send a message that something is happening here in Dubuque that is exciting," said Schulhof. "We want this to be a destination for beyond Dubuque. We're reframing what the Museum and this collection means for this community and the larger region."





Dubuque Mayor Brad Cavanagh echoes that sentiment. "I'm proud that Dubuque is a city with a long history of valuing and promoting the arts," he said. "The upcoming expansion of the Dubuque Museum of Art is another great leap forward for the arts in our community."

"The project is an enormous opportunity, therefore, and enormous responsibility," said Schulhof. "It has to have an enduring quality..."

"...and the flexibility that allows for change over time," added Rashidi. "Who are we to know what the Museum will need in the future? We need to create a sustainable framework to have the ability to repurpose and allow new things to happen."

The Museum is currently raising funds for the project, and for a \$20 million operating endowment, stimulated by a \$25 million challenge grant from the Butler Family Foundation. To date, \$42 million has been raised.

Construction is planned to begin in early 2025, with the new Museum opening in late 2027. When the summer exhibitions conclude, the Museum will be relocated to a temporary location next fall.

To learn more, visit Future.dbqart.org. �

Comments on this article can be sent to comments@juliensjournal.com.



Looking for a Unique Holiday Gift? Try These Financial Gifts with a Lasting Impact



It's the holiday season and for many that means time with family and loved ones as well as pressure to find a perfect and meaningful gift. If it is important to you to give presents that provide lasting impact and never go out of season, consider a financial gift. Here are a few ideas you can feel good about giving

START A SAVINGS ACCOUNT

Help instill the importance of saving with the gift of a partially funded savings account. Consider opening a high-yield savings account or Roth IRA for someone you love to help them establish a relationship with a financial institution and learn the importance of a growing investment.



FEATURE



CONTRIBUTE TO CHARITY

Donating to a charity on behalf of a loved one can be a powerful way to give back while sharing your values with a future generation. Spread the holiday spirit by planning a day to volunteer together or contribute to a nonprofit organization that supports causes important to the person receiving the gift.

PROVIDE EDUCATION FUNDS

If someone you know is likely to have educational expenses in their future, consider gift-



ing money to help offset the cost. Consider opening a 529 plan for a beneficiary, which allows the funds to be withdrawn tax-free to pay for eligible education expenses down the road. You may open different accounts for each beneficiary and reassign them as needed. Communicate your intentions with the beneficiaries so they can plan how to best utilize the fund to further their education, keeping your intentions and wishes in mind.

HELP CHIP AWAY AT DEBT

Many young adults are burdened by debt as they work to establish themselves financially. Whether balancing student loans or car payments, juggling work and loan repayments can be challenging. Helping your loved one



chip away at loan repayments can relieve stress and allow them to better focus on their future financial goals.

GIFTING STOCK

Gifting stock is a great way to introduce a loved one to the world of investing. If you'd like to give stock you already own, the shares need to be retitled in the beneficiary's name. You can also purchase new shares titled in your beneficiary's name. If you are gifting stock to a minor, you can retain some control by placing it in a trust.





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StackStone Wealth, is a private wealth advisory practice of Ameriprise Financial Services, LLC in Dubuque, IA. To contact StackStone Wealth, visit StackStoneWealth. com or call 563.556.7132. �

Comments on this article can be sent to comments@juliensjournal.com.







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SHALOM SPIRITUALITY CENTER SHALOMRETREATS.ORG

All events are subject to change. Visit the website for the most up-to-date information.

Movie Night Wednesday, December 4, 6-7:30 PM

Silent Night: The Story of the Christmas Truce. In-person and via Zoom. RSVP.

Women's Advent Program Monday, December 9, 6-8:30 PM

Enjoy a meal together, the women's choir, Heartland Harmony, and bring a gift donation to the Dubuque Y Crisis Services. Register by Monday, December 2.

Winter Drum Circle Tuesday, December 10, 6-7 PM

Some drums will be provided; feel free to bring your own. RSVP by Monday, December 9.

Advent Dinner, Music & Prayer Monday, December 16, 6-9 PM

Enjoy an evening of anticipating Christmas with food, music, and prayer. In-person and via Zoom. Register by Monday, December 9 (in-person) or Sunday, December 15 (virtual).

Meditation & Music

Tuesday, December 17 @ 6:30-7:30 PM

Experience a meditative state amid the healing sound frequencies of Crystal Singing

Bowls. Wear comfortable clothing. Feel free to bring a pillow or blanket. Registration required.

Winter Breakfast

Thursday, December 19, 7:30-8:30 AM

Celebrate winter by joining friends old and new for a seasonal breakfast. Special guest is Convivium Urban Farmstead Founder, Leslie Shalabi. Register by Friday, December 13.

Cacao Ceremony Monday, December 30, 6-8 PM

Celebrate life and the elements with a cup of cacao from an organic cacao forest in Chiapas, Mexico. Feel free to bring along an instrument, as well as something to place on the altar. Registration required.

STATERA INTEGRATED HEALTH & WELLNESS

STATERAINTEGRATED.COM

All events are subject to change. Visit the website for the most up-to-date information.

No Limb-its Amputee Social & Support Gatherings

Monday, December 2@4-5:30 PM

This is a monthly gathering where individuals living with limb loss can meet others with similar experiences and struggles. Facilitator: Amy McFadden, PT.

Comfort Measures for Birth Monday, December 2 @ 7-8 PM

Discover the three types of relaxation techniques needed during labor.

Prenatal Breastfeeding Class Saturday, December 7 @ 9 AM-12 PM

This hands-on interactive class will provide the knowledge needed to feel ready to meet your baby and start the breastfeeding journey.

Milk Parties Monday, December 9 & 23 @ 9:30-10:30 AM

This support group is for moms and breast-feeding babies of all ages, as well as pumping moms and pregnant women.

Holiday Open House Tuesday, December 17 @ 11:30 AM-1:30 PM

Discover unique, last-minute gift ideas while enjoying the warm atmosphere at Statera Integrated Health and Wellness. Birds Food Truck will be in the lot during this event.

Community Acupuncture Thursday, December 19 @ 5-6:30 PM

Community acupuncture allows for individualized treatment in a common treatment area.



www.stonehilldbq.com fin

NEWS

WOLBERS APPOINTED CEO

Crescent Community Health Center (Crescent) announced the appointment of **Chad Wolbers** as the chief executive officer. Wolbers, who had been serving as interim CEO, has now been selected to lead Crescent in a permanent capacity, following a successful interim period where his leadership made a significant impact.

Wolbers brings a wealth of experience and a strong commitment to community healthcare. He is well-known in the Dubuque community through his consulting group and his previous roles



as president and CEO of Finley Hospital, as well as senior vice president at UnityPoint Health, where he served for nearly five years. His extensive background and dedication to improving healthcare access make him an exceptional leader for Crescent's continued growth and success.

As CEO, Wolbers will work closely with Crescent's board, staff, and community partners to expand healthcare access and services. His leadership will ensure that Crescent remains a cornerstone of community health, providing high-quality care to all who need it.

MEDICAL ASSOCIATES ANNOUNCED NEW EMPLOYEES

Lauren White, ARNP, joined the Medical Associates internal medicine department as a skilled and long-term care provider.

White received her Master of Science in

Nursing from Allen College, Waterloo, IA, and Bachelor of Science in Nursing from Clarke University, Dubuque. Most recently, she worked as a nurse practitioner at UnitedHealth Group, Dubuque, and



previously at Medical Associates Clinic in Dubuque. White is board-certified by the American Academy of Nurse Practitioners.

As a member of the internal medicine department, White provides services in various skilled and long-term care settings to patients needing routine physicals, preventive healthcare, and the diagnosis, treatment, and management of diseases and conditions related to





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SHALOM WINTER BREAKFAST

with Leslie Shalabi, Co-Owner of Convivium Urban Farmstead

December 19, 7:30-8:30 am



Join Convivium Urban Farmstead Founder, Leslie Shalabi, to learn about the origins of Convivium and its philosophical roots – which are based on connection, community, and radical generosity.

SHALOM

1001 Davis Street | Dubuque, Iowa 52001 | 563.582.3592 For more information & to register visit us at www.shalomretreats.org



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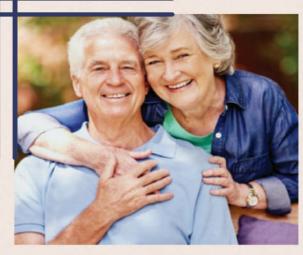
the internal organs and systems of the body. Kari Pfab, ARNP, joins the Medical Associates cardiology department. Pfab received her

Master of Science in Nursing and Bachelor of Science in Nursing from Clarke University, Dubuque. Most recently, she worked as a nurse practitioner at Grand River Medical Group and previously at Hillcrest Family Services, both in Dubuque.



Pfab is board-certified by the American Nurses Credentialing Center. As a member of the cardiology department, she assists patients needing evaluation, treatment, and management of cardiovascular diseases. ❖

> Please send your medical community news to Juli@JuliensJournal.com and be included in our monthly Health & Wellness.



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TASTE - RESTAURANTS DECEMBER 2024







Sunday's breakfast buffet is a great way to start the week off right.

The dining room at O So Good provides ample seating for diners.

ning. That is exactly what he did to help refine the process of wine making for O So Good to make sure it did not affect his wife's sulfa allergy. According to Karie, the wine is balanced in a way that works for her needs. Not only did this work for the wine, but the couple also has a distillery at their venue as well.

The menu at O So Good still offers the pizzas that helped start their culinary journey. Of course, diners can enjoy the classic meat, sausage, and cheese pizzas, but for those looking for something less traditional, there are many options to choose from. Some more unique offerings include a Barbeque Pork Pizza, Crabmeat Pizza, and even a Chilidog Pizza. A pizza can also be paired with a half rack of ribs, which is Lee's specialty.

O So Good also serves several unique sandwiches, including a Cuban with pork or chicken, a pork or chicken burrito, a Chicago dog, fish tacos, and many others. Of course, many appetizers are available to accompany the main course and a bottle of wine if customers choose. O So Good offers forty-eight varieties of wine and several other spirits, as well. One option for wine lovers who just can't decide on one is a tasting of six different varieties for five dollars.

Sundays at O So Good serve up a breakfast buffet from 7:30-12:30 followed by live music from 1-4. This is only one of the many events customers can enjoy at the venue. Most Saturdays feature live music, and Friday nights offer activities, such as Music BINGO and

Trivia. O So Good also invites campers to come and stay in their lot for what they call Harvest Host. Using an event coordinator, offerings are booked over a year in advance. Most can be found on the O So Good Facebook page.

Inside the venue, the space provides several opportunities for fun and gatherings. There is a party room that holds up to one hundred people, which is great for baby and bridal showers, Christmas parties, class reunions, and family gatherings. The game room is a great place for kids of all ages where customers can play pool, darts, and foosball. If the big game is on, big screen televisions are sure to be tuned in.

This year marks several events on the calendar, such as Breakfast with Santa and a Vendor Show during the popular Dyersville Toy Show, where customers can shop and sip at the same time. The Dyersville location gives the business the opportunity to attract several tourists traveling on Highway 20 and who are also visiting local sites, such as the Field of Dreams, where they are the sole provider of wine.

O So Good also travels the state, reaching four Farmer's Markets on Saturdays alone. This increases their ability to provide more employment, especially during the summer months. Finding these employees has provided a challenge for the business, as hanging on to and locating employees can be difficult. Along with this challenge, there

have been others, such as the growing pains of moving their business and expanding, as well as enlarging their kitchen and creating a larger menu.

The benefits certainly outweigh these obstacles. Karie says the best part is getting to work with her husband each day and being readily available for her family. The couple also loves to entertain, and this has given them the opportunity to do just that daily. Karie is happy to say they work to be available to guests and truly try to visit with as many as possible while customers are enjoying their experience.

O So Good is also committed to helping their customers find the perfect gift for any occasion. Whether shoppers are looking for a bridal, birthday, holiday, or a just because gift, the perfect basket awaits. One of the more unique offerings is the Midwest Margarita Kit. They also have apple wine that is a cold weather favorite. Gift cards are always available for purchase and allow customers to purchase the food and wine of their choice.

The O So Good website and Facebook page are available to find the many opportunities O So Good has to offer its customers. Whether looking for a laid-back lunch, a dinner with friends, or simply an afternoon of appetizers and wine, stop in and discover why this establishment is O So Good.

O So Good Winery is located at 2093 20th Avenue SE in Dyersville. For more information call 563.599.1262 or visit OSoGoodWinery.com.



DAISY CUTTER

Article and photo by Joshua Nichols

What we're drinking: Daisy Cutter ABV: 5.2%

Who Brews It: Half Acre Beer Co.

Where you can find it: Daisy Cutter is not available in Iowa. Instead, cross the border to Illinois to pick up some cans.

Expected Price: \$11.99 for a 6-pack of 12 oz cans

always found American pale ales to be one of my favorite types of beer. While I like some hoppier beers, there's something about the consistency of a pale ale that makes it a reliable choice when you're looking to try something new. For me, and for many other beer lovers, pale ales occupy a sweet spot where they are distinct from a typical lager yet don't run the risk of being overwhelmingly hoppy like some types of IPA.

One of the best pale ales around actually isn't found in the state of Iowa. To pick up some Daisy Cutter by Half Acre Beer Co., you'll need to cross the Mississippi and enter Illinois. Daisy Cutter is brewed in the north-side of Chicago, and while it is distributed in several states across the USA, Iowa is not one of them.

Once you've managed to track down some cans (or get it on tap if you find yourself close to Chicago), you'll find yourself with a bright, amber colored beer that has a semi-hazy opacity. There's no sediment in the beer, and a good pour will have a decent, lingering head. Once you take your first drink of Daisy Cutter, you'll experience a dry beer that begins with a quick burst of earthy, pungent hops. This hop taste quickly fades, and it never reaches the level of evergreen intensity that you would associate with an IPA. Next, a citrus taste emerges that carries slight notes of papaya and mango. Finally, a sweet, biscuity taste that lingers after you swallow, reminiscent of certain styles of English ales.

American pale ales, like many forms of American beer, can be traced back to their English ancestors. In this case, the English pale ale is the predecessor to the American pale ale. Today, American pale ales set themselves apart from their English counterparts through bolder hop profiles and a greater emphasis on the hops over the malt. To put it more simply, expect flavors of citrus and pine in an American pale ale while an English pale ale will demonstrate earthy and herbal notes. Sierra Nevada's Pale Ale, first brewed in 1980, is often referred to as the flagship beer for

American pale ales.

As IPAs have gained increasing prominence in the American craft brewing landscape, the pale ale has faded in response. Still, the pale ale scores two notable victories over an IPA: food pairings and accessibility. Pale ales pair easily with food, which hoppy IPAs struggle to do. I personally recommend drinking a glass of Daisy Cutter with a nice steak or seafood or pairing it with cheddar if you're looking for something lighter. If you're also curious about trying new types of craft beer but don't want to risk drinking a mouthful of pine needles by trying an unknown IPA, the pale ale is a safe midway point between an amber ale and an IPA.

YOU'LL LIKE DAISY CUTTER IF YOU LIKE:

- · Sierra Nevada Pale Ale
- IPAs with low to medium IBUs
- Beers with a slightly fruity taste

Try something new this holiday season! Cross over the icy Mississippi and grab some Daisy Cutter.

Comments on this article can be sent to comments@juliensjournal.com. ��



WINES FOR THE HOLIDAY SEASON!

The Best Wines are those We Enjoy with Friends!

Happy Holidays to you all. Thank you to those who read this column and then go and purchase a bottle or two from our local wine and liquor shops. Shopping locally is good for our economy and drinking wine, is good for you; so, everybody wins!

eamWine gathered to sample wines for this month's article. It was a challenging decision regarding which wines to select for December, as we don't know what people eat for the holiday meal. We picked a couple of different wines, but we also offer ideas as to how the wines might best be paired. You may like our thoughts, or think were crazy, but that is one of the beauties of wine, you can enjoy it with whatever you like....and that's ok!

SIPS

We began with a bottle of The Hermit Crab, a white wine from the d'Arenberg winery in McLaren Vale in Australia. This wine was purchased at EJ's Wine Shop (14% abv-\$18). It is a blend of 65% Viognier and 35% Marsanne grapes. South Australia has several unique regions with well-known wineries and ancient vines. The color was a clear tint of lemon yellow with wisps of early peach blossom, citrus, melon and some herbs

on the nose. The wine has a medium body which offers a silky mouthfeel. Flavors of lime, kiwi, green apple came through on the palate, as well as a ripe acidity with minerality and stone on the finish. We all felt this could make a nice opening wine to serve with a cheese and dried fruit platter to whet your guests appetite or serve with a first course of soup and/or salad.

Our red wine was a 2019 Domaine de la Tourade Gigondas from the Rhone Valley in France. This wine was purchased at Sid's Liquor (14.7% abv-\$38 – mention this article and you'll get a 10% discount). Gigondas is north and a bit east of Avignon on the east bank of the Rhone River. This wine is a gleaming ruby colored and unoaked blend of Grenache (70%), Syrah (20%) and Mourvèdre (10%). The wine showed lots of fruit and aromas of dark cherry, blackberry, black licorice, pepper and baking spices. It is a dry, full-bodied red with noted tannins and medium high acidity. We wished we could have

opened it early as we felt it would have benefited from having time to breathe and relax. For us it paired well with the blue cheese and (of course) the chocolate. Regarding pairing with holiday meals, this would go very well with a nice rib roast, Beef Wellington, or a hearty red sauce with pasta or eggplant. This is not a wine just to sip on its own, as it is going to be best with food.

TIPS

For a bonus wine we all enjoyed a bottle of Kiona Ice Wine from the Red Mountain AVA in Benton City, Washington (7.8% abv \$45-EJ's Wine Shop). This dessert wine is 100% Chenin Blanc. The grapes are allowed to freeze on the vine and when pressed what's frozen is the water, so the sugars and other solids results in a more concentrated grape juice. With less juice, less wine can be made, hence the higher cost. The wine is clear with a hint of straw yellow. Full body and pleasantly sweet. Peach, honey, fresh brioche and pineapple are aromas we noticed. A bit of tartness on the palate and a very smooth mouthfeel. The wine is delicious as a digestif or to sip with whatever is being served for dessert. Smaller glasses, or at least portions are recommended as it comes in a half bottle size. 🌣



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Business & Community News



MUSEUM WELCOMES WATER'S EXTREME JOURNEY

Guests who enjoyed the summer exhibit, American Adventure, will be excited to test their skills with a new maze courtesy of Minotaur Mazes at the National Mississippi River Museum & Aquarium. Water's Extreme Journey is now open in the William Woodward Mississippi River Center and connects guests with the River Museum's mission to steward the health of our waterways with an interactive experience for the whole family.

The Water's Extreme Journey maze transforms visitors into a raindrop and sends them on a journey through mountains, streams, and even their own backyards where every day decisions impact their chance of staying clean and reaching a healthy ocean.

While investigating winding pathways, visitors are challenged to navigate through Non-Point Source Pollutants originating from agriculture, development, litter, and our homes. Will the farm they pass by be organic? Did someone pour leftover paint down the drain? This fully interactive maze experience engages visitors through play, scientific inquiry, art and action, illuminating human impacts great and small while teaching how to contribute to healthy, safe water in their community and beyond.

Created by world renowned marine life artist Wyland, and Seattle-based Minotaur Mazes, Water's Extreme Journey blends art, science and action. This exhibit is included in general admission and open until March 2025.

FOUNDATION GRANTS \$127K TO NONPROFITS

In the fight against food insecurity, Amanda Reynold's tool of choice is a bicycle. Recognizing that there was nowhere to get a free meal in Dubuque on a Sunday evening, she co-founded the Urban Bicycle Food Mission to reach them. Volunteers deliver meals often by bike.

To grow this initiative, the Urban Bicycle Food Mission applied for and received a Community Foundation of Greater Dubuque Community Impact Grant. It is one of 11 local nonprofits receiving a total of \$126,700 in funding through the grant program this year. Thanks to this grant and others, the Urban Bicycle Food Mission will be expanding its marketing to increase

awareness and extending its services deeper into the North End of Dubuque.

The Community Impact Grants program builds the capacity of local nonprofits to make an impact by supporting training, collaboration, programming, and operations. This year's recipients are: Centrally Rooted, Convivium Urban Farmstead, Dubuque Pride, Dubuque Rescue Mission, Families Helping Families of Iowa, Fountain of Youth Program, Guttenberg Economic and Industrial Development, Mt. Pleasant Home, Tri-State VIATS, Urban Bicycle Food Ministry, and YWCA Clinton.

DUBUQUE MAIN STREET ANNOUNCED AWARDS

The State of Main Awards are a combination of the community and Dubuque Main Street selected businesses and individuals who demonstrated excellence in their contribution to the revitalization of downtown Dubuque over the last 12 months.

Dubuque Main Street presented awards for excellence in economic vitality, design, promotion, and organization to 18 individuals and businesses. This was part of their 39th annual meeting and State of Main Awards Celebration held in October at the Hotel Julien, Dubuque.

The winners of this year's Dubuque Main Street Excellence Awards are Dan LoBiano, Lifetime Achievement Award John and Mary Gronen, Gronen; Volunteer of the Year Award: Eric Helminak, Origin Design; Ruth and Russ Nash Cultural Corridor Award: Yara Lopez, Dubuque Unidos and LatinX Fiesta; Excellence in Total Building Rehabilitation: Woodward Communications, Inc. at 801 Bluff; Excellence in Downtown Housing: Central 12 Lofts at 1199 Central; Excellence in Renovation & Relocation to Downtown: Ludovissy & Associates at 302 Locust; Excellence in Facade & First Floor Renovation: Belle Allure Minkz and Boutique at 1736 Central; and Excellence in Neighborhood Placemaking: Dubuque Forward for the 897 Central Park.

"People's Choice" awards were also presented to 10 recipients.



BEST WESTERN PLUS DUBUQUE NAMES NEW GENERAL MANAGER

Best Western Plus Dubuque and Discover Hospitality are excited to announce Shannon Siegert as their new General Manager. Shannon has been with the company for nearly three years, initially serving as the Director of Sales. With over a decade of experience in the hospitality industry and more than 20 years in management, Shannon brings a wealth of knowledge and expertise to her new role. In her new role, Shannon will oversee a variety of responsibilities essential to the daily operations and management of the hotel.



Before joining Best Western Plus Dubuque, Shannon held key positions at several hospitality establishments, including Holiday Inn Dubuque/

Galena, Hotel Julien Dubuque, and Four Mounds. These roles helped to shape her extensive background in hotel operations and customer service.

In addition to her experience at Best Western Plus, Shannon is actively involved with the Best Western Iowa Co-Op, where she contributes to the development of strategies for the brand alongside fellow committee members. Her leadership and sales experience, combined with her passion for hospitality and community engagement, makes her a strong asset to the organization as she steps into her new role as General Manager.

WENDT CENTER RECEIVES GRANT

The Wendt Center for Character Education at the University of Dubuque (U.D.) received a \$50,000 Capacity-Building Grant to revisit its character education across campus and incorporate social and emotional learning into the center's initiatives. The grant, from the Educating Character Initiative (ECI), is part of the Program for Leadership and Character at Wake Forest University.

U.D. was one of 41 institutions awarded one-year grants supported by Lilly Endowment Inc. to educate and embed character in their distinctive contexts of higher education. With the Capacity-Building Grant, Wendt Center staff will use the 2024-2025 academic year to develop a cohesive and integrated model of character development and socialemotional learning across campus to enhance understanding of character and emotional intelligence among faculty, staff, and students.

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Faces in Business

DUTRAC HOSTS ANNUAL MEETING

DuTrac Community Credit Union hosted its annual meeting of the membership in October, from its headquarters on Asbury Road. **Daniel Deutmeyer,** Dyersville, IA, **Scott Neyens,** Galena, IL, and **Nicholas Specht**, New Vienna, IA, were each re-elected to serve a one, three-year term on the DuTrac Board of Directors (the Board). **Teri Zuccaro**, Dubuque, was elected after being appointed by the board of directors in December 2023 to fill an unfilled seat. Her term will be for three years as well.

Following the annual meeting, the Board held their annual reorganizational meeting. Table officers elected by the Board are **Kevin Mueller**, chair; **Daniel Deutmeyer**, vice chair; **Teri Zuccaro**, treasurer; and **Harlan Pedretti**, secretary.

The Board committee appointments include Credit Committee Chair **John Vail**, with committee members Kevin Mueller, Harlan Pedretti, Teri Zuccaro, Daniel Deutmeyer, and Ron Kinsella, DuTrac senior vice president of lending.

Audit Committee Chair **Crenna Brumwell**, serving alongside Scott Neyens, **Michael Ready**, **David Eggers**, and Nicholas Specht.

Nominating Committee Chair Crenna Brumwell, with committee members Teri Zuccaro, and Harlan Pedretti. Board member Michael Ready will serve as associate director liaison.



Daniel Deutmeyer



Scott Neyens



Nicholas Specht



Teri Zuccaro



Kevin Mueller



John Vail



Crenna Brumwell



Michael Ready

SCARDINO APPOINTED DIRECTOR

The Board of Directors of the Mississippi Driftless Regional Alliance (MDRA) and Dubuque Forward announced the appointment of Wendy Scardino as the new director. Scardino brings a wealth of experience



in community engagement, nonprofit leadership, and development and marketing to her new role, where she will drive the strategic vision and overall management of both organizations.

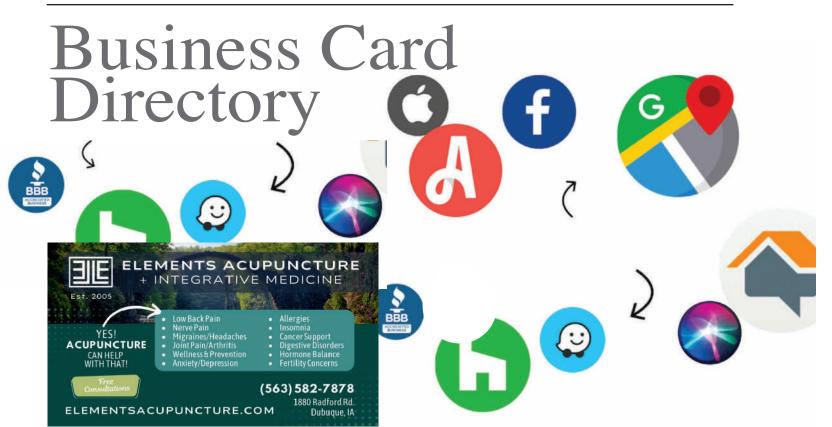
Scardino joins them from the Dubuque County Historical Society and National Mississippi River Museum & Aquarium, where she served the last seven years as first director of marketing and then as the vice president of development & marketing. In her previous role, she was instrumental in leading business development, fundraising, donor development, and strategic visioning for museum advancement. Scardino also guided the strategic direction for marketing and membership as well as overseeing public relations, media relations, promotional partnerships, and digital media platforms.

With a career spanning 20 years in the non-profit sector, Scardino holds an MBA from Clarke University and a BA in communications-public relations from the University of

Northern Iowa.



David Eggers











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4

THURSDAY

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15

THURSDAY

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HARBOR GALLERY 12:00 PM-4:30 PM

19

FRIDAY

COCKTAILS FOR A CAUSE

RIVERBOAT LOUNGE 5-8 PM

CHRISTMAS EVE DINNER

CAROLINE'S RESTAURANT 5-8 PM

TUESDAY

24

WEDNESDAY

CHRISTMAS Day Brunch

CAROLINE'S RESTAURANT 9 AM-12 PM

25

TUESDAY

NEW YEAR'S EVE PARTY

RIVERBOAT LOUNGE 6 PM-12 AM

31



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